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February 2010 • Indianapolis, Indiana

Bulletin

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Bulletin

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We like to feature photographs or other artwork shared by IMS members on the cover of *The Bulletin*. Submit photographs, artwork, etc., to Beverly Hurt at the Society Office.

The Bulletin is your magazine. Share your views by submitting reprints of your published articles; articles written expressly for *The Bulletin*; quips; short stories; brief comments; ideas; cartoons, etc.

Remember the *Indianapolis Medical Society Foundation* when planning your will. (Contribution form included in this issue.) Unless otherwise specified, your contribution will be directed toward medical scholarships.

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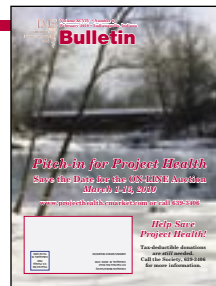
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about our cover



This stunning cover photograph of Cataract Falls in Owen County near Cloverdale, Indiana was taken February 11, 2007. Pictured are the upper falls with the renovated covered bridge in the background. Taken on a Canon Rebel XTi by Lori Nanes [lori@countryphotosbylori.com]

Please Pitch-in for Project Health and participate in the exciting ON-LINE Auction, March 1-13, 2010, benefitting Project Health. Visit www.projecthealth.cmarket.com or call the Society at 639-3406 to make a contribution.

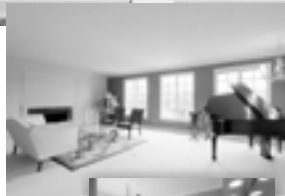
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Project Health, a Model of Community Collaboration for Direct Patient Care

Indianapolis is blessed with a number of excellent hospital systems that, although extremely competitive, have collaborated successfully for close to a decade on projects that are models for the nation: The Indiana Health Information Exchange (IHIE) with Quality Health First and the Indianapolis Coalition for Patient Safety. Both are strongly supported by the Indianapolis Medical Society and The Indiana State Medical Association. Though less than a decade in existence, the third local, voluntary collaborative program is our own Indianapolis Medical Society Foundation's Project Health.

Indianapolis Medical Society Foundation's Project Health is a program to expand health care access to low income, uninsured residents of Marion County in partnership with volunteer physicians, hospitals, community clinics and the pharmaceutical industry. Over 1,000 physicians donate medical care for the uninsured with incomes between 201% and 300% of the Federal Poverty Level (\$21,661 to \$32,490 for individuals and \$25,499 to \$43,710 for couples). Project Health is strongly supported by the in-kind contributions of Clarian Health, Community Hospitals and St. Vincent Hospitals. More than \$14 million in services has been provided without charge to 1,660 patients since Project Health began enrolling patients in 2004.

Amazingly, Project Health has joined together hospitals, clinics, pharmacies, volunteer physicians and others to positively impact the lives of Marion County patients. Project Health enrollees are contractually obligated to keep physician appointments, follow agreed upon regimens and to avoid Emergency Department use for non-emergencies. The reduction in ED use is virtually 100%, trimming uncompensated costs for hospitals and providing improved coordination of care for patients, a goal desired by all physicians. Members are also reported to be openly appreciative for the services they receive.

Operational funding for Project Health has been largely from grants. Recent global economic difficulties have dramatically reduced grant funding. St. Vincent and Clarian also support Project Health by supplementing operating funds on an annual basis. MDwise, a state wide Medicaid Managed Care Organization also generously supported Project Health for the past two years. Individual cash contributions from Indianapolis Medical Society physicians have totaled many thousands of dollars. However, Project Health with its dramatic reduction in inappropriate ED use and remarkably compliant, appreciative patients has reached a crossroads. Without a predictable revenue stream of sufficient size, grant funds will not be forthcoming and Project Health may need to cease operations in 2010.

IHIE, founded on decades of ground-breaking work at the Regenstrief Institute, is nationally recognized as the

most evolved health information exchange in the U.S. and provides regular consultation to other communities and the federal government. The Quality Health First program, designed and led by physicians, provides an increasing breadth and depth of data and analysis to individual physicians, networks and health plans. The result is an objective review of quality of care parameters and the opportunity for improved patient care. Each local hospital system has provided administrative and clinical expertise and financial support as the core of the operating budget necessary for repeated successful grant acquisition. Without these contributions IHIE and Quality Health First would not exist.

Another, in some ways, more remarkable collaboration is seen in the Indianapolis Coalition for Patient Safety in which seven central Indiana hospital systems' senior management (CEO, CNO, CMO) meet to coordinate programs and oversee the exchange of detailed information and training to improve the safety of patients in all their institutions. Teams from each institution divided up a list of nationally prioritized patient safety projects to implement and refine and then provided in-service education to each other's staffs with the goal of improving patient safety in all hospitals in central Indiana.

By the time you read this article, the Indianapolis Medical Society Executive Committee and the IMS Foundation Officers will have initiated a review of alternatives for Project Health and updated a plan of action. However, good ideas are always welcome. Please take time to thank our hospital partners, physicians, collaborators for their support and encourage continuation of or initiation if not already engaged. For more information, or to enroll, please contact: Carrie Jackson, Director, Project Health, carrie@imsonline.org, or Beverly Hurt, IMS EVP, at (317) 639-3406 or bhurt@imsonline.org. If you have questions about Project Health, visit <http://imsonline.org/projectHealth/overview.php?ph=y>.

Don't forget to put Pitch in for Project Health on your calendars, March 1-13th. Project Health, with the help of WTHR-TV and Clarian is holding an on-line auction. This is not only a fundraiser -- it is a way for members, family, and colleagues to get some wonderful and unusual prizes for bargain prices. Get that special gift for someone. Browse the catalog by clicking www.projecthealth.cmarket.com. The catalog changes daily as new prizes come in. Then March 1-13th you have a chance to bid on these items, such as a 20-person wine tasting party at Chateau Thomas, jewelry, vacations, sports packages and more.



William H. Dick, MD

Speaker: Worthe S. Holt, Jr., MD – Medicine in the Combat Zone



Dr. Holt explained what it was like to be a physician in Iraq and Afghanistan with a series of very informative slides. It really is like medicine here at home with all of the equipment, supplies and x-rays, except that you might have to head for the bomb shelter at a moment's notice.

Dr. Worthe S. Holt, Jr., is a 1982 graduate of Indiana University School of Medicine and is a Colonel in the Indiana Air National Guard. He completed fellowship training at the University of North Carolina and obtained a Masters of Medical Management Degree at Tulane University. He was the Executive Vice-President at St. Vincent Hospital and currently is employed by Humana as Vice-President and Chief Medical Officer.

Since 1990, Dr. Holt has been an F-16 pilot, originally flying from a base in Terre Haute, Indiana. It was recently decommissioned and he now flies out of Springfield, Ohio. F-16's can deliver GPS guided missiles. They always land during daytime and other than in training aircraft, only one pilot is aboard. The Terre Haute site now has an intelligence

mission. They analyze images from drones on a 24-hour basis watching for insurgent activity, especially overnight placement of Improvised Explosive Devices (IED's). A combat strike on the insurgents can be ordered by the troops located in the area based on a communication sent from Terre Haute.

Worthe told us that in the United States population of 300 million people we have 2 million in the military, with 100,000 soldiers in the Air National Guard. In the Air Force, the motto is

"Integrity First, Service before Self and Excellence in All We Do." National Guard units are local, the soldiers know each other well and they remain together for years. That is a definite advantage in a combat situation.

We saw photos of an air base in Kuwait, which had been the Kuwaiti Air Force Academy. The site looked quite forlorn as does the entire desert in the area. Evidence of the Bedouins, such as their camels, can be seen but they rarely are encountered. IED's remain a constant threat. There is other combat "junk" in the area, most of which is discarded Soviet material.

"Pilot towns" were shown – they are secure areas where pilots go to rest. There are tent cities with some air conditioned trailers. An "impregnable" French air hanger was shown; impregnable it wasn't. If the scud missile horn sounds, one exits the tent and enters a concrete bunker. Water is brought in large trucks and stored in huge bladders. Sanitation and hygiene are difficult but there are hand-washing stations. Commodes are often makeshift. Both regular meals and MRE's (meals ready to eat) are served.

The mission is to damage roads, railroad tracks and other lines of communications. Robots are used to detect bombs in roads and buildings. Drones, unmanned air vehicles, patrol the area and can deliver a warhead. The main US air base is about 40 miles north of Baghdad. Casualties that cannot be treated locally are taken there first, then to Germany, and finally they go back to their unit or to the USA. A full range of medical specialties is available. Occasionally, the hospital still comes under attack.

Iraq and Afghanistan are dangerous places. In addition to the insurgents, there is the rare sandstorm, a terrible natural disaster which comes on with little warning. In addition, boots and clothes must be checked for scorpions and snakes, especially in the morning.

Dr. Holt's talk was a great tribute to the brave men and women who serve in Indiana Air National Guard and the entire United States military.

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Bulletin Board

Keith W. Cushing, MD, has joined JWM Neurology. He is a board certified neurologist and sleep disorders medicine physician with special interest in sleep medicine/EEG/EMG.

Dr. Cushing received his medical degree from University of Louisville School of Medicine in Louisville, Kentucky. He completed his neurology residency at Brown University Department of Clinical Neurosciences at Rhode Island Hospital in Providence, Rhode Island. Dr. Cushing sees patients in Franklin and south Indianapolis with general neurology problems and sleep disorders.

Richard C. Rink, MD, Chief of Pediatric Urology at Riley Hospital for Children and Pediatric Urologist at the Peyton Manning Children's Hospital was an invited speaker of the Third World Congress on Hypospadias and DSD. The event was held in Toronto, Ontario on November 12-13, 2009.

Dr. Rink was also an invited lecturer of the American Academy of Pediatrics National Conference where he discussed "Surgical Reconstruction of Children Born with Disorders of Sexual Development," which was held in Washington, DC on October 16, 2009

Clarian North's Chief Medical Officer, **Lynda A. Smirz, MD**, was appointed to the Indiana Medical Licensing Board by Governor Daniels on December 14, 2009. Dr. Smirz is the first female in Indiana to sit on the Board since the 1980's.

The main goal of the Medical Licensing Board is to protect the health, safety and welfare of Indiana's residents while assuring that all physicians who are licensed in Indiana are qualified and follow safe practices.

The Medical Licensing Board consists of six other members who meet monthly to address a variety of issues, including but not limited to the promulgation of rules regarding the competent practice of medicine or osteopathic medicine, physician discipline, and application review for both initial licensure and renewal. The Medical Licensing Board also oversees the Indiana Physician Assistant Committee and will begin licensing genetic counselors in July 2010.

All of Indiana's Medical Licensing Board members are also members of the Federation of State Medical Boards and will be involved with medical issues on a national level. Dr. Smirz will serve on the Board through April 2013 and will then be eligible for a new four-year term beginning in May 2013.

Dean D.T. Maglinte, MD, has been named Distinguished Professor of Radiology and Imaging Sciences of the Indiana University School of Medicine by the Board of Trustees of Indiana University. This is in recognition of his contributions to the subspecialty of gastrointestinal and abdominal imaging.



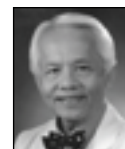
Keith W. Cushing, MD



H. John Komari, MD



Kevin E. Macadaeg, MD



Dean D.T. Maglinte, MD



Richard C. Rink, MD



Rick C. Sasso, MD



Lynda A. Smirz, MD

Rick C. Sasso, MD, Indiana Spine Group, was the co-author of the award-winning study at the annual meeting of the North American Spine Society (NASS). Dr. Sasso's study received the highest grade from the NASS reviewers and was awarded the Best Clinical Study of the meeting, which was held in San Francisco, California on November 11, 2009. The clinical study, "Surgical Treatment for Cervical Spondylotic Myelopathy: One-Year Outcomes of the AO Spine North America Multi-Center Prospective Study of 301 Patients."

Dr. Sasso, presented a Multicenter FDA IBE Clinical Trial, "Cervical Disc Replacement: Four-Year Follow-up Results from the United States Prospective Randomized Bryan Clinical Trial, at the Cervical Spine Research Society's 37th Annual Meeting held in Salt Lake City, Utah, December 2-5, 2009. Dr. Sasso served on the Cervical Spine Research Society Instructional Course Committee, moderated the session on Cervical Arthroplasty and gave a talk during the Controversies Symposium regarding the Surgical Management of Os Odontoideum.

Dr. Sasso, was the co-author of "Biomechanical Evaluation of Segmental Occipitoatlantoaxial Stabilization Techniques," in a Basic Science Biomechanical Study published in the December issue of the journal, *Spine*.

Kevin E. Macadaeg, MD, and **Rick C. Sasso, MD**, Indiana Spine Group, published a chapter, "Treatment of Axial Neck Pain," in the recently released textbook, *Arthritis and Arthroplasty: The Spine*.

H. John Komari, MD, President and CEO of Indiana Cardiac and Vascular Consultants, lipidologist and board certified cardiologist, has been engaged in a series of educational meetings with primary care physicians throughout the state to bring them up-to-date on the current lipid managements and treatments.

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Oregon Health Science
University, 1995

Carnovale, David E., MD
Community Reproductive Endocrinology
7250 Clearvista Dr., #365
46256-4644
Ofc – 621-0600
Fax – 621-0610
Obstetrics & Gynecology, 1998, 2008
Reproductive Endocrinology/
Infertility, 2000, 2008
SUNY, Brooklyn, 1990



Cushing, Keith W., MD
JWM Neurology
1155 W. Jefferson St., #104
Franklin, 46131-2731
Ofc – 738-4430*
Fax – 738-4405

Email – medicalaffairs@jwmneuro.com
Neurology, 2008
University of Louisville, 2004

Gurchiek, Kara L., MD
Northpoint Pediatrics
8101 Clearvista Pkwy., #185
46256-4675
Ofc – 621-9000
Pediatrics
Indiana University, 2006

Leys, Charles M., MD
Pediatric Surgical Associates, PC
702 Barnhill Dr., #2500
46202-5128
Ofc – 274-4681
Fax – 274-4491
Email – cmleys@iupui.edu
Web – www.rileypediatricsurgery.com
Surgery, 2007
Pediatric Surgery (S)
University of Wisconsin, 2000

Ralston, Michael E., MD
Orthopedic Restoration
701 E. County Line Rd., #204
Greenwood, 46143-1071
Ofc – 887-2034*
Fax – 887-2024
Orthopaedic Surgery, 1984
Ohio State University, 1974

Todman, Steven H., MD
Fellowship – Riley Hospital for Children
Pediatrics
Pediatric Cardiology
SUNY, Brooklyn, 2004

Trambaugh, Chad M., MD
Respiratory & Critical Care Cons., PC
1800 N. Capitol Ave.
Noyes Pav., E 140
46202-1218
Ofc – 962-8776
Fax – 963-5285
Email – ctrambau@clarian.org
Internal Medicine, 2009
Indiana University, 2006

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In Memoriam



William Rogers Chattin, MD
1922 - 2009

William Rogers Chattin, MD, passed away on December 11, 2009. He was born September 9, 1922 in Union City, Indiana.

Dr. Chattin graduated from high school at Columbia Military Academy, Columbia, Tennessee. He attended Wabash College, where he became a member of Beta Theta Pi fraternity. He graduated from Indiana University and earned his medical degree from Indiana University School of Medicine in 1948.

Dr. Chattin served in the US Army during World War II and again during the Korean War. He completed residencies in pediatrics at St. Vincent Hospital and Indianapolis General Hospital.

In the private practice of pediatrics in Indianapolis for 36 years, Dr. Chattin was a member of the American Academy of Pediatrics and a charter member of the staff of Community Hospital East. He later was the pediatric instructor for the Family Practice Residency Program at Community Hospital. After retiring from private practice in 1990, he instructed medical students and supervised urgent care clinics at Wishard Hospital.



David George Cross, MD
1928 - 2010

David George Cross, MD, 81, passed away on Tuesday, January 5, 2010 at his residence in Indianapolis. Dr. Cross was born on August 18, 1928 in Deal, Pennsylvania.

A 1950 graduate of Franklin and Marshall College (Lancaster, Pennsylvania) and 1954 graduate of University of Pittsburgh Medical School, Dr. Cross interned at Fitzsimons Army Hospital in Denver, Colorado and served as a captain and medical doctor in the US Air Force 1954-1957.

Dr. Cross was an Emergency Room Physician at St. Vincent, Community East and Community North hospitals for 18 years. He practiced family medicine on the southside of Indianapolis for 18 years as well.

He was a charter member of American College of Emergency Physicians.

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Submit articles, photographs and information for the IMS Bulletin by emailing ims@imsonline.org or mhadley@imsonline.org.

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Seated Left to Right

Morgan E. Tharp II, M.D.
Keith W. Logie, M.D.
Andrew R. Greenspan, M.D.
Magaral S. Murali, M.D.

1st Row Standing

Madeleine M. Sgroi, D.O.
Danielle M. Doyle, M.D.
G. Irene Mincee, M.D.
Hillary H. Wu, M.D., Fh.D.
Melody Sands, RN, CS, MSN
Jennifer K. Morgan, M.D.

Back Row

Bryce C. Lord, D.O.
Paul M. DesRosiers M.S., M.D.
Sead Begonovic, M.D., Ph.D.
Thomas L. Whittaker, M.D.
Elsayed Aly, M.D.
Harold O. Longe, M.D.

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Did You Know?

Thanks to you and the Indianapolis Medical Alliance ...

The Alliance has awarded Allied Health Scholarships locally for a total of **\$169,600.00** (Average \$9,975.00 per year) over the past 17 years to a total of **257** (Average 15 per year) students just from the Flowers & Candy Sales.

Yes, this is our way of reintroducing or introducing the Indianapolis Medical Alliance to you. The Alliance does wonderful things for the Indianapolis Medical Society, the medical community and you.

The philanthropic arm of the Indianapolis Medical Society would like to cordially invite all physicians' spouses to join and become active in the Indianapolis Medical Alliance.

Dues are minimal and afford a wealth of opportunities. Committees and opportunities to serve are as varied as our membership. Whether participating as a member of our extremely popular Bowling Group, Bridge Clubs, Garden Club, Investment Clubs, S.A.V.E. Project (Stop America's Violence Everywhere), in conjunction with the American Medical Association's Alliance, Legislative Awareness, or planning one of our upcoming fund-raisers, you're sure to find an area that fits your unique qualifications.

Most importantly, it is nearly time for the annual Flower & Candy Sale. Please mark your calendars with a reminder for Staff Appreciation Week beginning Monday, April 19. Watch for the March *Bulletin* and your email for ordering information. This main fund-raising effort for the Indianapolis Medical Alliance will award additional scholarships to allied health students for more qualified, dependable and enthusiastic staffs.

If you know of qualified students, please have them phone 639-3406 for an application and to be considered for the Alliance Allied Health Scholarships. Note: Students must be in clinicals to be eligible.

Good students and good staffs recognized and appreciated by the Indianapolis Medical Alliance and you.

This year's Alliance is being led by the Leadership Council of Maryann Campbell, Joan Daly, Kay Enderle, Doris Hardacker, Miriam Holden, Marcia Rice, Sue Schneider, Anne Schuster, Karen Shoemaker and Evelyn Wellman.

Call IMS at (317) 639-3406 today for additional information, or if you prefer, E-mail: ims@imsonline.org.

IMS

Indianapolis Medical Alliance Flower & Truffles Sale

Watch your March Bulletin & email for ordering information.

Staff Appreciation Week
April 19-23, 2010

The Alliance has awarded Allied Health Scholarships locally for a total of **\$169,600.00** (Average \$9,975.00 per year) over the past 17 years to a total of **257** (Average 15 per year) students just from the Flowers & Candy Sales.

Good students and good staffs recognized and appreciated by the Indianapolis Medical Alliance and you.





Steven Levine, MD



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In Summary

	IMS	ISMA	AMA
PERCENT OF DEDUCTIBLE DUES	100%	77%	50%
PERCENT OF NON-DEDUCTIBLE DUES	0%	23%	50%

Save This Information for Tax Filing

The portion of AMA and ISMA dues used to finance lobbying efforts is not tax-deductible. This is essential information for your tax filings.

For the 2010 ISMA dues year, the portion of deductible dues is 77 percent and the portion of dues attributable to lobbying efforts and not tax-deductible is 23 percent.

For the 2010 AMA dues year, the portion of deductible dues is 50 percent and the portion of dues that are attributable to lobbying and not tax-deductible is 50 percent.

As always, your Indianapolis Medical Society dues are 100% tax deductible.

CMS to Hold Claims for 10 Business Days & Extends Participation Deadline

In December 2009, Congress acted to avert the 21.2% Medicare physician payment cut and on December 19, the President signed into law the Department of Defense Appropriations Bill (H.R. 3326) which will stop the cuts until March 1, 2010. Other changes reflected in the 2010 Medicare Physician Fee Schedule final rule will still take effect on January 1, 2010 and may have a slight impact on the conversion factor used for the first two months of 2010. Similar to other years, since Congress acted so late in the year to avert the cut, the Center for Medicare and Medicaid Services CMS will hold claims for the first 10 business days of January (January 1 through January 15) for 2010 dates of service to allow its contractors time to update their systems and pay claims based on the updated rates CMS does not anticipate any cash flow problems for physicians since by law no claims are paid prior to 14 days after receipt anyway.

In addition, CMS has extended the 2010 Annual Participation Enrollment Program end date from January 31, 2010, to March 17, 2010. Physicians still have time to consider their participation options with the Medicare program. Additional information can be found on the AMA's web site <http://www.ama-assn.org/ama1/pub/upload/mm/399/med-par-options.pdf>. The effective date for any participation status change during this extension remains January 1, 2010, and will be in force for the entire year. Medicare contractors will accept and process any participation elections or withdrawals made during the extended enrollment period that are received or post-marked on or before March 17, 2010.

CMS announced the claims processing delay and extended participation enrollment period in a December 21 communication that was developed prior to the Congressional action and therefore inaccurately suggests that payments may still be cut on January 21. The AMA is concerned that the announcement will prove confusing to physicians and has asked CMS to update and clarify the notice. We will provide the update as appropriate.

Social Security Administration Recruiting Medical Experts

Every year, over 5 million Americans file claims for benefits under the provisions of the Social Security Act. When claims

are denied at the first two levels of review, the individual may request a hearing before an Administrative Law Judge in the Office of Disability Adjudication and Review (ODAR) of the Social Security Administration (SSA)

The adjudication of claims for disability benefits requires the presiding Administrative Law Judge to evaluate medical records to determine if the individual meets the Social Security Act's criteria for eligibility. In many of the cases, the judges call upon medical doctors, to appear as medical experts at the hearings. The medical expert's opinion assists the judge in deciding, among other issues, the sufficiency of the evidence, the severity of the condition, and the individual's residual functional capacity. The formal hearings are held in private, normally attended only by the claimant, his/her representative, if any, the medical and vocational experts, the hearing monitor, and the judge. While hearings vary in length depending on the complexity of the case, the average hearing lasts approximately one hour. Whenever possible ODAR tries to schedule the medical expert to appear in several hearings on the same date. Occasionally, the judge may decide to elicit the medical expert's testimony through a brief interrogatory rather than a personal appearance. A list of the current fees may be obtained from ODAR.

The ODAR in Indianapolis has experienced a significant increase in its workload, and currently has approximately 10,000 cases pending hearing and decision. With the continued growth of our caseload we have a greater need and demand for medical experts. For this reason, ODAR is recruiting IMS Members. At the present time, several distinguished doctors from the Indianapolis area serve on our medical expert panel. Although the fees allowed are modest, most of them consider this service personally and professionally rewarding, and we are confident that, if contacted, they will encourage their colleagues to serve in this capacity.

If you are interested in obtaining more information about this program, please contact Donna Charles, Acting Hearing Office Director, at 866-931-4820 extension 19403. If you wish to apply to become a medical expert, contact Ms. Patricia Bratton at our Regional Office in Chicago, (312) 886-5237. The Regional Office is responsible for processing the application to participate in the program.

Discovery of Enzyme Activation Process Could Lead to New Heart Attack Treatments

Researchers at the Indiana University and Stanford University schools of medicine have determined how a "chemical chaperone" does its job in the body, which could lead to a new class of drugs to help reduce the muscle damage caused by heart attacks.

Such drugs would work by restoring the activity of a mutated enzyme, rather than taking the more common approach of blocking the actions of a disease-related protein.

The team, led by Thomas Hurley, Ph.D., associate chair and professor of biochemistry and molecular biology at IU, and Daria Mochly-Rosen, Ph.D., professor of chemical and systems biology at Stanford, report in the journal *Nature Structural Biology* published online January 10 that the compound, called Alda-1, acts much like a shim to prop up a mutated form of a key enzyme, restoring the enzyme's function.

The enzyme, called ALDH2, plays an important role in metabolizing alcohol and other toxins, including those created by a lack of oxygen in the wake of a heart attack. It also is involved in the metabolism of nitroglycerin, which is used to prevent chest pain (angina) caused by restricted blood flow and oxygen to the heart.

However some people, including about 40 percent of people of East Asian descent, carry a mutated form of the ALDH2 enzyme that does not carry out its intended functions well. People with the mutated form of the enzyme are at increased risk of cardiovascular damage.

The IU and Stanford team reported in 2008 in the journal *Science* that in laboratory tests Alda-1 bypassed the body's usual signaling system and activated the ALDH2 enzyme directly, reducing damage to heart muscle tissue. That finding

raised the possibility of new treatments for heart attacks, methods to protect hearts during open heart surgery, organ transplants, stroke and other situations in which blood flow is interrupted.

Their current paper describes how Alda-1 activates the ALDH2 enzyme in a process that Dr. Hurley likens to a woodworking procedure in which Alda-1 attaches to the ALDH2 enzyme at a crucial spot and acts like a shim or wedge to prop it up.

Determining how the Alda-1 compound works will enable the researchers to begin working on alternative compounds that hold more promise as potential drugs. One primary improvement needed is the ability to give the drug orally, rather than by injection, Dr. Hurley said.

He predicted that alternative compounds could be available for testing by mid-2010.

The research was supported by grants from the National Institute of Alcohol Abuse and Alcoholism at the National Institutes of Health.

To view a related graphic or video, visit: <http://www.medicine.indiana.edu/newsPrint/011110.html>.

St. Francis Visitors' Night Access Change Enhances Hospitals' Security

St. Francis Hospital & Health Centers is poised to change its night visitors' access to its hospitals in Indianapolis, Beech Grove and Mooresville, effective February 1, 2010.

Non-employees arriving from 9 p.m. to 5 a.m. will enter the hospitals through the emergency departments with parking available near those areas. An attendant will be stationed near the departments and visitors will sign in and asked what area of the hospital they are visiting.

After approval, visitors will be given a temporary name tag to wear while they are in the facility.

Hereditary Factors Contribute to Aneurysm Formation in Twins. Heredity for Aneurysm Is Much Stronger Among Identical Than Fraternal Twins

A new study in the January issue of the *Journal of Vascular Surgery*®, published by the Society for Vascular Surgery®, reveals robust epidemiological evidence that hereditary factors contribute to aneurysm formation in twins.

Researchers in Sweden reviewed the data of 172,890 twins born in that country since 1886 and found 265 twins who had developed abdominal aortic aneurysms (AAAs). These individuals ranged from 48 to 94 years of age; 81 percent were male. Carl Magnus Wahlgren, MD, PhD, from the department of vascular surgery at Karolinska University Hospital in Stockholm, said that this was the largest AAA population-based twin study to date.

Researchers also reviewed the data for twins with AAA ages 55 years and older, then possibly excluding genetic connective tissue disorders such as Ehler-Danlos and Marfan syndrome, the odds ratio still was significantly higher for identical as opposed to fraternal twins. Heritability of 70 percent of the total trait variance was estimated and the remaining variance was explained by non-shared environmental factors with no support for a role of shared environmental influences.

The study had only one female concordant twin pair with AAA; researchers said they could not draw any conclusions about a possible stronger heritability in men or women. They noted that in other regions the proportions of type of effects could differ because of environmental factors; also in the cases of aneurysmal disease with several genetic and environmental factors, the liability model assumes that the disease will occur when there are enough contributory factors to push the individual's liability above the threshold.

According to the authors, this study emphasizes the importance of evaluating family history in patients with AAA and supports ultrasound scan screening of unaffected siblings.

IMS

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CME & Conferences

Community Hospitals Indianapolis

Community Hospital East

First Critical Care Conference
Wednesday Medical Staff Conf. Room, 12:00 - 1:00 p.m.

Second Medical Grand Rounds
Wednesday Medical Staff Conf. Room, 12:00 - 1:00 p.m.

Community Hospital South

Fourth Medical Grand Rounds
Thursday Conf. Rooms A & B, 7:30 - 8:30 a.m.

Community Hospital North

First Pediatric Grand Rounds
Wednesday Multi Services Rooms 1, 2 and 3,
7250 Clearvista Dr. 7:30 - 8:30 a.m.

First North Forum
Friday Reilly Board Room; 12:00 - 1:00 p.m.

The Indiana Heart Hospital

Third Ken Stanley CV Conference
Wednesday 7-8 a.m., rotate between TIHH and CHE
Every month

Day varies Cath Conference
Every other month 7-8 a.m., TIHH MCV Boardroom

Cancer Conferences 2010

Community Hospital East:

First Cancer Conference East (case presentations)
Tuesday Medical Staff Conf. Room, 12:00 to 1:00 p.m.

Second Chest Conference (site specific-lung)
Wednesday Cancer Registry Conf. Room, 7:00 to 8:00 a.m.

Community Hospital North

Third Cancer Conference North (case presentations)
Wednesday Reilly Board Room, 12:00 - 1:00 p.m.

Third Breast Conference North (site specific-breast)
Friday Reilly Board Room, 12:00 to 1:00 p.m.

Fourth Chest Conference North (site specific-lung)
Wednesday Reilly Board Room, 7:00 to 8:00 a.m.

Community Hospital South

First Breast Conference South (site specific-breast)
Wednesday Center for Women's Health, 8:00 to 9:00 a.m.

Third Cancer Conference South, (case presentations)
Wednesday President's Board Room, 12:00 to 1:00 p.m.

North Cancer Pavilion

Third Melanoma & Cutaneous Skin Cancer Tumor Conf.
Wednesday Pavilion Conf. Room, 7:30 to 8:30 a.m.

For more information, contact Valerie Brown, (317) 355-5381.

JWM Neurology

Saturday, March 13, 2010
"Neurology Connection 2010" Seminar for Physicians

This half-day course covers 9 topics relative to neurologic conditions, sleep disorders and interventional pain management. For more information contact JWM Neurology at 317-308-2828 ext., 1604

Please submit CME to mhadley@imsonline.org by the first of the month preceding publication.

Clarian Health Partners

IU - Methodist - Riley

Feb. 26 33rd Arthur B. Richter Conference: Stress Response
Syndromes in Children & Adolescents
The Ritz-Charles, Carmel

May 14 13th Annual IU Gastroenterology/Hepatology Update
Indiana History Center, Indianapolis

May 19-20 45th Annual Riley Hospital for Children
Pediatric Conference
Crowne Plaza Hotel, Indianapolis, Indiana

June 3-4 Garceau-Wray 2010
University Place Conference Center
Indianapolis, Indiana

July 16 Review and Interpretation of the
2010 ASCO Meeting
University Place Conference Center, Indianapolis

Course dates and locations are subject to change. For more information, please visit <http://cme.medicine.iu.edu> or call 317-274-0104.

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We have more than 100 recurring meetings available. For a listing or more information, please visit <http://cme.medicine.iu.edu> or call 317-274-0104.

St. Francis Hospital & Health Centers

Colon & Rectal Journal Club

This is part of the curriculum of our Colon Rectal Surgery Residency Program and will be held every other month at rotating locations of St. Francis Indianapolis & Mooresville.

The next session will be **Thursday, February 4, 6 pm**, St. Francis Indianapolis, 8111 South Emerson Avenue, Indianapolis, Indiana 46237.

Feature article: *Transanal Endoscopic Microsurgery Resection of Rectal Tumors: Outcomes and Recommendations*. Tsai, Ben M.; Finne, Charles O.; Nordenstam, Johan F.; Christoforidis, Dimitrios; Madoff, Robert D.; Mellgren, Anders. *Diseases of the Colon & Rectum*, January 2010,53(1):16-23. Original Contribution

St. Francis Hospital & Health Centers is accredited by the Indiana State Medical Association to sponsor continuing medical education. St. Francis Hospital & Health Centers Medical Education Department designates this educational activity for 1 AMA PRA Category 1 credit(s)TM. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Contact for additional information and RSVP: Cindy Crump, Fellowship Coordinator, Kendrick Regional Center, 317-834-9618, Cindy.c@kendrickcenter.com

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March 12 & 13 Pediatric Conference with St. Mary
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March 12 Treatment Challenges in the Elderly
6.0 credit hours
The Fountains Banquet Hall
For more information contact Kathy Frank at 630-8183

March 13 Neurology Connection
5.25 credit hours
The Marten House
Contact Abby Marmion at 755-1852 for more information

Meetings & Events

Indianapolis Medical Society

February

- 2 IMS Board, Society, 6:00 p.m., Social; 6:30 p.m., Dnr/Mtg.
- 16 Executive Committee, Society, 6:30 p.m., Sandwiches; Activate Nominating Committee @ this EC Mtg.

March

- 1-13 **Pitch-in for Project Health**
On-line auction (www.cmarket.com) to raise funds for Project Health. Sponsored by Channel 13 & Clarian Health
- 2 AMA President's Forum Grand Hyatt, Washington, DC (Pres & Pres-Elect) precedes Advocacy Conf.
- 2-3 National Advocacy Conference, Washington, DC
- 10 Senior/Inactive Luncheon Meeting, Noon, Society, Speaker TBD
- 16 Executive Committee, Society, 6:00 p.m., Sandwiches. Nominating Committee following EC.
- 30 **Happy Doctor's Day!**


April

- 19 Alliance Delivery of Roses & Candy – Staff Appreciation Week (Administrative Professional's Day, Wednesday, April 21)
- 20 Executive Committee, Society, 6:00 p.m., In Combination with IMS Board Meeting
- 20 IMS Board, Society, 6:00 p.m., Social; 6:30 p.m., Dnr/Mtg.

May

- 1 Alliance Scholarship Deadline
- 18 Executive Committee, Society, 6:00 p.m., Sandwiches
- 23 IMS Advisory Breakfast, 7:30 a.m. ... prior to BOT
- 23 ISMA BOT, 9:00 a.m., ISMA Headquarters
- TBA MSE Board Meeting, Society, 6:15 p.m., Sandwiches

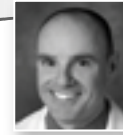
June

- 1 IMS Board, Society, 6:00 p.m., Social; 6:30 p.m., Dnr/Mtg.
- 9 Senior/Inactive Luncheon Meeting, Noon, Society
- 12-16 AMA House of Delegates Annual Meeting, Chicago, IL
- 15 Executive Committee, Society, 6:00 p.m., Sandwiches
- TBD Alliance – Scholarship Interviews
- TBD Project Health Board Meeting, Society, 6:00 p.m., 

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Project Health

Carrie Jackson Logsdon, Director

Thank you, Jeffrey L. Pierson, MD



Project Health's doctor of the month for February is Jeffrey L. Pierson, MD, of Joint Replacement Surgeons of Indiana. Doctor Pierson grew up in Covington, Indiana. His first big entree into medicine was when he was a freshman in high school, and he came down with Guillian Barré Syndrome. "I interacted with a lot

of doctors and hospitals and the seed was planted." It lasted about three months but he says, "when you're in a small town, I was really mad that I couldn't play on the football team."

Dr. Pierson decided to attend DePauw University for his undergraduate studies because he had good friends there, visited the campus and liked it. "No one in my family went to college, so this was very exciting," he says. "At DePauw I thought I wanted to go to medical school, so I did some internships and learned that it would be the best option for me."


"The best experience I had was at Johns' Hopkins, one of the few places that it as good as its reputation. It's in the middle of the inner city of Baltimore, so there's an incredible environment for learning with the pool of general patients; then, down the hall would be Saudi sheiks with very rare "exotic" illnesses. The Faculty is excellent and committed to education and teaching." He always felt he wanted to do surgery. He met a few people who were exceptionally stimulating mentors and made the whole field of orthopaedics open up to him.

He did his residency in orthopaedic surgery at the Hospital for Special Surgery in New York and a fellowship at Massachusetts General Hospital in Boston. "I was very fortunate to have the opportunity to train under some

of the finest hip and knee replacement surgeons in the world." "I came very close to taking a job in New York after I completed my training, but I'd been away 10 years and I have those Midwestern values and roots, so I came home to Indiana and never regretted that decision." Dr. Pierson has three children aged 19, 18, and 16, a boy and two girls. His son is away at the University of Georgia. "He is really interested in biological sciences and majoring in ecology.

Dr. Pierson has been involved with mission work for several years. "It is called Operation Walk, started locally by my friend Merrill Ritter, MD." They go down to Cuba, Guatemala and Nicaragua once a year for about a week and do 50-60 knee replacements. "The people are so grateful, as we are, for the opportunity to work down there. It makes you much more appreciative of life and the opportunities we have back here in the U.S. If you don't ever see other situations, you don't realize what you have here, and we tend to take all that we have in this country for granted."

"We realize that there are people in our own communities that need help, too. We don't always need to travel around the globe to find good people in need of our help. We have many privileges here and it is nice to give something back locally. That's why I volunteer for Project Health." He says the patients have been wonderful. "It is very clear that these are people just like us, except we have had good fortune and they are just down on their luck. They are easy to work with, and very cooperative with a positive attitude. It is a privilege to help them," says Dr. Pierson.

Project Health is privileged to have you, Dr. Pierson, and 1,000 other doctor volunteers in our program. Thanks to all of you. 

Mark Your Calendars – Tell Everyone You Know – March 1-13

Pitch-in for Project Health

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* Access is available through Medical Assurance of Indiana - ISMA's endorsed professional liability carrier.

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Jon D. Marhenke (2012)*
Anthony W. Mimms (2012)
Stephen W. Perkins (2012)
Bridget M. Sanders (2012)

*Appointed from the President's Advisory Council

Delegates to the State Convention, September 2010, Indianapolis

The year shown in parentheses indicates year in which the term expires following the conclusion of the ISMA Annual Convention.

Thomas A. Broadie (2010)
Marc E. Duerden (2010)
Ted W. Grisell (2010)
David C. Hall (2010)
Ronda A. Hamaker (2010)
James F. Leland (2010)
Frank P. Lloyd (2010)
Susan K. Maisel (2010)
John P. McGoff (2010)
Thomas E. McSoley (2010)
John J. Wernert (2010)

Mary D. Bush (2011)
G. Gregory Clark (2011)
Carolyn A. Cunningham (2011)
David R. Diaz (2011)
Jonathan A. Fisch (2011)
Richard K. Freeman (2011)
Bruce M. Goens (2011)
Hubner Hobbs (2011)
Robert M. Hurwitz (2011)
Paul D. Isenberg (2011)
Marc R. Kappelman (2011)
Alan P. Ladd (2011)
Daniel E. Lehman (2011)
Mary Ian McAteer (2011)
Clement J. McDonald III (2011)
James D. Miner (2011)
Maria C. Poor (2011)
Richard H. Rhodes (2011)

Linda Feiwell Abels (2012)
Christopher D. Bojrab (2012)
Kathy S. Clark (2012)
John C. Ellis (2012)
Alan R. Gillespie (2012)
Robert J. Goulet, Jr. (2012)
C. William Hanke (2012)
Gerald T. Keener, Jr. (2012)
David H. Moore (2012)
Robert Michael Pearce (2012)
J. Scott Pittman (2012)
Bridget M. Sanders (2012)
John F. Schaefer, Jr. (2012)
Tim E. Taber (2012)
H. Jeffery Whitaker (2012)

Alternate Delegates to the State Convention, September 2010, Indianapolis

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F. Keith Bean (2010)
Benjamin J. Copeland (2010)
Woodrow A. Corey (2010)
Sheila M. Gamache (2010)
Andrea L. Haller (2010)
Mark M. Hamilton (2010)
Timothy L. Hobbs (2010)
Andrew A. Johnstone (2010)
RoseMarie Jones (2010)
Martin Kaefer (2010)
Jeffrey J. Kellams (2010)
Anthony W. Mimms (2010)
Kimberly K. Short (2010)
Louis L. Winternheimer (2010)
Ronald L. Young, II (2010)

Keenan R. Berghoff, (2011)
Christopher B. Doehring (2011)
Thomas G. Ferry (2011)
Ann Marie Hake (2011)
Robert E. Holt (2011)
Douglas J. Horton (2011)
E. Michael Keating (2011)
Ramana S. Moorthy (2011)
Michelle W. Murphy (2011)
Mercy O. Obeime (2011)
Rudolph Y. Rouhana (2011)
Lynda A. Smirz (2011)
Allison E. Williams (2011)

Nancy R. Baird (2012)
Jennifer J. Bucki (2012)
Stephen R. Dunlop (2012)
John Duplantier (2012)
Robert S. Flint (2012)
Norrissa N. Howard (2012)
Mark U. Kyker (2012)
Terry L. Layman (2012)
Patrick J. Lotti (2012)
Mark R. Ogle (2012)
Terri A. Pellow (2012)
David M. Ratzman (2012)
Jeffrey M. Rothenberg (2012)
Beata E. Samuel (2012)
Steven Richard Smith (2012)
Abideen Yekinni (2012)

Indiana State Medical Association Past Presidents

Jon D. Marhenke 2007-2008
Bernard J. Emkes, 2000-2001
Peter L. Winters, 1997-1998
William H. Beeson, 1992-1993
George H. Rawls, 1989-1990
John D. MacDougall, 1987-1988
George T. Lukemeyer, 1983-1984
Alvin J. Haley, 1980-1981

Indiana State Medical Association House of Delegate

Vice-Speaker, ISMA
John J. Wernert (2009-2010)

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Project Health Needs You!

This is going to be a tough year for funding. The economy has forced some funders to cut back dramatically and others to close their doors to grants this year entirely. That's why Project Health started an individual donor campaign. Many of you have already given – **THANK YOU**. But there is still a long way to go. **Donations are tax deductible** and checks should be made to the Indianapolis Medical Society Foundation's Project Health.

As most IMS members know, Project Health is the largest and longest charitable project the Indianapolis Medical Society Foundation has ever undertaken. Because of the medical talent of Project Volunteers, true "miracles" have occurred. We are all very grateful for being able to be witnesses to these life-changing treatments. So, to all volunteer physicians, our sincere Thank You! As of January 1, 2010, the 1,000 volunteer doctors, hospitals and labs have contributed more than \$14 million in care to Project Health patients.

Don't forget to put **Pitch in for Project Health** on your calendars, **March 1-13th**. Project Health, with the help of WTHR-TV and Clarian is holding an on-line auction. This is not only a fundraiser – it is a way for members, family, and colleagues to get some wonderful and unusual prizes for bargain prices. Get that special gift for someone. Browse the catalog by going to projecthealth@cmarket.com. The catalog changes daily as new prizes come in. Then March 1 – 13th you have a chance to bid on these items, such as a 20-person wine tasting party at Chateau Thomas, jewelry, vacations, sports packages and more.

To make a straight tax deductible donation to Project Health Call the Society Office at 639-3406 or use the donation form on page 11 of this issue.

Let your family, friends and colleagues know about the **Pitch-in** ...

www.projecthealth.cmarket.com

Graden “Mark” Collis 1962 - 2010

Surrounded by special friends, Graden “Mark” Collis, who lived by the motto “You’ve got to be a friend to have a friend,” of Mooresville, Indiana, was carried on angels’ wings to heaven January 9, 2010 after a courageous three year battle with a brain tumor. He received weeks of great care at St. Francis Hospital, Mooresville, & IU Hospital, Indianapolis. Mark, age 47, was born in Warner Robbins, Georgia, October 30, 1962.

When he was 28 years old, he married ‘Becky’ Collis, IMS Receptionist.

Mark was in the Air Force and honorably discharged August, 1987, at the rank of Sergeant from the Air Force. Mark had a passion for aircraft and obtained his private pilot’s license. With an A&P license, he worked for Muse Air, TranStar and then 18 years with United Air Lines. Following the tragedy of 9/11 and the economic downturn in the airline industry, Mark made a career change. He received his HVAC certification, and he was blessed to work for Airtron with an amazing group of new friends.

Our hearts and prayers are with Becky and Mark’s family.

No doubt, Mark is making new friends in heaven.



Top left: Mark at home in his “airplane room” with images of his tumor.

Middle: Mark and one of their beloved dogs.

Lower left: Mark and Becky on holiday.

Bottom right: Airtron Fleet honoring Mark at his service January 14, 2010.

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Photo Gallery

*Happy Valentine's Day
IMS Members, families
and staffs*

Bernard J. Emkes, MD, "Perfect Heart Cactus." Please submit photos for our gallery and covers by emailing ims@imsonline.org.

Do You Know a Deserving Doc?

It's time to recognize your colleagues for the good works they do ... Since 1976, the Indianapolis Medical Society has been acknowledging one individual member for his/her outstanding contributions to our community through volunteer service. In 1982, the Community Service Award was renamed to honor Dr. Otis R. Bowen in recognition of his outstanding contributions to our profession, community and country. In keeping with the ideals exemplified by Dr. Bowen, our Otis R. Bowen Award recipients have distinguished themselves beyond the practice of medicine through volunteerism. In 1999 the Bowen Award was expanded to give recognition to physician groups for their outstanding service to the community. *It really is time to tell your colleagues ... Thank you.*

2010 Otis R. Bowen Community Service Award Nomination Form

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Name of Individual Physician (please print)

Address or phone number of physician

My Nomination for Physician Group for The Otis R. Bowen Physician Group Service Award is:

Name of Physician Group (please print)

Address and phone number of physician group

Your Name (please print)

Phone number where you may be reached

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