"First Recognition of the American Flag by a Foreign Government," 14 February 1778 Painting in oils by Edward Moran, 1898. The painting depicts the Continental Navy Ship Ranger, commanded by Captain John Paul Jones, receiving the salute of the French fleet at Quiberon Bay, France, 14 February 1778. Earlier in the month, after receipt of news of the victory at Saratoga, France recognized the independence of the American colonies and signed a treaty of alliance with them. The original painting is in the U.S. Naval Academy Museum, Annapolis, Maryland. Official U.S. Navy Photograph, now in the collections of the National Archives.
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in this issue

Special Features

President’s Page
Home Sweet Home??
Guest Author, Jeffrey J. Kellams, MD
David R. Diaz, MD

Special Feature
Discrepancy in the recognition of concussion among high school sports leaders
Angela Ting-Yu Kuo, BS; Sarah Wing, MD; Kayla Herget, MD; Avika Dixit, MBBS, MPH; Theresa M. Rohr-Kirchgraber, MD

HopeLine

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Hobbies & Interests

Departments

About Our Cover
Advertisers’ Index
Bulletin Board
Classified Advertising
CME, Events, Conferences & Education
Employment Advertising
IMS Leadership
In Memoriam
New Members

about our cover

On our cover:

In the United States, Flag Day is celebrated on June 14. It commemorates the adoption of the flag of the United States, which happened on that day in 1777 by resolution of the Second Continental Congress.

In 1916, President Woodrow Wilson issued a proclamation that officially established June 14 as Flag Day; in August 1949, National Flag Day was established by an Act of Congress. Flag Day is not an official federal holiday.

June Is:

Fireworks Safety Month
Cataract Awareness Month
Men’s Health Month
Myasthenia Gravis Awareness Month
National Aphasia Awareness Month
National Congenital Cytomegalovirus Awareness Month
National Safety Month
National Scleroderma Awareness Month
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You’re driving home after a long day at the office. Another late dinner and then your spouse wants you to work on the garbage disposal after dinner. What a bummer!

Let’s rethink this however … you have a car to drive home, food on the table awaiting you, a warm house with a security system, and a garbage disposal – even though it isn’t working. How fortunate you are.

At least you’re not homeless, and over three million people are so annually, with one million of those being children. Homelessness – although a national issue – is also a local issue. The IU Public Policy Institute estimates the Indy homeless population to range between 5,000 to 8,000 individuals at any one time. In Los Angeles, there are 100,000 homeless persons any one day of the year. In New York that number is 50,000. Veterans are hit particularly hard and make up about a quarter of the homeless population nationally. On any given night, there are 200,000 homeless veterans across the country. Also without shelter is a large population of young females … many with children. Older, single males compose a significant percentage as well. These are at risk for suicide and various medical illnesses. Surprisingly, about 75% of these homeless folks have at least a high school education or higher.

The causes of homelessness are varied: financial, addictions, traumatic brain injury, physical abuse from a significant other, mental illness, etc. Many homeless reside in missions, shelters, tents, abandoned buildings or sleep in cars. Twenty-three percent of homeless are chronically homeless – meaning the person has to have been sleeping in a place not intended for human habitation or in an emergency homeless shelter.

Although homelessness continues to be predominantly an urban issue with 71% of the homeless residing in larger cities, 21% reside in the suburbs and 9% in rural areas. Health issues are a major concern for the homeless with 38% having alcohol issues, 26% other drug issues and 39% having various mental issues. One out of fifty children will experience homelessness and suffer their own unique issues.

At Midtown Community Mental Health Center, we deal with homelessness on a daily basis. The issue becomes especially acute in severe winter weather when clients can lose limbs, ears, and even their life due to frostbite and outright freezing. The shelters and churches take in hundreds to provide safety and volunteer groups come together to prepare food and provide comfort. It is a time when a civilized society recognizes the needs of a disenfranchised and forgotten group of people. But even with this, the safety net system can fail and the bitter weather can claim its victims.

It is not uncommon for a homeless person to inform me that they slept the night before on top of the trash bags in a dumpster with the lid pulled down to provide shelter from the rain or snow only to listen to the rats and mice crawling around the base of the dumpster.

Homelessness affects every society and every country – even affluent America. There is no definitive solution except for each of us to help in our own collective ways through giving, providing resources, and offering compassion to those afflicted. Any of us can be only a step away from homelessness depending solely on the fate that we are dealt.

So go home, enjoy that warm dinner and house, and repair that garbage disposal – and be thankful that your life is not so bad after all!
Discrepancy in the recognition of concussion among high school sports leaders

The education of coaches in all sports is not equal regarding the training in concussion management and recognition. Soccer, for example is responsible for 1% of the concussions and football about 2% but only football high school coaches are required to obtain training.

Sports-related concussion is a health topic that has received more attention as even sports announcers recognize the symptoms and comment in real-time about the athlete’s injury and subsequent evaluation. However, not all concussions are readily obvious. Due to the potential risks to student athletes suffering from undiagnosed concussions, many states have implemented laws to protect young players. The regulations described in Indiana Code 20-34-7 apply to all individuals under the age of 20 participating in a recreational, intramural, or extracurricular sport. According to this code, athletes and their parents are required to receive educational materials about the risks of concussions and the evaluation process annually before beginning practice. In addition, football coaches are specifically required to complete formal training about concussion awareness at least every 2 years. Furthermore, any player who may have sustained a head injury must be pulled from play at the time of injury and will be unable to return to play until receiving written clearance from a trained healthcare professional with at least a 24 hour resting period.

The Indiana High School Athletic Association (IHSAA) concussion guidelines mirror the Indiana law. IHSAA guidelines require all student athletes suspected of sustaining a concussion to be evaluated by a healthcare professional the same day. The recommended healthcare professionals are designated as Indiana-licensed athletic trainers, medical doctors, or doctors of osteopathic medicine. In addition, they require that the athlete return to play following a step-wise protocol based on the athlete’s symptoms.

Of note, the current legislation does not comment on the need for neurocognitive testing. Baseline neurocognitive testing is helpful in the evaluation and management of an athlete with a suspected concussion, however as it stands, the IHSAA pre-participation physical does not include baseline neurocognitive testing. It is at the individual organization or school’s discretion to obtain baseline neurocognitive tests on their athletes. The Indiana Sports Concussion Network, a non-profit organization dedicated to facilitating awareness and proper management of sports-related concussions, can provide baseline neurocognitive testing (ImPACT) to interested Indiana high school athletes.

While Indiana has done a commendable job of recognizing the need for legislation to protect high school football players, there is currently no law that would mandate such protections for athletes in other sports. It is implied that coaches of other sports (soccer, lacrosse, basketball, etc) should receive concussion education, but the guidelines for a specific training regimen apply only to football. Football has received the most recognition because it does have the highest concussion rate, however athletes in other sports are also at risk for traumatic concussions. If we want to protect adolescents to the best of our ability, it should be mandated that coaches of all sports with the potential for practice- or game-related head injury should attend these training sessions.

References:
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Bulletin Board

Jeffrey A. Greenberg, MD, served as faculty for the AO North America Trauma Seminar held in Chicago on February 28, 2015. He also gave a presentation on “Closed Treatment of Proximal Phalanx Fractures” at this seminar.


Mark A. Jones, MD, discussed signs and symptoms of Afib and the current treatment options available at UnaVie Cardiology Center in Shelbyville on May 12, 2015.

Jeffrey M. Rothenberg, MD, chaired the American College of Obstetricians and Gynecologists committee which developed recent recommendations to help guide providers in making appropriate decisions and provide assistance for counselling patients with Early Pregnancy Loss.

Todd C. Huntley, MD, of the Center for Ear Nose Throat and Allergy was the Course Director for the 3-day instructional course “Advanced Surgical Techniques for Obstructive Sleep Apnea and Snoring,” held at St. Louis University May 7–9. This surgical instructional course drew attendees from throughout North America and Europe. In addition to being the course organizer, Dr. Huntley gave lectures titled, “A Comprehensive Approach to OSA Management,” “Is There Still a Role for a Trach in OSA?,” and “da Vinci Robotic Surgery for OSA.” He also was an instructor in the cadaver lab and in a sleep apnea oral appliance lab for attendees. Dr. Huntley was also recently selected as a principle investigator for two investigational trials: (1) a test for oral salivary biomarkers in detection of oral squamous cell carcinoma and (2) radiofrequency treatment of nasal vestibular collapse.”

News from Goodman Campbell Brain and Spine ...

Aaron A. Cohen-Gadol, MD, and coauthors published a literature review of intrasellar ependymomas and the unusual symptoms of this type of tumor that can be misdiagnosed. The authors presented a case of a patient who had a 2-year history of symptoms, including hypopituitarism and who was thought to have a pituitary macroadenoma. Their article appeared in the March 2, 2015, issue of the Journal of Clinical Neuroscience.

Daniel H. Fulkerson, MD, Richard B. Rodgers, MD, and a resident have published a case report describing the presentation, treatment and outcomes of two patients with rare congenital bony deformities at the lumbosacral junction. Their report appeared in the January 2015 issue of the Journal of Neurosurgery, Spine.

Dr. Fulkerson taught the general neurosurgery section at the AANS Maintenance of Certification course in Las Vegas, Nevada from February 20-22, 2015.

James C. Miller, MD, has completed training on a new neurosurgical procedure using the Six Pillar Approach® and the NICO BrainPath® technology. In March 2015, Dr. Miller completed all surgical and technology training requirements for performing this procedure. Dr. Miller, Mitesh V. Shah, MD, and Ronald L. Young, II, MD, of Goodman Campbell Brain and Spine have completed this training to date.

Thomas J. Leipzig, MD, served as the Course Director for the American Association of Neurological Surgeons Maintenance of Certification (MOC) Preparation and Neurosurgical Update course, held in Las Vegas, February 20–22, 2015. He also gave three presentations on MOC as part of the neurosurgery and neurovascular disorders sections of the program.

Troy D. Payner, MD, and coauthors reported on the case of a 74-year-old woman who developed an enlarging perianeurysmal parenchymal cyst that caused left-sided symptoms. Because the patient declined vascular imaging, the authors demonstrated the value of using intraoperative micro-Doppler as a safe and timely technique for evaluating the lesion. Read the case report in the March 6, 2015, issue of the Journal of Neurosurgery.

Richard B. Rodgers, MD, made noteworthy presentations in March 2015. He was a panel member at the 15th Annual Trauma Symposium, held at the Leighton Trauma Center, University of Notre Dame, South Bend, Indiana. The topic of the panel presentation was “The Indiana State Fair Disaster—Trauma ‘Weather’ Ready or Not.” Dr. Rodgers also taught a Medtronic-sponsored course on Rialto Sacroiliac Joint Fusion, in Grand Rapids, Michigan.

Jodi L. Smith, MD, received the Excellence in Medicine Award at the Epilepsy Foundation of Indiana (EFI). The Excellence in Medicine Award honors a physician who exemplifies the highest values, commitment to patient service, community involvement, leadership and dedication to those with epilepsy. Dr. Smith received the award at the EFI Gala on February 28, 2015.

Please submit Bulletin Board items, photographs and other information to mhdaley@imsonline.org by the first of the month preceding publication.
New Members

Reuss, Sarah A., MD
Resident – IU School of Medicine
Anatomic/Clinical Pathology
Other Specialty
Cytopathology
Medical College of Ohio, 2011

Schmalz, Juliet M., MD
Southeast Anesthesiologists
450 E. 96th St., #200
46240-3797
Anesthesiology, 2005
Indiana University, 2000

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In Memoriam

Charles W. Hamm, MD, 1935 - 2015

Dr. Charles W. Hamm, 79, Carmel, passed away Saturday, April 11, 2015. He was a graduate of the National Autonomous University of Mexico. He served his internship and residency at Riley Hospital for Children.

Dr. Hamm was a pediatrician in Indianapolis for 23 years, retiring in 1999. During his active practice years, he earned numerous AMA Physician Recognition Awards. Following retirement, he served as a consultant for Indiana School for the Blind, Indiana School for the Deaf and Marion County Juvenile Center. He was a member of the Concentric Research Team at the time of his death. He was also a member and officer in the United States Power Squadron for boating safety.

George A. Clark, MD, 1927 - 2015

George A. Clark, MD, passed away peacefully April 14, 2015 after a long battle with Pick’s Dementia. He was born December 14, 1927 in Indianapolis.

Growing up in Indianapolis, he attended Shortridge High School, then joined the Marine Corps at the end of World War II serving as an aircrewmman.

After discharge he attended Indiana University for undergraduate studies and medical school. He interned at the State University of Iowa and Indianapolis General Hospital. Dr. Clark completed his residency at Detroit Receiving Hospital.

Dr. Clark later joined the Air Force, serving as a flight surgeon. He practiced Ophthalmology with his father and later his son in Indianapolis.

Dr. Clark served the IMS as an Alternate Delegate to the state convention from 1970-1973. He also participated in the Professional Affairs Committee from 1990-1997.

In 2004, Dr. Clark was honored for his dedication to organized medicine by the Indianapolis Medical Society and entered the 50-year Club.

Richard F. Zegarra, MD, 1926 - 2014

Richard F. Zegarra, MD, 88, passed away on August 6, 2014 at Methodist Hospital in Indianapolis, Indiana. He was born on July 18, 1926 in Lima, Peru.

Dr. Zegarra grew up in Lima and graduated from high school at the age of 16. He worked briefly for the Peruvian Conference of Seventh-day Adventists, teaching mathematics in a remote school in the Peruvian Andes.

At age 18 he came to the United States and studied violin in Madison, Tennessee and Walla Walla, Washington. He then attended Pacific Union College in Angwin, California where he majored in pre-med chemistry and minored in theology.

Dr. Zegarra graduated from medical school at the Universidad Autónoma de Nuevo León in Mexico and served one year in public health service in La Cordona, Nuevo León. This experience impressed him to devote his life to serving people. He returned to the United States and completed his internship, post-graduate training and residencies in pathology.

Dr. Zegarra practiced Medical-Surgical, Emergency Medicine, Intensive Care, Occupational and Primary Care throughout the United States. In 1999, at age 73, he “retired” to full-time occupational medicine, which he practiced until January of 2014; a total of over 52 years.

The IMS just recently learned of Dr. Zegarra’s passing.

HopeLine

The Indianapolis Motor Speedway, Verizon, INDYCAR, ISMA and IMS are participating in one of the largest HopeLine drives in Indiana to support survivors of domestic violence. Just donate your old phones from May 7 to June 7 to turn old electronics from any carrier into cash grants for Hoosier nonprofits.

Pictured at right is Heidi M. Dunnaway, MD, Past IMS President and current ISMA President taken at the kick-off press conference for the 2015 HopeLine campaign.

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<th>Term Life Disability Umbrella Liability Business Owners Policy Worker’s Compensation Malpractice Liability*</th>
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<tr>
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The year shown in parentheses indicates year in which the term expires following the conclusion of the ISMA Annual Convention.

Linda Feiwell Abels (2015)  
David C. Hall (2015)  
Marc R. Kappelman (2015)  
Jeffrey J. Kellams (2015)  
Anthony W. Mimms (2015)  
Caryn M. Vogel (2015)  
*Appointed from the President’s Advisory Council

Carolyn A. Cunningham  
Heidi M. Dunnaway  
Jon D. Marhenke

Linda Feiwell Abels (2016)  
James A. Dugan (2016)  
Richard D. Feldman (2016)  
Gary R. Fisch (2016)  
Ronda A. Hamaker (2016)  
Stephen R. Klapper (2016)  
Mary Ian McAteer (2016)  
John P. McGoff (2016)  
Maria C. Poor (2016)  
Richard H. Rhodes (2016)  
Barbara K. Siwy (2016)  
Michael T. Stack (2016)  
John J. Wernert (2016)  

Alternate Delegates to the State Convention, September 11-13, 2015, Indianapolis

The year shown in parentheses indicates year in which the term expires following the conclusion of the ISMA Annual Convention.

James P. Bastnagel (2015)  
John H. Ditslear, III (2015)  
Robert S. Flint (2015)  
Tod C. Huntley (2015)  
Norman Mindrebo (2015)  
Robert Michael Pearce (2015)  
David M. Ratzman (2015)  
Michael A. Rothbaum (2015)  
Jeffrey M. Rothenberg (2015)  
Richard M. Storm (2015)  
H. Jeffery Whitaker (2015)  
Allison E. Williams (2015)  
Steven L. Wise (2015)  

Ann M. Collins (2016)  
Stephen B. Freeman (2016)  
John Douglas Graham, III (2016)  
Andrew A. Johnstone (2016)  
Frank P. Lloyd, Jr. (2016)  
Mercy O. Obeime (2016)  
Ingrida I. Ozola (2016)  
David L. Patterson (2016)  
Jason K. Sprunger (2016)  
Kenny E. Stall (2016)  
Samuel T. Thompson (2016)  
Ronald L. Young, II (2016)  

Indianapolis Medical Society

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Mark M. Hamilton ... Immediate Past President  
David H. Moore ....................... Secretary/Treasurer

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Terms End with Year in Parentheses

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Mary D. Bush (2017)  
David R. Diaz (2017)  
Bruce M. Goens (2017)  
Nicholas F. Hrisomales (2017)  
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Robert M. Pascuzzi (2017)  
Richard H. Rhodes (2017)  
Kenneth N. Wiesert (2017)

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Bernard J. Emkes, 2000-2001  
Peter L. Winters, 1997-1998  
William H. Beeson, 1992-1993  
George H. Rawls, 1989-1990  
George T. Lukemeyer, 1983-1984  
Alvin J. Haley, 1980-1981

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This course answers the question, “What is ICD-10 and how does it affect you?”

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Objectives:
1. Introduction to ICD-10-CM
2. Overview of the code set
3. Areas of Impact
4. Next steps

After registering, you will receive a confirmation email containing information about joining the webinar.

IMS & Tesla Reception, May 11, 2015 ...

Heidi M. Dunniway, MD; husband Richard (behind the wheel) and son, Michael with Store Manager, Jeff Knowles leaning on Michael.

Dr. Kelley and Dr. Bojrab waiting their turn for a test drive at the IMS & Tesla Reception.
CME & Conferences

Community Hospital East
First
Wednesday
Bradley Board Room, 12:00 - 1:00 p.m.
Second
Medical Grand Rounds
Tuesday
Bradley Board Room, 12:30 - 1:30 p.m.

Community Hospital North
First
Wednesday
Pediatric Grand Rounds
Reilly Board Room
7250 Clearvista Dr. 7:30 - 8:30 a.m.
First
North Forum
Friday
Reilly Board Room; 12:00 - 1:00 p.m.
Every Other
Psychiatry Grand Rounds
Month
7250 Clearvista Dr.
4th Thursday
Multi-Service Rms. 1 & 2, 7:30 - 8:30 a.m.

Community Heart & Vascular Hospital
First
Imaging Conference:
Wednesday
rotates Cath & Echo Case Presentations
CHVH MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (St. 420)
HVC South Office CR (Suite 2400)
HVC Kokomo
7:00 - 8:00 a.m.
Third
Ken Stanley CV Conference
Wednesday
CHVH MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (St. 420)
HVC South Office CR (Suite 2400)
HVC Kokomo
7:00 - 8:00 a.m.
Fourth
Disease Management Conference:
Wednesday
rotates CHF & EP Case Presentations
CHVH MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (St. 420)
HVC South Office CR (Suite 2400)
HVC Kokomo
7:00 - 8:00 a.m.

2014 Cancer Conferences
Community Hospital East
Third
East General Cancer Conference - CHE
Thursday
Medical Staff Conference Room
12:00 noon to 1:00, lunch provided
Fourth
East Multidisciplinary Breast Cancer Conference - CHE
Tuesday
Medical Staff Conference Room
7:30 to 8:30 a.m.

Community Hospital North
First & Third
North Multidisciplinary Breast Cancer Conference - CHN
Tuesdays
8040 Clearvista Parkway, Suite 550
7:00 to 8:00 a.m.
Second & Fourth
North Multidisciplinary GI/Colorectal Oncology Conference - CHN
Wednesdays
8040 Clearvista Parkway, Suite 550
7:00 to 8:00 a.m.
First
North Multidisciplinary Gynecologic Surgical Oncology Conference - CHN
Friday
8040 Clearvista Parkway, Suite 550
7:30 to 8:30 a.m.
First
North Chest Cancer Conference - CHN
Wednesday
8040 Clearvista Parkway, Suite 550
7:00 to 8:00 a.m.
Third
Melanoma Cancer Conference - CHN
Wednesday
8040 Clearvista Parkway, Suite 550
7:30 to 8:30 a.m.

Community Hospital South
Second
South Multidisciplinary Breast Cancer Conference - CHS
Wednesdays
Community Breast Care Center South
533 E. County Line Rd., Suite 101
8:00 to 9:00 a.m.
First
South Multidisciplinary GI/Colorectal Oncology Conference
Tuesday
1440 E. County Line Rd.
Community Cancer Care, Community Room
12:00 to 1:00 p.m.

Indiana University School of Medicine/Indiana University Health
IU – Methodist – Riley
June 12
Manion-Lingeman Lecture and Research Seminar
Riley Outpatient Center (ROC Auditorium)
June 19
Glick Ophthalmology Residents and Alumni Day
Glick Eye Institute
June 26
Eosinophils and GI Tract: Esophagus and Beyond
Indianapolis Marriott Downtown
July 10
Review and Interpretation of the 2014 ASCO Conf.
University Tower, IUPUI Campus, Indianapolis
July 12-17
100th Annual Anatomy and Histopathology of the Head, Neck and Temporal Bone
Glick Eye Institute, Room 103
Oct. 16
Acute Care in Neurotrauma Symposium
Goodman Hall
Oct. 22-23
Fundamental Critical Care Support
IU Health Methodist Hospital, Wile Hall
Oct. 30
3rd Annual Pediatric Gastroenterology Update for the Primary Care Clinician
Ritz Charles Banquet Facility
Nov. 6
14th Annual Lingeman Lectureship
Goodman Hall, 1st Floor Auditorium

Course dates and locations are subject to change. For more information, please visit http://cme.medicine.iu.edu or call 317-274-0104.

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Events

Indianapolis Medical Society
June
6-10
AMA Annual House of Delegates’ Meeting, Hyatt Regency, Chicago, IL
11
Senior/Inactive Luncheon Meeting, 11:30 AM, Society, Roger Robison, MD, “Dr. John Brinkley, (1885-1942), First Transplant Surgeon and Founder of Border Blaster Radio in Del Rio, TX”
14
IMS Advisory Breakfast (Le Peep’s), 7:30 AM; ISMA BOT, 9:00 AM @ Headquarters
16
Executive Committee, Society, 6:00 PM, Sandwiches

July
21
IMS Board, Society, 6:00 PM, Social; 6:30 PM, Dnr/Mtg

August
18
Executive Committee, Society, 6:00 PM, Sandwiches

September
11-13
ISMA CONVENTION; BOT (9/13), Indianapolis Downtown Marriott, Indpls., 1:00 PM
9
Senior/Inactive Luncheon Meeting, 11:30 AM, Society, Speaker TBA
22
IMS Board, Society, 6:00 PM, Social; 6:30 PM, Dnr/Mtg. Dr. Stephen W. Perkins will be installed as 142nd IMS President.

For more information, contact Valerie Brown, (317) 355-5381.
Hobbies & Interests ...

Dr. Richard D. Feldman, IMS Board Member, is a history buff and author in his “spare time.” He has completed the research paper, “The Indianapolis Totem Pole: the Missing Pole from the Brady Collection of Sitka National Historical Park.” This is a true modern-day adventure. A replica of this pole now stands inside the Eiteljorg Museum.

Dr. Feldman’s research led to the publishing of his book, *Home Before the Raven Caws*. Dr. Feldman suggests that readers access the second edition rather than the first, because it contains many updates. The book is available at numerous book sites including Amazon, Barnes & Noble, as well as, the Indiana Historical Society and the Eiteljorg Museum.

Last year, Dr. Feldman published a book, *Family Practice Stories*. This is primarily an oral history of 48 elder Hoosier family doctors during the Golden Age of Generalism of the mid-twentieth century. Every chapter is an episode from their careers. This is the story of the founding fathers, the elder statesmen in family practice ... A story of that Greatest Generation. (All royalties from this book benefits the IAFP Foundation.) This book is also available at Amazon, Barnes & Noble and many others.

We will post a copy of his research paper on imsonline.org in June 2015.

Human Interest & Hobby Stories
Wanted for IMS Bulletin

Do you have an interesting story or a special hobby that you want to share with your colleagues? If you are willing to share, please submit to mhadley@imsonline.org

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Complete Practice Services ………………………………………17
Diamond Capital Management …………………………………13
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Goodman Campbell Brain & Spine ………………………………10
Horizon Bank …………………………………………………………15
ISMA Agency ………………………………………………………13
The Marina Limited Partnership …………………………………3
Medical Society Exchange …………………………………………15
Midwest Pain & Spine ……………………………………………6
The National Bank of Indianapolis ………………………………4
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