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about our cover
On our cover: Brown County State Park overlooking the colorful vistas of November in Indiana.

November is American Diabetes Month
Diabetes is one of the leading causes of disability and death in the United States. If it’s not controlled, diabetes can cause blindness, nerve damage, kidney disease and other health problems.

One in 12 Americans has diabetes – that’s more than 25 million people. And another 79 million adults in the United States are at high risk of developing type 2 diabetes.

Visit: http://healthfinder.gov/NHO/NovemberToolkit.aspx

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November brings the rustle of fallen leaves as we move to and fro on our campuses, a nip in the air and the enticing smells of comfort food! One of my favorite times of the year – it’s Thanksgiving!

In truth, Thanksgiving really is my favorite holiday; always was, always will be. This is the time that I set aside each year to reflect and give thanks for blessings. And it is not commercial. Part of my love for Thanksgiving is sentimental, I suppose. I recall times past when my family gathered for Thanksgiving. As a child, it was a non-stressful and full of laughter kind of holiday. These days I understand how the holiday may not have been stress-free for parents and grandparents, but I choose to think it was their favorite holiday as well.

We had traditions. My grandmother always baked the pies (pumpkin, pecan and cherry). My mother’s wonderful chicken and noodles. My grandmother and sometimes my uncle always prepared the turkey. Biscuits, gravies, dressings, all the special sides were lovingly made by all … even we children participated in preparing the goodies and decorating. Those traditions have continued to the present, where dumplings are made together by three generations.

Sometime during each Thanksgiving, I review my blessings and give thanks. A few years ago, my son suffered a cardiac event related to a previously undiagnosed WPW syndrome. He spent weeks on the ventilator, and, after an ablation, months in physical rehabilitation. And he never complained. I am so thankful for our son’s miracle recovery. This month I want to give a hearty and public thank you to my medical colleagues, many of whom are IMS members, as well as those nurses, rehabilitation specialists, family and friends that each contributed to his recovery. Indianapolis has a wonderful community of healthcare professionals … my sincere thanks.

As we all reflect on Thanksgiving, let us be thankful to those who have served and are currently serving our nation during these difficult days of world and local terrors. Our military, our first responders, our healthcare teams and those who step forward daily to make the lives of everyone better. Please take a moment to honor those who served as we recognize Veterans Day (Armistice Day), too.

As a point of history, “In November 1919, President Wilson proclaimed November 11 as the first commemoration of Armistice Day with the following words: ‘To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country’s service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations...’”

Let us thank our families and friends, gratefully recall those no longer with us and thank those who still are enriching our lives.

Thanks to our colleagues, medical researchers, device developers, professors, nurses, therapists … those working in healthcare to provide care to patients daily. Thank you, too, to the care-givers and those who help us provide the care needed. Today, there seems to be an unending stream of new diseases or chronic problems that require immediate and compassionate care.

Be thankful, be kind and be generous … we never know who our thanks will touch.

Reference:
(1) http://www.va.gov/opa/vetsday/vetdayhistory.asp

David R. Diaz MD
President, Indianapolis Medical Society
Election Results 2014-2015

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Secretary/Treasurer
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Delegates to the Convention (2014-2017)
Mary D. Bush (2017)
David R. Diaz (2017)
Bruce M. Goens (2017)
Nicholas F. Hrisomalos (2017)
Robert M. Hurwitz (2017)
Paul D. Isenberg (2017)
David A. Josephson (2017)
Marc R. Kappelman (2017)
Randall A. Lee (2017)
Daniel E. Lehman (2017)
Mary Ian McAteer (2017)
Clement J. McDonald, III (2017)
Robert M. Pascuzzi (2017)
Richard H. Rhodes (2017)
Kenneth N. Wiesert (2017)

Carissa M. Barina (2017)
Brian D. Clarke (2017)
Ann Marie Hake (2017)
Douglas J. Horton (2017)
H.B. Harold Lee (2017)
Ramana S. Moorthy (2017)
Maria C. Poor (2017)
Steven M. Samuels (2017)
Michael C. Sha (2017)
Jodi L. Smith (2017)
Margie C. Sweeney (2017)

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Philip D. Zaneteas, MD, is now Board Certified in Neuromuscular Medicine. Neuromuscular medicine is a subspecialty of neurology and physical medicine and rehabilitation that includes abnormalities of the motor neuron, nerve root, peripheral nerves, neuromuscular junction, and muscle, including disorders that affect adults and children. The subspecialty certification will identify physiatrists who, by virtue of specialized education, demonstration of qualifications, and experience, are recognized as specialists in neuromuscular medicine.

Dr. Zaneteas has been selected to be the State Liaison for the state of Indiana for the American Association of Neuromuscular and Electrodiagnostic Medicine (AANEM). He traveled to Washington D.C. in September to meet with staffers of Congresswoman Susan Brooks, Congressman Dan Coats, and Senator Joe Donnelly. The topic discussed was trends in the industry toward new certification requirements of physicians and labs performing EMGs.

David M. Mandelbaum, MD, has been appointed medical director for Franciscan Visiting Nurse Service (VNS), focusing on home health and post-acute care services.

Dr. Mandelbaum also serves as Director of Franciscan St. Francis Health’s Office of Medical Staff Engagement and was the physician leader of the hospital’s project to convert to an electronic medical records system.

A native of New York City, he has served as President and Vice President of the Franciscan St. Francis Health Medical Staff and chaired the Department of Surgery. He was a practicing general surgeon with Franciscan Physician Network Indy Southside Surgical from 1986 to 2009.

Indiana University School of Medicine Department of Radiology and Imaging Sciences radiologist Kumar Sandrasegaran, MD, received 2014 Radiological Society of North America (RSNA) Honored Educator Award. This award is given to members who have produced exceptional RSNA educational materials to further the radiology profession. This year, 42 radiologists from around the world were chosen to receive this honor.


Dr. Sasso returned from the American Academy of Orthopaedic Surgeon headquarters in Chicago where he served as a faculty member at the annual Spine Hands-on Cadaver course, which was sponsored by the Lumbar Spine Research Society. He lectured on the surgical treatment of degenerative spondylolisthesis and presented a surgical video demonstration on anterior exposure of the thoracolumbar junction.

Mark M. Hamilton, MD, lectured to the Indiana University department of Otolaryngology-Head and Neck Surgery August 27th on Evaluation and Rejuvenation of the Upper Third of the Face. Dr. Hamilton also served as invited faculty at the American Academy of Facial Plastic and Reconstructive Surgery Meeting in Orlando, Florida, September 17-20. He delivered a presentation on Fractional Laser Resurfacing, served on a panel discussing laser complications and chaired the Credentials Committee. On October 2, he presented to the Saint Francis Family Practice residency program on facial trauma and scar revision.

Neurologist Monica E. Mazda, MD, has joined JWM Neurology. Dr. Mazda received her Medical Degree at Rush Medical College, Chicago, Illinois in 2009. She completed a Neurology residency at Indiana University School of Medicine, Indianapolis, Indiana finishing in 2013. She finished her fellowship in Neuropsychology with an EMG emphasis at University of California San Francisco this year.

While Dr. Mazda enjoys seeing a wide variety of patients, she has special interests in neuromuscular disorders such as peripheral neuropathies, Myasthenia Gravis, ALS and a variety of myopathies.

Stephen W. Perkins, MD, of Meridian Plastic Surgeons recently was an invited faculty member for the American Academy of Facial Plastic and Reconstructive Surgery annual meeting in Orlando, Florida. He conducted two instructional courses on Rhinoplasty including, “Cartilage Sparing Techniques” and “15-Year Retrospective Evaluation of Endonasal Versus External Approach.” He also moderated a panel on the topic of Faceliftening Techniques.

Theresa M. Rohr-Kirchgraber, MD, was featured in the Physician Family Magazine Blog with a Q & A on Women in Medicine, September 24, 2014.

William Gregory Chernoff, MD, presented research and clinical outcomes at the American Academy of Facial Plastic and Reconstructive Surgery Annual Meeting, in Orlando, Florida, September 18-20, 2014. Dr. Greg Chernoff shared his clinical research and experience with adult stem cell stromal

Continued on page 12.
In Memoriam

Charles Robert Echt, MD, 1933 - 2014

Dr. Charles Robert Echt, 81, died, after a courageous and lengthy struggle with melanoma on September 10, 2014. Dr. Echt was a practicing physician (obstetrics and gynecology) until the final months before his passing.

Beginning with his service in the United States Air Force (stationed in Morocco), he became an avid traveler, visiting countless countries on six continents. Dr. Echt left the service as a Captain in July 1961.

Dr. Echt graduated from Hammond High (Class of 1950); he was a member of Zeta Beta Tau fraternity at Indiana University (class of 1954), Indiana University School of Medicine (class of 1957). He interned at Cook County Hospital and completed his residency at the IU Medical Center (1958-1959). Board certified in Obstetrics & Gynecology, Dr. Echt also completed a fellowship in endocrinology at the Michael Reese Hospital and Medical Center in Chicago (1963-1964). He maintained affiliations with The Indiana University Medical Center, Wimona, Humana, Methodist and St. Vincent’s Woman’s hospitals.

Dr. Echt was honored by the Indianapolis Medical Society in 2007 for his 50 years in medicine.

News from Goodman Campbell Brain and Spine...

Nicholas M. Barbaro, MD, was invited to speak at the University of Michigan, Department of Neurosurgery as the Edgar A. Kahn visiting professor on September 11, 2014.

Aaron A. Cohen-Gadol, MD, coauthor presented a video case discussion of microsurgical techniques used to correct a spinal dural arteriovenous fistula (dAVF). This condition was observed in a patient who exhibited sudden temporary lower extremity weakness that was secondary to a dAVF. View the video online in the September 2014 issue of Neurosurgery Focus (37 Suppl 2:Video 11).

Eric A. Potts, MD, presented “Spine Cases” at the IU Department of Neurosurgical Surgery conference held at the IU Health Neuroscience Center on September 24, 2014.

Mitesh V. Shah, MD, submitted an abstract that has been accepted for the 2015 International Stroke Conference sponsored by the American Heart Association. The title of his abstract is “Preliminary Experience with Evacuation of Intracerebral Hemorrhage via a Minimally Invasive Parafasicular Technique.”

Dr. Shah, Dr. Aaron Cohen-Gadol, and residents have coauthored a manuscript accepted for publication in the Journal of Neurosurgery. Look for this article on the posterior interhemispheric transfalcine transprecuneus approach for microsurgical resection of peri-atrial lesions in a future issue of the journal.

Thomas Witt, MD, presented “Deep Brain Stimulation Placement” at the Neuroscience Grand Rounds held at the IU Health Neuroscience Center on September 3, 2014.

Bulletin Board

(Continued from page 11)

vascular fraction (SVF) in cosmeticother applications. His research focuses on delaying the aging process, improving skin quality, non-healing wounds, and other health benefits. Dr. Chernoff served on a panel called: “State of the Art in Fat and Stem Cells” that discussed the role of platelet rich plasma (PRP) and adult stem cells in reconstructive surgery, cosmetic, and regenerative medicine. Additionally, Dr. Chernoff discussed new applications for micro-needling as a mechanism to transport stem cells and growth factors into the skin.

Please submit articles, comments for publication, photographs, Bulletin Board items, CME and other information to mhadley@imosline.org by the first of the month preceding publication.

New Members

Armington, Evan R., MD
Greenwood Orthopaedics, PC
1550 E. County Line Rd., #200
46227-0990
Ofc – 497-6497
Fax – 497-6400
Web – www.greenwoodortho.com
Orthopaedic Surgery
Sports Medicine (ORS)
Indiana University, 2008

Burke, Brent C., MD
Community Anesthesia Associates
11460 N. Meridian St., #110
Carmel, 46032-4409
Anesthesiology, 1988
Indiana University, 1981

Kincy, Temeka R., MD
Resident – St. Vincent Hospital Obstetrics & Gynecology
Indiana University, 2012

Lomibao, Frances J., MD
Fellowship – IU School of Medicine
Internal Medicine
Rheumatology
St. George’s University, Grenada, 2010

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Few of our members have been collectors of over 40 small cars or started 15 companies. Leo Doyle, a lifelong entrepreneur, has done all that and more. He founded the first internet provider in Indianapolis in 1992 with Midwest Internet. Leo hails from Brooklyn, NY. He earned an electronic technology AAS in Farmingdale, NY, and a BET in electrical technology in Buffalo, NY. In addition, he has a MS in computer science from Ball State and he was a Professor at IUPUI.

Recently, Mr. Doyle helped found the Indianapolis Cyber Crime Unit, designed to protect the city’s computer files from hackers.

Many of Leo’s cars are electric or hybrid; some are gasoline powered. Nearly all are small, with a second seat behind the driver. He owns the first “Smart Car” in Indiana; it was purchased in Europe. Most cars are from very small production runs or “one-of-a-kind.” He strives to get as much information about each car as possible.

So, why collect? He has no real good answer but the car must be really cool, different, strange or rare. Also, Leo, a big man, has to be able to fit into the auto. They must be street legal: lights, turn signals, bumpers, windshield, mirrors, brakes, tires, muffler, reflectors, horn, seat belts and the all-important license plate. Electric cars need to have the electronics kept dry from rain or snow. He uses a parachute to cover each car to keep off dust and dirt.

There are three phases of collecting: acquiring, restoring, and showing it off. He used to have the vehicle shipped back home with FedEx when they used to deliver autos. It can also be driven or trailered. He does not have a museum. He actually drives his cars. When one looks at his cars on his web site, the talk finally makes sense. These are weird and wild cars!

Ah yes, the license plate. Dealing with the BMV is one of Leo’s favorite sports. Titles and certificate of origin are all-important. He bought a “spy van” (it has a periscope that can read a license plate from a half mile away) from the Federal Government. The BMV clerk insisted on knowing which state it came from. The supervisor cleared up the issue.

Then there is the insurance problem. Mr. Doyle contacted 28 insurance companies before one agreed to insure him. The most fun comes in drawing a crowd at the mall or wherever. They keep him occupied for half an hour to ask all about the auto. He has also been stopped by the police, just so that they can see the car (and take a photo). First they want to know if it is street legal. Once that fact has been established, they want to know all about the car.

Each car should be a “fun project.” Leo likes to be the leader in his “one-person parades.” Mr. Doyle took his yellow and blue amphibian vehicle for a spin in Geist Reservoir. He loves his “smart car,” which he insists is safe. “Just a big roll bar....” It is obvious from Leo Doyle’s enthusiasm that he really enjoys collecting small autos. You can view the cars at: www.leosgarage.com.
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First
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Critical Care Conference
Bradley Board Room, 12:00 - 1:00 p.m.
Second
Tuesday
Medical Grand Rounds
Bradley Board Room, 12:00 - 1:00 p.m.
Community Hospital North
First
Wednesday
Pediatric Grand Rounds
Multi Services Rooms 1 & 2
7250 Clearvista Dr. 7:30 – 8:30 a.m.
First
Friday
North Forum
Reilly Board Room; 12:00 - 1:00 p.m.
Community Heart & Vascular Hospital
First
Wednesday
Imaging Conference:
rotates Cath & Echo Case Presentations
CHV MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (Ste. 420)
HVC South Office CR (Suite 2400)
7:00 - 8:00 a.m.
Third
Wednesday
Ken Stanley CV Conference
CHV MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (Ste. 420)
HVC South Office CR (Suite 2400)
7:00 - 8:00 a.m.
Fourth
Wednesday
Disease Management Conference:
rotates CHF & EP Case Presentations
CHV MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (Ste. 420)
HVC South Office CR (Suite 2400)
7:00 - 8:00 a.m.

2014 Cancer Conferences
Community Hospital East
Third
Thursday
East General Cancer Conference - CHE
Medical Staff Conference Room
12:00 noon to 1:00, lunch provided
Fourth
Tuesday
East Multidisciplinary Breast Cancer Conference - CHE
Medical Staff Conference Room
7:00 to 8:00 am
Community Hospital North
First & Third
Tuesdays
North Multidisciplinary Breast Cancer Conference - CHN
8040 Clearvista Parkway, Suite 550
7:00 to 8:00 am
Second & Fourth
Wednesdays
North Multidisciplinary GI Oncology Conference - CHN
8040 Clearvista parkway, Suite 550
7:00 to 8:00 am
Second & Fourth
Fridays
North Multidisciplinary Gynecologic Surgical Oncology Conference - CHN
8040 Clearvista Parkway, Suite 550
7:30 to 8:30 am
First
Wednesday
North Chest Cancer Conference - CHN
8040 Clearvista Parkway, Suite 550
7:00 to 8:00 am
Third
Wednesday
Melanoma Cancer Conference - CHN
8040 Clearvista Parkway, Suite 550
7:30 to 8:30 am
Community Hospital South
Second
Wednesdays
South Multidisciplinary Breast Cancer Conference - CHS
Community Breast Care Center South
533 E. County Line Rd., Suite 101
8:00 to 9:00 am

For more information, contact Valerie Brown, (317) 355-5381.

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Nov. 26
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Nov. 14
13th Annual Lingeman Lectureship
Riley Hospital Outpatient Center, Indianapolis
Nov. 15
Neurology Update for Neurologists IV
Neuroscience Goodman Hall, Indianapolis
Nov. 17
Passages and Promises:
Innovations in Palliative Care
IUPUI Campus Center, Indianapolis
Nov. 18-20
Biostatistics for Health Care Researchers:
A Short Course
Health Information & Translational Science Building (HITS), Indianapolis
2015
Jan. 15-17
Musculoskeletal Ultrasound Beginner Level Course
IUSM Campus, South Bend, Indiana
Jan. 24
Breast Cancer: Year in Review
Indiana History Center, Indianapolis
March 9-11
Third Annual Children’s Health Services Research Symposium
Health Information & Translational Science Building (HITS), Indianapolis
April 24-26
American Medical Women’s Association (AMWA) Annual Meeting
The Palmer House, Chicago, Illinois
May 14-16
50th Annual Riley Hospital for Children’s Pediatric Conference
Sheraton North, Indianapolis
July 10
Review and Interpretation of the 2014 ASCO Conference
The Towers, IUPUI Campus, Indianapolis

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Indianapolis Medical Society

November
8-11  AMA House of Delegates, Dallas, TX
18  IMS Board, Society, 6:00 PM, Social; 6:30 PM, Dnr/Mtg

December
10  Senior/Inactive Luncheon Meeting, 11:30 AM, Society TBD
16  Executive Committee, Society, 6:00 PM, Sandwiches

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Indianapolis Medical Society

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8-11  AMA House of Delegates, Dallas, TX
18  IMS Board, Society, 6:00 PM, Social; 6:30 PM, Dnr/Mtg

December
10  Senior/Inactive Luncheon Meeting, 11:30 AM, Society TBD
16  Executive Committee, Society, 6:00 PM, Sandwiches

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Barbara K. Siwy (2016)  
Michael T. Stack (2016)  
John J. Wernert (2016)

*Appointed from the President’s Advisory Council
Carolyn A. Cunningham  
Heidi M. Dunniway  
Jon D. Marhenke

Delegates to the State Convention, September 2015, Indianapolis

The year shown in parentheses indicates year in which the term expires following the conclusion of the ISMA Annual Convention.

Linda Feiwell Abels (2015)  
Christopher D. Bojrab (2015)  
Charles W. Coats (2015)  
John C. Ellis (2015)  
Robert J. Goulet, Jr. (2015)  
C. William Hanke (2015)  
David H. Moore (2015)  
J. Scott Pittman (2015)  
Caryn M. Vogel (2015)

David S. Batt (2016)  
Daniel J. Beckman (2016)  
Carolyn A. Cunningham (2016)  
Margaret M. Gaffney (2016)  
David C. Hall (2016)  
Ronda A. Hamaker (2016)  
Mark M. Hamilton (2016)  
Jeffrey J. Kellams (2016)

Stephen R. Klapper (2016)  
Susan R. Maisel (2016)  
David M. Mandelbaum (2016)  
John P. McGoff (2016)  
Dale A. Rouch (2016)

Mary D. Bush (2017)  
David R. Diaz (2017)  
Bruce M. Goens (2017)  
Nicholas F. Hrisomalos (2017)  
Robert M. Hurwitz (2017)  
Paul D. Isenberg (2017)  
Marc R. Kappelman (2017)  
Randall A. Lee (2017)  
Daniel E. Lehman (2017)  
Mary Ian McAteer (2017)  
Clement J. McDonald III (2017)  
Robert M. Pascuzzi (2017)  
Richard H. Rhodes (2017)  
Kenneth N. Wiesert (2017)

Alternate Delegates to the State Convention, September 2015, Indianapolis

The year shown in parentheses indicates year in which the term expires following the conclusion of the ISMA Annual Convention.

James P. Bastnagel (2015)  
John H. Ditslear, III (2015)  
Robert S. Flint (2015)  
Tod C. Huntley (2015)  
Norman Mindrebo (2015)  
Robert Michael Pearce (2015)  
David M. Ratzman (2015)  
Michael A. Rothbaum (2015)  
Jeffrey M. Rothenberg (2015)  
Richard M. Storm (2015)  
H. Jeffery Whitaker (2015)  
Allison E. Williams (2015)  
Steven L. Wise (2015)

Robert J. Alonso (2016)  
Ann M. Collins (2016)  
Stephen B. Freeman (2016)  
John Douglas Graham, III (2016)  
Andrew A. Johnstone (2016)  
Frank P. Lloyd, Jr. (2016)  
Mercy O. Obeime (2016)  
Ingrida I. Ozola (2016)  
David L. Patterson (2016)  
Jason K. Sprunger (2016)  
Kenny E. Stall (2016)  
Samuel T. Thompson (2016)  
Ronald L. Young, II (2016)

Carissa M. Barina (2017)  
Brady D. Clarke (2017)  
Ann Marie Hake (2017)  
Douglas J. Horton (2017)  
H.B. Harold Lee (2017)  
Ramana S. Moorthy (2017)  
Maria C. Poor (2017)  
Steven M. Samuels (2017)  
Michael C. Sha (2017)  
Jodi L. Smith (2017)  
Margie C. Sweeney (2017)

Indiana State Medical Association
Past Presidents
Jon D. Marhenke, 2007-2008  
Bernard J. Emkes, 2000-2001  
Peter L. Winters, 1997-1998  
William H. Beeson, 1992-1993  
George H. Rawls, 1989-1990  
George T. Lukemeyer, 1983-1984  
Alvin J. Haley, 1980-1981

Indiana State Medical Association
President
Heidi M. Dunniway (2014-2015)

House of Delegates
Speaker, ISMA

Seventh District Medical Society Trustees
Vicki M. Roe (2014)  
John C. Ellis (2015)  
Marc E. Duerden (2016)

Alternate Trustees
Robert A. Malinzak (2014)  
G. Mitch Cornett (2016)
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