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# Bulletin



**Same Zip Code,  
Different Worlds**

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President-Elect  
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Associate Editor, *The IMS Bulletin*  
Marcia K. Hadley

*The Bulletin* invites news from and about members of the Indianapolis Medical Society. Copy deadline: First of the month preceding month of publication.

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#### ATTENTION SOCIETY MEMBERS

We like to feature photographs or other artwork shared by IMS members on the cover of *The Bulletin*. Submit photographs, artwork, etc., to Beverly Hurt at the Society Office, [bhurt@imsonline.org](mailto:bhurt@imsonline.org).

*The Bulletin* is your magazine. Share your views by submitting reprints of your published articles; articles written expressly for *The Bulletin*; quips; short stories; brief comments; ideas; cartoons, etc.

Remember the *Indianapolis Medical Society Foundation* when planning your will. (Contribution form included in this issue.) Unless otherwise specified, your contribution will be directed toward medical scholarships.

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# in this issue

## Special Features

### President's Page

*History of Psychiatry in Indiana*

Jeffrey J. Kellams, MD ..... 7

### Leadership Profile

Jeffrey J. Kellams, MD ..... 8

### 50-Year Members Honored ...

September 16, 2010 ..... 11

### Did You Know ...

Special Information for Members ..... 16

In Summary ..... 18

### Project Health

*Thank you, Keeter D. Sechrist, MD*

Carrie Jackson Logsdon, Director ..... 22

### IMS Pictorial Roster

Special Members Photo Offer ..... 27

### September IMS Birthdays

Happy Birthday, Members! ..... 28

## Departments

About Our Cover .....	5
Advertisers' Index.....	30
Bulletin Board.....	11
Classified Advertising.....	<a href="http://www.imsonline.org">www.imsonline.org</a>
CME & Conferences.....	20
IMS Foundation .....	30
IMS Leadership .....	24
In Memoriam.....	14
New Members .....	12

### about our cover



This thought-provoking photograph, "Same Zip Code, Different Worlds," was taken by Debbie Winchester, Debbie Winchester Photography.

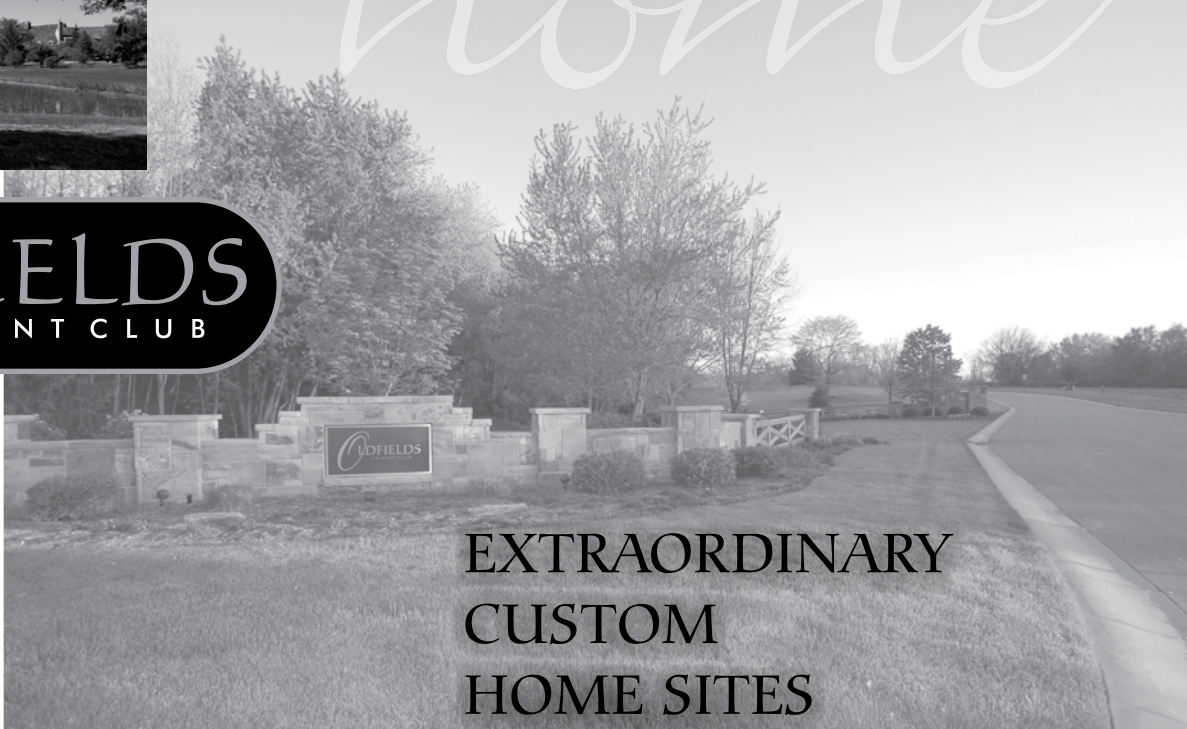
The concept was Dr. Kellams' and it illustrates his focus and philosophy for the coming year.

Maybe, and somewhat surprisingly to you, the photograph was taken next door to your IMS Headquarters. Mental Health illnesses do affect one in four and maybe right in your Zip Code. The family next door?

For Dr. Kellams vision for the coming year, please see his President's Page Message, page 7, and his Leadership Profile featured on page 8.

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## History of Psychiatry in Indiana

As I indicate in my leadership profile, (*page 8 of this issue*) I am planning on focusing in the *IMS Bulletins* the subject I know best: psychiatry and its many facets. There are obviously financial, national, and legislative matters that could be covered in these monthly statements, but for those you have the *AMA News*, *ISMA Reports*, and the like providing much more in depth analysis than I could convey.

This month I would like to review the history of psychiatry in Indiana and follow its progression to psychiatry as we know it today. Psychiatric illness is documented even in the writings of Plato and Socrates. The Greeks and Romans, however, ignored such illness and banished those afflicted into the countryside. Psychiatric hospitals per se actually date back to 750 AD in Arabia. Indiana saw its first psychiatric hospital constructed in 1841. It was referred to as "The Indiana Hospital for the Insane." This was one of the first fifteen asylums in the country and until its demise in the mid 1990's, it was the oldest state hospital west of the Alleghenies. It was later to be known as Central State Hospital and provided 160 acres for its 2600 residents. The philosophy of treatment was that of "moral therapy." Keep in mind psychiatric diagnosis was primitive and treatment involved confinement of patients in hospitals with large acreage, which was heavily landscaped so as to provide a sense of peace and tranquility where one could address the conflicts of the mind. This was indeed the standard of care in the poorly understood science and subspecialty of medicine called psychiatry at that time.

Fifty years later, the Pathology Building was constructed on the grounds of the Indiana Hospital for the Insane. The building was dedicated in 1896 and was devoted to research and the quest for the causes of mental illness. It was regarded as one of the finest research labs in the world devoted to psychiatry. Interestingly, the building would not have been constructed had the hospital superintendent not deviated funds against the state legislature's wishes from the general operating expenses to the construction of the "Old Pathology Building." This building is the only surviving structure on the former Central State Hospital grounds and is now 114 years old and is on the national historic registry of buildings. Central State Hospital was the new name given to the hospital in 1927. It was also referred to as "Seven Steeples" because of its classic Gothic architecture. In reality, however, there were actually eight steeples even though only seven could be seen from any single vantage point.

Other state hospitals followed in due course with specialization of some. Norman Beatty Hospital was for the criminally insane. Muscatatuck State Developmental Center was primarily for those with mental retardation and epilepsy. The Fort Wayne Developmental Center was for younger patients with mental retardation and developmental disabilities. In total, there evolved eleven state hospitals the most recent of which was Larue Carter Hospital, which was

devoted to "clinical care, student education and research." This was the last state hospital to be constructed and opened in 1951.

Private psychiatry began to emerge in the 1940's. The old Norway's Hospital on the near east side of Indianapolis functioned from the mid 1940's through the mid 1950's. As this facility faded, Methodist Hospital developed prominent psychiatry services and was a leader in the specialty until the early 1980's when the St. Vincent Stress Center came into prominence. An unsuccessful marriage between the Stress Center and Community North left the Stress Center in decline with Community North picking up the gauntlet for psychiatry. Significant also was the year 1955 when Thorazine became available. That was also the year when patients in state hospitals nationwide peaked at half a million. That number has been declining ever since and slowly, but certainly, state hospitals also began diminishing. This closure of state hospitals began accelerating further then with the Mental Health Center Act under John F. Kennedy in the early 1960's. One by one state hospitals began fading. Their large populations of patients, many with several thousand each, began declining. At present there are only five state hospitals remaining in Indiana with only one to two hundred patients each. This has occurred due to multiple factors: changes in treatment philosophy, development of mental health centers with wrap-around services, psychopharmacology, and improved understanding of and acceptance of the mentally ill by the general public so they can be folded into the community.

In our own backyard, another significant event occurred which advanced the specialty of psychiatry. After 22 years in development, Lilly introduced Prozac and by serendipity the timing was perfect. Suddenly, psychiatric illness was not by choice but was chemically mediated. Suddenly, it was appropriate to seek treatment and to even talk about one's psychiatric illness. A hundred years later, the "research" for which the "Old Pathology Building" at Central State Hospital had been constructed was finally producing results three miles east off Washington Street in another lab pioneered by another researcher, Colonel Eli Lilly.

Like every medical specialty, psychiatry has its own history and this history varies some and yet has some similarities also from state to state. There is much more history I could add to the bare bones of Indiana psychiatric history that I have by necessity only glossed over lightly. I hope that what I have provided, however, conveys the fact that psychiatry is an evolving science that began rather crudely, but has advanced over the last 150 years to stand alongside the shoulders of all the other medical specialties as well.

In the next *IMS Bulletin* I will review the development of the mental health centers and the philosophy and variety of services they provide.

# Leadership Profile

– Jeffrey J. Kellams, MD, IMS President

Forty years of psychiatric practice have taught me that I am fortunate to have a stable and normally functioning brain. This was initially conveyed to me during my junior clerkship in psychiatry in the late 1960's. Psychotropic medications were just coming into focus (Thorazine, Stelazine, Lithium, for example) and the entire specialty of psychiatry was to never be the same. I was fortunate enough to have appeared on the scene at that moment, and as a result, deviated from family practice and internal medicine into the abyss of psychiatry and the frontiers of neurochemistry. It was obvious even then that brain chemistry was fragile and responsible for our day to day stability. This was further verified by my close mentorship with Drs. Joyce and Iver Small, psychiatrists who were both biologically trained and oriented in their management of major psychiatric illnesses. This was a mentorship that persisted for the next thirty years and greatly impacted my philosophy of treatment as well as my service to the community.



Over the ensuing years, my medical horizons expanded and became quite varied and included private practice, academic appointment as a professor in the very department in which I had trained, medical directorships at Valle Vista Hospital, Larue Carter Hospital, and Midtown Mental Health Center, and the teaching and mentoring of hundreds of medical students and dozens of psychiatric residents many of whom are now practicing alongside me as fellow psychiatrists.

Through all this, however, I have continued to be humbled by the devastation that psychiatric illness can bring upon one and upon one's family. These are illnesses that play no favorites. One in four of all adults including physicians will sometime in the course of their life experience a major and diagnosable mental illness. And, whether we are the unfortunate one afflicted, or we are the family of one afflicted, we are all impacted by the dysfunction, social chaos, financial costs, and societal tragedy that such an illness can engender. It is for this reason that as the new president of the Indianapolis Medical Society I would propose that as IMS Members and as fellow physician colleagues we focus over the next twelve months on the mental health of our community. Accordingly, I have elected to forego the usual grand and customary inauguration and utilize the funds and energy that goes into such an event for service and benefit the IMS can provide for those less fortunate because of chronic mental illness. This

is a theme I would encourage us to expand upon, as we already are with Project Health, and can do in so many other ways as well.

The IMS needs to emphasize not only quality and holistic care, but humanism, compassion, and readiness to serve the needs of all those for whom we were trained as physicians. I look forward to working with the leadership of the IMS and all **IMS Members** this year. I do want to hear from you! Call the IMS at 639-3406, visit with us at meetings and help us grow!

## *Bio Sketch ...*

Jeffrey J. Kellams, MD, the 137<sup>th</sup> President of the IMS, is a Professor of Clinical Psychiatry at the Indiana University School of Medicine, Chief of Psychiatric Services and Staff Psychiatrist at Wishard Health Services, and is the Medical Director of Midtown Mental Health Center in Indianapolis.

Since 1972, Dr. Kellams has been a member of the Indiana University Department of Psychiatry and has participated in numerous clinical trials involving antidepressants, antipsychotics and mood stabilizers. He has co-authored numerous

articles revolving around these trials and is a frequent speaker to professionals on various topics of psychopharmacology. At the present time in his role as Medical Director, he is involved in facilitating further research at the Midtown Mental Health Center and the education of medical students and psychiatry residents.

Dr. Kellams is a past president of the Indiana Psychiatric Society and is a member of the Society of Biological Psychiatry as well as a distinguished life fellow of the American Psychiatric Association. He has had an active role in the leadership of the Indianapolis Medical Society (Secretary/Treasurer 2007-2009, ISMA Alternate Delegate 2007-2010), beginning with his election to the Board of Directors in 2004

Dr. Kellams is a graduate of the University of Indianapolis, earning his BA in Biology/Chemistry in 1967. His Doctorate of Medicine was completed at the Indiana University School of Medicine in 1971. He served his rotating internship at Ball Memorial Hospital and completed his psychiatry residency at the Indiana University School of Medicine, 1972-1975. In addition to his work at IU, Wishard and Midtown, Dr. Kellams is currently on the staff at Methodist Hospital (Clarian) and in the past has served at Larue Carter and Valle Vista Hospitals.

Dr. Kellams and his wife, Connie, RN, MSN, reside in Indianapolis and have two sons, Christopher and Adrian.

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# Bulletin Board

Lucia M. Spears, MD, and Phyllis I. Schmidt, MD, will no longer see patients at Solis Indianapolis Breast Center after September 17, 2010. Breast imaging services and medical records will still be at the site.



Phyllis I. Schmidt, MD



Lucia M. Spears, MD



Dale E. Theobald, MD

Dale E. Theobald, MD, Community Cancer Care and the Community Helath Network, was a co-author of "Effect of Telecare Management on Pain and Depression in Patients with Cancer: A Randomized Trial. The study was supported by a grant from the National Cancer Institute.

*Please send submission for the Bulletin Board to [mhadley@imsonline.org](mailto:mhadley@imsonline.org) by the first of the month preceding publication. Inclusion is on a space available basis and it is limited to members in good standing of the IMS.*

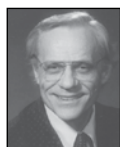
## 50-Year Members Honored



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Richard W. Campbell, MD



Martin Fundenberger, MD



James C. Harris, MD



Eugene M. Helveston, MD



Bruce J. Hopkins, MD



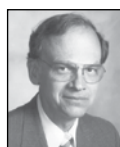
Robert M. Hurwitz, MD



William O. Irvine, MD



Suzanne B. Knoebel, MD



Karl M. Koons, Jr., MD



E. Henry Lamkin, Jr., MD



Richard E. Lindseth, MD



Omkar N. Markand, MD



Elizabeth R. Ruben, MD



Donald E. Russell, MD



Richard L. Schultheis, MD

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Henry N. Wellman, MD



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# New Members

**Barad, Udaykamal H., MD**  
Fellowship – I.U. School of Medicine  
Diagnostic Radiology  
Vascular & Interventional Radiology  
Neuroradiology  
B. J. Medical College, India, 2003



**Bowman, Kenneth D., MD**  
(Reactivation)  
IN Radiology Partners  
714 N. Senate Ave., #100  
46202-3297  
Ofc – 715-6402

Fax – 715-6415  
Diagnostic Radiology, 2005  
Indiana University, 2000

**Colvin, Sarah K., MD**  
Resident – St. Vincent Hospital  
Obstetrics & Gynecology  
Indiana University, 2010

**Conant, Marjorie M., MD**  
Resident – I.U. School of Medicine  
Internal Medicine  
American University of the  
Caribbean, Montserrat, 2009

**Cox, Jeffrey A., MD**  
Resident – St. Vincent Hospital  
Family Medicine  
Indiana University, 2009

**Cronin, Olivia H., MD**  
Resident – I.U. School of Medicine  
Emergency Medicine  
Loyola University, 2009

**Dougherty Schaab, Bryrony L., MD**  
Resident – St. Vincent Hospital  
Obstetrics & Gynecology  
Indiana University, 2010

**Erb, Jillian K., MD**  
Resident – St. Vincent Hospital  
Family Medicine  
Indiana University, 2010

**Fearnot-Kligerman, Annette C., MD**  
Resident – St. Vincent Hospital  
Family Medicine  
Wright State University, 2010

**Harris, Kim S., MD**  
Resident – St. Vincent Hospital  
Obstetrics & Gynecology  
Indiana University, 2010

**Jones, Rachel M., MD**  
Resident – St. Vincent Hospital  
Obstetrics & Gynecology  
Indiana University, 2010

**Lewis, Max E., MD**  
Resident – St. Vincent Hospital  
Family Medicine  
Indiana University, 2010

**Nobari, Matthew M., MD**  
Resident – St. Vincent Hospital  
Internal Medicine  
Indiana University, 2008

**Rau, John C., MD**  
Resident – St. Francis Hospital  
Family Medicine  
Indiana University, 2010

**Reidy, Tobi J., DO**  
Fellowship – Kendrick Regional Center  
Colon & Rectal Surgery  
General Surgery  
Nova Southeastern University,  
Florida, 2005

**Ridderman, Dayna N., MD**  
Resident – St. Vincent Hospital  
Family Medicine  
Indiana University, 2010

**Sprague, Erica D., MD**  
Resident – St. Vincent Hospital  
Obstetrics & Gynecology  
Medical College of Ohio, 2010

**Sweeny, Brendan K., MD**  
Resident – St. Francis Hospital  
Family Medicine  
Indiana University, 2010

**Teague, Michael E., MD**  
Resident – St. Francis Hospital  
Family Medicine  
Indiana University, 2010

**Troutwine, Bethany R., MD**  
Resident – St. Francis Hospital  
Family Medicine  
University of Illinois, 2010

**Walker, Robert N., MD, MPH**  
Irvington Radiologists, PC  
7340 Shadeland Station, #200  
46256-3980  
Ofc – 579-2150  
Fax – 579-2135  
Web – [www.irvingtonradiology.com](http://www.irvingtonradiology.com)  
Diagnostic Radiology, 2009  
Neuroradiology  
University of Illinois, 2004

**Wright, Elizabeth A., MD**  
Resident – St. Francis Hospital  
Family Medicine  
Indiana University, 2010



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**Christopher Doran, MD**  
Interventional pain management physician

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**Daniel Fulkerson, MD**  
Adult & pediatric neurosurgeon

**Randy Gehring, MD**  
Neurosurgeon

**Peter Gianaris, MD**  
Neurosurgeon

**Eric Horn, MD, PhD**  
Neurosurgeon

**Steven James, MD**  
Neurosurgeon

**Saad Khairi, MD**  
Neurosurgeon

**Donald Layton, PhD**  
Neuropsychologist

**Thomas Leipzig, MD**  
Neurosurgeon

**Nancy Lipson, MD**  
Physiatrist (Physical Medicine and Rehabilitation)

**Shannon McCanna, MD**  
Neurosurgeon

**Itay Melamed, MD**  
Neurosurgeon

**James Miller, MD**  
Neurosurgeon

**Jean-Pierre Mobasser, MD**  
Neurosurgeon

**Paul Nelson, MD**  
Neurosurgeon

**Troy Payner, MD**  
Neurosurgeon

**Eric Potts, MD**  
Neurosurgeon

**Michael Pritz, MD, PhD**  
Neurosurgeon

**Richard B. Rodgers, MD**  
Neurosurgeon

**Carl Sartorius, MD**  
Neurosurgeon

**John Scott, MD**  
Interventional neuroradiologist

**Mitesh Shah, MD**  
Neurosurgeon

**Scott Shapiro, MD**  
Neurosurgeon

**Jodi Smith, PhD, MD**  
Pediatric neurosurgery

**W. James Thoman, MD**  
Neurosurgeon

**Michael Turner, MD**  
Adult & pediatric neurosurgeon

**Jose Vitto, MD**  
Interventional pain management physician

**Derron Wilson, MD**  
Interventional pain management physician

**Thomas Witt, MD**  
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Joseph Daniel Phillips, MD  
1945 - 2010

Joseph Daniel Phillips, MD, 64, Indianapolis, died Saturday July 3, 2010, after an extended illness. During his 21 year career at Methodist Hospital, Dr. Phillips was Medical Director of LifeLine Aeromedical program for nine years and Medical Director of the Emergency Medicine and Trauma Center from 1987 until November 2001. He was a member of the American Board of Emergency Medicine, the American Board of Family Practice and Clinical Assistant Professor of Emergency Medicine, Indiana University School of Medicine. During his medical career, Dr. Phillips provided highly skilled and compassionate care to patients and served as a valued mentor, leader and role model for numerous medical students and colleagues. He retired in 2001, when he was diagnosed with Primary Progressive Aphasia.

Dr. Phillips was born in Goshen, Indiana on November 7, 1945. After graduating from Manchester College in 1967, he taught mathematics at Manchester High School for three years. He received a master's degree from Western Michigan University in 1971 and his doctor of medicine degree from Indiana University in 1977. He completed his internship and residencies at Methodist Hospital.

Dr. Phillips was an outstanding athlete and avid sports fan. After high school, Dr. Phillips played both baseball and basketball at Manchester College. He was selected to play in the Indiana-Kentucky all-star game in 1967 and received the Rotary Sportsmanship Award. Dr. Phillips' greatest pleasures were spending time with his family and visiting the family farm in Goshen, Indiana. He loved being outdoors, watching birds, working in the yard, and applying his talent for carpentry to various projects. Dr. Phillips also enjoyed playing golf, skiing, bowling, hiking, running, and traveling, as well as watching Colts and Pacers games.

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- IMS Foundation . . . operated exclusively for charitable and educational purposes.
- Project Health, a program developed and sponsored by the IMSF providing healthcare for uninsured patients.
- Commissions & Committees . . .
  - Commission on Professional Affairs, investigates charges made against individual members by patients or fellow members; efforts by this Commission generally result in resolution to the mutual satisfaction of everyone.
  - Commission on Medical & Health Affairs, considers public health matters as well as legislative issues.
  - Commission on Membership Services, implements programs and services beneficial to all members.
- Annual 7th District Meeting . . . provides physicians and their families in Hendricks, Johnson, Marion and Morgan Counties the opportunity to meet and elect representatives.
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- The annual *Pictorial Roster of Members* – your photo and individual listing in the popular reference.
- *Indianapolis Medical Society Bulletin*
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**IMS**

## Welcome, Dr. Dereska!



On September 7, 2010, Nina H. Dereska, MD, FACOG, will join Urology of Indiana.

Dr. Nina Dereska, a urogynecologist, is originally from Lancaster, Pennsylvania and grew up in South Central Pennsylvania and Tampa, Florida. She is a graduate of Florida State University in Tallahassee, Florida, where she graduated Magna Cum Laude. She earned her medical degree from the University of Florida College of Medicine in Gainesville, and completed her residency in Obstetrics and Gynecology at the Medical College of Georgia in Augusta, Georgia. She completed her Fellowship in Female Pelvic Medicine and Reconstructive Surgery at Mayo Hospital and Clinic in Scottsdale, Arizona in 2004.

Dr. Dereska will see patients in our Community North and Greenwood offices. **To schedule appointments with Dr. Dereska, please call toll free 1-877-362-2778.**

With the addition of Dr. Dereska, Urology of Indiana is comprised of 31 urologists and urogynecologists who see patients in 18 office locations in central Indiana. The practice traces its roots to 1887, and provides complete diagnosis and medical and surgical treatment of all conditions of the genitourinary system affecting men, women, and children.

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 W. Terry Jones, MD  
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 Daniel B. Salvas, MD  
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 Philip A. Serbin, MD  
 William L. Shirrell, MD  
 Jason K. Sprunger, MD  
 David B. Stuhldreher, MD  
 Ronald S. Suh, MD  
 Samuel T. Thompson, MD  
 Jeffery D. Vaught, MD  
 Gregory R. Wahle, MD

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# In Summary

## **Attention IMS Members - Jeffrey J. Kellams Inaugural to be held during the October 5, 2010 Board of Directors Meeting at the IMS Headquarters.**

In order to focus on his philosophy for the coming year, Dr. Kellams has decided to donate a portion of the funds allocated for the inaugural to charitable good works in the Indianapolis area.

## **DocBook® Successfully Launched & Ready for Members**

The IMS in conjunction with DocBook successfully launched one of the IMS' newest benefits for Members. Now for a minimum one time payment you can have the *IMS Pictorial Roster* in the palm of you hand ... Right on your iPhone® or iPad. Now your vital referral resource is available literally in the palm of you hand. For more information, please call the Society at 639-3406.

## **Indianapolis Medical Society Forms Strategic Partnership with iSALUS Healthcare to Provide Members with EMR Software Systems**

iSALUS Healthcare, one of the country's top web-based electronic medical records (EMR) and practice management software companies that serves small and medium sized physician practices, today announced a newly formed strategic partnership with the Indianapolis Medical Society (IMS). Through this exclusive endorsement, iSALUS will offer discounted electronic medical records (EMR) and practice management software subscriptions to more than 2,000 IMS members.

As part of the strategic partnership, iSALUS will offer Indianapolis Medical Society members a pre-negotiated discount for subscriptions to its entire suite of services. These include medical and office management software (billing, collections, scheduling, rounds, dictation, charge capture, automated workflow) and electronic medical records (electronic charting, lab interfaces, e-prescribing, automated letters, integrated faxing, and document management technology). In addition to software, iSALUS will also provide IMS members with localized training, technical support and customer service.

"iSALUS has been an associate member of the Indianapolis Medical Society since 2003," commented Michael Hall, president and founder of iSALUS Healthcare. "We're proud to contribute to the advancement of the medical industry and to IMS' members' success. Our EMR and practice management software is ideal for IMS' membership base which is comprised of primarily small to mid-sized physician practices. Through this partnership we will be able to help members achieve meaningful use of electronic health records, as well as increase the efficiency of their practices and improve patient care."

## *About iSALUS Healthcare*

Founded in 2000 and headquartered in Indianapolis, iSALUS Healthcare offers web-based, mobile-optimized EMR-EHR and practice management software solutions exclusively for small to medium sized physician practices, healthcare offices and medical clinics. Its proven suite of easy-to-learn and easy-to-use applications is accessible from any Internet  
*(Continued on page 26)*



### **Seated Left to Right**

Morgan E. Tharp II, M.D.  
Keith W. Logie, M.D.  
Andrew R. Greenspan, M.D.  
Magaral S. Murali, M.D.

### **1<sup>st</sup> Row Standing**

Madelaine M. Sgroi, D.O.  
Danielle M. Doyle, M.D.  
G. Irene Minor, M.D.  
Hillary H. Wu, M.D., Ph.D.  
Melody Sands, RN, CS, MSN  
Jennifer K. Morgan, M.D.

### **Back Row**

Bryce C. Lord, D.O.  
Paul M. DesRosiers M.S., M.D.  
Sead Beganovic, M.D., Ph.D.  
Thomas L. Whittaker, M.D.  
Elsayed Aly, M.D.  
Harold O. Longe, M.D.

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# CME & Conferences

## Community Hospitals Indianapolis

### Community Hospital East

First  
Wednesday Critical Care Conference  
Medical Staff Conf. Room, 12:00 - 1:00 p.m.

Second  
Wednesday Medical Grand Rounds  
Medical Staff Conf. Room, 12:00 - 1:00 p.m.

### Community Hospital South

Fourth  
Thursday Medical Grand Rounds  
Conf. Rooms A & B, 7:30 - 8:30 a.m.

### Community Hospital North

First  
Wednesday Pediatric Grand Rounds  
Multi Services Rooms 1, 2 and 3  
7250 Clearvista Dr. 7:30 - 8:30 a.m.

First  
Friday North Forum  
Reilly Board Room; 12:00 - 1:00 p.m.

### The Indiana Heart Hospital

Third  
Wednesday Ken Stanley CV Conference  
7-8 a.m., rotate between TIHH and CHE  
Every month

Day varies  
Every other Cath. Conference  
month 7-8 a.m., TIHH MCV Boardroom

## Cancer Conferences 2010

### Community Hospital East:

First  
Tuesday Cancer Conference East (case presentations)  
Medical Staff Conf. Room, 12:00 to 1:00 p.m.

Second  
Wednesday Chest Conference (site specific-lung)  
Cancer Registry Conf. Room, 7:00 to 8:00 a.m.

### Community Hospital North

Third  
Wednesday Cancer Conference North (case presentations)  
Reilly Board Room, 12:00 - 1:00 p.m.

Third  
Friday Breast Conference North (site specific-breast)  
Reilly Board Room, 12:00 to 1:00 p.m.

Fourth  
Wednesday Chest Conference North (site specific-lung)  
Reilly Board Room, 7:00 to 8:00 a.m.

### Community Hospital South

First  
Wednesday Breast Conference South (site specific-breast)  
Center for Women's Health, 8:00 to 9:00 a.m.

Third  
Wednesday Cancer Conference South, (case presentations)  
President's Board Room, 12:00 to 1:00 p.m.

### North Cancer Pavilion

Third  
Wednesday Melanoma & Cutaneous Skin Cancer Tumor Conf.  
Pavilion Conf. Room, 7:30 to 8:30 a.m.

For more information, contact Valerie Brown, (317) 355-5381.

## Cardiovascular Research and Education Foundation of Indiana, Inc.

### 2010 CME Symposiums

Friday, October 8, 2010 Arrhythmia &  
Heart Failure Symposium  
(Marriott North/Keystone Crossing)

Friday, December 3, 2010 Update in Cardiology  
(Marriott North, Keystone Crossing)

Please contact Suzanne Brown at 317-338-6211 or visit  
CardioFoundation.org or TheCareGroup.com for details.

## Clarian Health Partners

### IU – Methodist – Riley

Sept. 1 Autism: Diagnostic Classification, Behavioral  
Intervention and Pharmacologic Management  
Clarian West Medical Center, Avon, Indiana

Sept. 3 Primary Care for Teens & Adults with  
Intellectual Disabilities  
IUPUI Campus Center, Indianapolis, Indiana

Sept. 10 7th Annual Cancer Update for the Non-Oncologist  
Windsor Park Conference Center  
Mishawaka, Indiana

Sept. 18 Hepatology Update for Primary Care Residents and  
Senior Residents  
University Place Conference Center  
Indianapolis, Indiana

Sept. 22 A Bridge to Quality: Engaging Continuing Education  
and Quality Improvement Professionals  
in Healthcare Quality  
Fairbanks Hall, Indianapolis, Indiana

Sept. 24 Tri-State Craniofacial Conference  
University Place Conference Center  
Indianapolis, Indiana

Sept. 25 Practical Pearls for General and Community  
Pediatrics 2010  
Riley Outpatient Center, Indianapolis, Indiana

Oct. 29 18th Annual Trauma/Surgical  
Critical Care Symposium  
University Place Conference Center, Indianapolis

Nov. 3 2010 Pediatric Pulmonary Update  
Ritz Charles Banquet Facility, Carmel, Indiana

Nov. 3 Update on Pediatric Endocrinology  
Riley Outpatient Center, Indianapolis, Indiana

Nov. 5 3rd Annual Richard E. Lindseth Pediatric  
Orthopaedic Lectureship  
University Place Conference Center  
Indianapolis, Indiana

Jan. 29 Review and Interpretation of the 2010 San Antonio  
Breast Cancer Symposium  
University Place Conference Center  
Indianapolis, Indiana

### Just Launched!

#### Diabetes Performance Improvement Program

The Diabetes Performance Improvement Program is a challenging online CME activity for physicians who want to improve patient outcomes by learning about the latest advances in diabetes care. This activity offers new insights into pathophysiology and implications for treatment, and a thorough discussion of new approaches to care. It also addresses today's controversies and challenges in diabetes management, and includes the personal perspectives of the world's top experts and their recommendation for overcoming common barriers to good outcomes. The course uses the latest in interactive, online technology to make learning effective and engaging. 6 hours free CME credit. Go to: <http://iusm-diabetescme.com/2009/>.

Course dates and locations are subject to change. For more information, please visit <http://cme.medicine.iu.edu> or call 317-274-0104.

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**Please submit CME to [mhadley@imsonline.org](mailto:mhadley@imsonline.org) by the first of the month preceding publication.**

## CME & Conferences

### St. Vincent Hospital and Health Care Center Inc.

- Sept. 10 & 11 Back Talk 2010 4th Annual Spine Symposium  
Comprehensive Concepts in Spinal Disorders  
and Abnormalities  
11.0 Credits  
The Westin Indianapolis  
For more information,  
please visit [www.indianaspinegroup.com](http://www.indianaspinegroup.com)
- Sept. 29 Pediatric Fall Conference  
5.75 Credits  
The Marten House  
338-CARE
- October 19 A Multidisciplinary Approach to Obesity  
6.75 Credits  
Ritz Charles  
338-CARE
- October 24-26 Physician Leadership Series  
18.0 Credits  
Marriott Louisville, Kentucky  
338-CARE
- October 28-30 Hand Care 2010  
18.25 credits  
Indianapolis Marriott  
Call 471-4308 for more information

### Indiana Spine Group

September 10-11, 2010  
The Westin, Indianapolis

#### Back Talk, Comprehensive Concepts in Spinal Disorders and Abnormalities 4th Annual Spine Symposium

Back and neck pain continue to be major medical issues. Research studies document their prevalence. Studies conclude that back pain is one of the most common types of pain individuals experience, and it is one of the main reasons for physician visits. To learn the latest on this ongoing issue, join us!

This spine symposium will highlight the latest diagnostic and treatment information for you to effectively treat patients with back and neck problems. New for this year's conference will be two educational tracks on the first-day – one general, and one more in-depth. Also new this year, general and breakout sessions are available on both days.

For a conference brochure or more information, visit [www.indianaspinegroup.com](http://www.indianaspinegroup.com) or call (866) 947-7463.

This activity has been approved for AMA PRA Category 1 Credit. This activity has been reviewed and is acceptable for up to 10.50 Prescribed and .75 Elective credits by the American Academy of Family Physicians.

## Meetings & Events

### Indianapolis Medical Society

#### September

- 8 Senior/Inactive Luncheon Meeting, Noon, Society,  
"Climbing Denali," Mr. Chris Betelak
- 16 **50-Year Members Luncheon, Five Seasons, 11:30 a.m.**  
**Members & Leadership to Honor 50-Year Physicians**
- 21 Executive Committee, Society, 6:00 p.m., Sandwiches
- 24 ISMA Board of Trustees, 12:30 p.m., Downtown Hyatt
- 24-26 **ISMA Convention, Downtown Hyatt**

#### October

- 5 IMS Board/Inaugural, Society, 6:00 p.m., Members Social;  
6:30 p.m., Dnr/Mtg for Board Members Only.
- 19 Executive Committee, Society, 6:00 p.m., Sandwiches

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## Project Health



Carrie Jackson Logsdon, Director

### *Thank You, Keeter D. Sechrist, MD*



Keeter D. Sechrist, MD is this month's Project Health Physician. She was born in Frankfort, Germany, where her father worked for General Motors. "Our nanny spoke only German so I learned enough to get by. I wish I had learned German while I was there. I took German in high school here and expected it to come flowing back, but it didn't."

Her family moved to Washington, DC, when she was 6. Then, her dad was transferred here to Indianapolis, and then eventually to North Carolina where she attended high school and stayed for college at the University of North Carolina, majoring in chemistry.

She knew as early as middle school that she wanted to be a doctor. She had two aunts who were nurses and an uncle who was a gynecologist. She says her uncle discouraged her, because he thought that women didn't belong in medicine since they would start and then drop out to get married and have children. He didn't think a woman should take up a man's slot. "My aunts, however, encouraged me because they wished they had gone to medical school. When they were in school, there were so few female doctors they decided on nursing instead," says Dr. Sechrist.

She attended the Indiana University School of Medicine and then went on to an internship at Methodist Hospital in pediatrics, then completed a 4-year residency in dermatology at Indiana University. Her mentors were Arthur Norins, MD, head of Dermatology at the time and the late William B. (Joe) Moores, MD. "Both were outstanding clinicians and teachers. I originally thought pediatrics was good, but took a month of dermatology at the end of my senior year. It was a nice

combination of surgery, medicine and pathology. I'm a visual person and dermatology is so visual."

Dr. Sechrist married a Hoosier halfway through medical school and her husband was established here, so they stayed. She has a son who is in architecture and a daughter who just graduated from I.U. and is looking for a job. "It's nice to have her home. She refers to me as her 'roommate.' We're getting along pretty well, so far," she said jokingly.

Dr. Sechrist is currently President of Outrun the Sun, a mission to educate people about melanoma and raise funds for research. "That takes a lot of my time," she says. Her other hobby is running. "I am very slow, but I still do it."

She says the reason she volunteers for Project Health is because there is such a great need in patients who really fall through the cracks. "I wish every county had a Project Health, because I see lots of people from other counties who don't have insurance or the funds to get healthcare, especially now with the economy the way it is."

"Project Health is great and I hope it continues," she says. "I like the rules that the patients have to abide by. They show up and they seem to be very appreciative of whatever care we can give them. I get really frustrated by Medicaid patients who don't show up, and don't take care of themselves. Project Health patients are motivated, comply and are grateful. We all should feel some obligation to help these people. If everybody did a small part, it would help relieve some of the health issues for the poor."

Thanks to Dr. Keeter Sechrist for being there when Project Health patients need her care!

**IMS**

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# Indianapolis Medical Society

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\*Appointed from the President's Advisory Council

## Delegates to the State Convention, September 24-26 2010, Indianapolis Hyatt Regency

*The year shown in parentheses indicates year in which the term expires following the conclusion of the ISMA Annual Convention.*

Thomas A. Broadie (2010)  
Marc E. Duerden (2010)  
Ted W. Grisell (2010)  
David C. Hall (2010)  
Ronda A. Hamaker (2010)  
James F. Leland (2010)  
Frank P. Lloyd (2010)  
Susan K. Maisel (2010)  
John P. McGoff (2010)  
Thomas E. McSoley (2010)  
John J. Wernert (2010)

Mary D. Bush (2011)  
G. Gregory Clark (2011)  
Carolyn A. Cunningham (2011)  
David R. Diaz (2011)  
Jonathan A. Fisch (2011)  
Richard K. Freeman (2011)  
Bruce M. Goens (2011)  
Hudner Hobbs (2011)  
Robert M. Hurwitz (2011)  
Paul D. Isenberg (2011)  
Marc R. Kappelman (2011)  
Alan P. Ladd (2011)  
Daniel E. Lehman (2011)  
Mary Ian McAteer (2011)  
Clement J. McDonald III (2011)  
James D. Miner (2011)  
Maria C. Poor (2011)  
Richard H. Rhodes (2011)

Linda Feiwell Abels (2012)  
Christopher D. Bojrab (2012)  
Kathy S. Clark (2012)  
John C. Ellis (2012)  
Alan R. Gillespie (2012)  
Robert J. Goulet, Jr. (2012)  
C. William Hanke (2012)  
Gerald T. Keener, Jr. (2012)  
David H. Moore (2012)  
Robert Michael Pearce (2012)  
J. Scott Pittman (2012)  
Bridget M. Sanders (2012)  
John F. Schaefer, Jr. (2012)  
Tim E. Taber (2012)  
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F. Keith Bean (2010)  
Benjamin J. Copeland (2010)  
Woodrow A. Corey (2010)  
Sheila M. Gamache (2010)  
Andrea L. Haller (2010)  
Mark M. Hamilton (2010)  
Andrew A. Johnstone (2010)  
RoseMarie Jones (2010)  
Martin Kaefer (2010)  
Jeffrey J. Kellams (2010)  
Anthony W. Mimms (2010)  
Kimberly K. Short (2010)  
Louis L. Winternheimer (2010)  
Ronald L. Young, II (2010)

Keenan R. Berghoff, (2011)  
Christopher B. Doehring (2011)  
Thomas G. Ferry (2011)  
Ann Marie Hake (2011)  
Robert E. Holt (2011)  
Douglas J. Horton (2011)  
E. Michael Keating (2011)  
Ramana S. Moorthy (2011)  
Michelle W. Murphy (2011)  
Mercy O. Obeime (2011)  
Rudolph Y. Rouhana (2011)  
Lynda A. Smirz (2011)  
Allison E. Williams (2011)

Nancy R. Baird (2012)  
Jennifer J. Bucki (2012)  
Stephen R. Dunlop (2012)  
John Duplantier (2012)  
Robert S. Flint (2012)  
Norrissa N. Howard (2012)  
Mark U. Kyker (2012)  
Terry L. Layman (2012)  
Patrick J. Lotti (2012)  
Mark R. Ogle (2012)  
Terri A. Pellow (2012)  
David M. Ratzman (2012)  
Jeffrey M. Rothenberg (2012)  
Beata E. Samuel (2012)  
Steven Richard Smith (2012)  
Abideen Yekinni (2012)

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Bernard J. Emkes, 2000-2001  
Peter L. Winters, 1997-1998  
William H. Beeson, 1992-1993  
George H. Rawls, 1989-1990  
John D. MacDougall, 1987-1988  
George T. Lukemeyer, 1983-1984  
Alvin J. Haley, 1980-1981

### Indiana State Medical Association House of Delegate

**Vice-Speaker, ISMA**  
John J. Wernert (2009-2010)

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### **Marion County Prosecuting Attorney Bad Check Restitution Program**

**Cutting Your Losses** may have another option now. The Marion County Prosecuting Attorney, Carl Brizzi, has instituted a growing program to help local merchants (physicians) with bad check losses. The primary goal is to

create a self-supporting program that obtains restitution for you while deterring repeat offenders. First time offenders are given an opportunity to avoid criminal prosecution by attending a mandatory intervention class in addition to paying restitution. The Program is FREE. For more information, visit [www.checkkprogram.com/marioncountyin](http://www.checkkprogram.com/marioncountyin) or call 1-877-841-1368. The website provides all the information you need to start your bad check recovery program.

### **Northwest Radiology Expanding Its Services**

NWR announced that they have expanded their services to now include the St. Vincent Heart Center of Indiana in Indianapolis, Madison County Imaging at Saint John's Medical Center in Anderson, and Central Indiana Orthopedics of Anderson.

Northwest Radiology has 47 board certified, sub-specialized radiologists and is known for their branding statement of 'Trusted Imaging Since 1967!' But, it is not just about quantity that we boast, but more importantly the QUALITY of our services while maintaining a high standard of patient SAFETY, which is proven with a 96% patient satisfaction rate. NWR is affiliated with 32 other facilities, of which 16 are hospitals.

### **Indiana Spine Group**

Indiana Spine Group has begun construction of a three-story, 60,000-sq.-ft. medical office in Carmel. The new facility will include an ambulatory surgery center with three class C operating rooms, MRI and CT area, medical offices and training labs. The project is anticipated to be completed by the fall of 2011

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The IMS sitting will be \$9.99 + tax. You may also purchase portraits of your family at 50% off.



**HOW DO I SCHEDULE AN APPOINTMENT?**

- Call JCPenney Portraits at **1.800.59.SMILE** to schedule your appointment.
- Call your local studio
- Schedule online at [jcportraits.com](http://jcportraits.com)

When you schedule your appointment, mention you are an IMS Member.

**WHEN WILL MY APPOINTMENT BE?**

For the most convenient experience, we recommend scheduling your appointment Monday through Thursday 12-5. It will take approximately 20 minutes. Evening and weekend appointments are also available.

**WHAT SHOULD I BRING TO THE APPOINTMENT?**

1. This instructional email/coupon
2. Dress in your business apparel, dark colors without patterns work best.

**HOW WILL I BE POSED?**

We will take a variety of 3 to 5 professionally posed images on a brown background.

**HOW WILL MY PORTRAITS BE SUBMITTED?**

At the studio, select your favorite pose for the Pictorial Roster image. You may also select overall retouching for an additional fee for your Pictorial Roster pose only.

**PICTORIAL ROSTER AUTHORIZATION**

By sitting for your portrait, you are directing JCPenney Portraits to provide your selected business portrait to IMS for use in the IMS Pictorial Roster and other business purposes determined by IMS.

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**STUDIO MEMBER USE:**

1. IMS will call 1.800.59.SMILE, call your studio or visit online to schedule an appointment.

**POSING:**

1. Use only the brown background
2. Photograph 3 to 5 head and shoulder poses (see sample)
3. Turn the subject slightly to their left.

**POST SITTING:**

1. Select the guest's favorite image for the Pictorial Roster as the "free 8x10". Note: a paper portrait will not be printed. If the member wants to order portraits from their professional sitting identify it as an add on sitting.
2. Submit to plant using code 1819041. If retouching is selected, use code 1819042.
3. POS instructions (refer to studio communication piece).
4. Start a new sitting for family session.

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Offer expires 8/31/2010. Present at time of sitting. Valid for one professional sitting. Not valid on reorders, studio events, services, merchandise, portrait memberships, with other offers or online orders. Valid only at Indianapolis-area JCPenney Portrait Studios. PC1819041 without Retouching. PC1819042 with Retouching (additional \$49.99 charge).

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# Happy Birthday IMS Members

## **September 1st**

Roger A. Hurwitz, MD  
Kristine J. Bolin, MD  
Arthur C. Rettig, MD  
Martin C. Were, MD  
James A. Myers, MD

## **September 2nd**

Richard N. Dexter, MD  
Jessica B. Koehler, DO  
Aruna N. Rau, MD  
William L. Shirrell, MD  
C. Andrew Fleming, MD  
Kurt A. Riegner, MD  
Subrie A. Abedallhadi, MD  
Ronald S. Suh, MD  
Isabelle A. Buehl, MD  
Ramana S. Moorthy, MD  
Suresh G. Devnani, MD  
Anise T. Burki, MD  
Theodore F. Holland, III, MD

## **September 3rd**

Brian H. Mullis, MD  
John C. Lowe, MD

## **September 4th**

John M. Hague, MD  
Robert B. Pauszek, Sr., MD  
LeRoy H. King, Jr., MD  
Robert B. Baker, MD  
Susan K. Maisel, MD  
Jerry L. House, MD  
John W. Pruitt, DDS, MD

## **September 5th**

John C. Lappas, MD  
Douglas R. Maxwell, MD  
David Cheng, MD  
Christopher Bearden, MD

## **September 6th**

Michael H. Fritsch, MD  
Bradley S. Guill, MD  
Karen L. Roos, MD  
R. Thomas Schmidt, MD  
Seth D. Cahn, MD  
Kathleen A. Golightly, MD  
Robert L. Baker, MD  
G. Byington Pratt, III, MD  
Olajide Odelowo, MD

## **September 7th**

Sanjay Mishra, MD  
Gopal Krishna, MD  
G. Gregory Clark, MD  
Donald C. Stogsdill, MD  
Malcolm S. Snell, MD

Courtney J. Doyle, MD  
George P. Maiers, II, MD

## **September 8th**

Karen S. Fitzgerald, MD  
Gregory R. Wahle, MD  
Joseph Webster, Jr., MD  
Charles W. Hamm, MD  
David J. Smith, MD  
Wendell L. Edwards, MD  
Howard Eigen, MD  
Daniela A. Lobo, MD  
Thomas E. Lunsford, MD  
David J. Black, MD

## **September 9th**

Donald G. King, MD  
Miguel R. Escobar, MD  
Alex M. Meyers, MD  
Bethany R. Troutwine, MD

## **September 10th**

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William R. Greenwood, MD  
Perry E. Wethington, MD  
David W. Crabb, MD  
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T. Howard Lee, MD  
Arthur C. Coffey, MD  
Ursula E. Mitman, MD

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Lawrence S. Klein, MD

## **September 12th**

Carlo R. Lazzaro, MD  
Bruce M. Goens, MD  
Jennifer A. Medley, MD  
Spencer F. Trudgen, MD  
Howard M. Alig, MD  
Jill W. Donaldson, MD  
Kile J. Carter, MD  
David R. Everetts, MD  
Joe C. Christian, MD

## **September 13th**

David W. Price, MD  
Emily M. Abernathy, MD  
Pamela A. Lynch, MD  
Teresa D. Beam, MD  
Rajiv Sood, MD  
Eusebio C. Young, MD  
Richard S. French, MD

## **September 14th**

Andrew D. Dick, MD  
John R. Hennessee, DO

Bryan T. Burney, MD  
Mary P. Pease, MD  
Gordon C. Jones, MD  
Gregory K. Dedinsky, MD

## **September 15th**

Charles B. Carter, MD  
Gary R. Wright, DO  
Robert W. Collins, MD  
Rajalakshmi Venkatesh, MD  
Eric D. Aitken, MD  
Magaral S. Murali, MD  
Kurt M. Terrell, MD  
Safi Shahda, MD  
Michael E. Murphy, MD

## **September 16th**

Mark D. Scheidler, MD  
Kevin C. Coss, MD  
Stephen B. Freeman, MD

## **September 17th**

Michael F. Elmore, MD  
Steven M. Steinkeler, MD  
Craig R. Johnston, MD  
Oliver W. Page, Jr., MD

## **September 18th**

L. Daniel Wurtz, MD  
Hector P. Rivera, MD

## **September 19th**

Jason F. Woodward, MD  
Iver F. Small, MD  
Alan P. Sawchuk, MD  
Marvin C. Christie, MD  
David H. Moore, MD

## **September 20th**

Sarah F. Kerlin, MD  
Martin Fundenberger, MD  
William C. Erdel, MD  
Sylvia Ertel, MD  
George W. M. Feliciano, MD  
William H. Bond, MD  
Carlos R. Berrios, MD

## **September 21st**

Keith W. Cushing, MD  
Michael L. Baach, MD

## **September 22nd**

Michael T. Barbara, DO  
Patrick J. Loehrer, Sr., MD  
Carol C. Eisenhut, MD  
Raymond U. Tapnio, MD  
Louis L. Winterheimer, MD

## **September 23rd**

James B. Steichen, MD

Steven R. Asdell, MD  
Brendan LeRoy, MD  
Sally L. Bradley, MD

## **September 24th**

William F. Bastnagel, MD  
Renita A. Brown, MD  
Paul D. Thompson, MD  
Robert S. Daly, MD  
Charles B. Carter, Jr., MD

## **September 25th**

Paul K. Haynes, MD  
Mark M. Hamilton, MD  
Robert A. Callon, Jr, MD  
David S. Batt, MD  
Mark Tann, MD  
Fayez S. Tushan, MD

## **September 26th**

William B. Kleinman, MD  
Frank J. Green, MD  
Daniel J. Robinson, MD  
Imtiaz A. Munshi, MD  
James D. Miner, MD  
Mark A. Caldemeyer, MD  
F. Keith Bean, MD  
Eric A. Strand, MD  
J. Scott Pittman, MD

## **September 27th**

Margaret R. Miser, MD  
A. Cedric Johnson, Jr., MD  
Kunwar P. Vohra, MD

## **September 28th**

Sohail A. Usman, MD  
Michael L. Boothe, MD  
Beata E. Samuel, MD  
Kathryn A. Copeland, MD, MPH  
Joseph C. Randolph, MD  
Donald Ian Smith, MD  
Kathryn I. Keller, MD  
Matthew W. Harrison, MD  
Bruce D. Richmond, MD

## **September 29th**

Edward J. Kowlowitz, MD  
Brett M. Hesse, MD  
Claude C. Reeck, Jr., MD  
Robert H. Liebross, MD  
Eugene D. Van Hove, MD

## **September 30th**

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Brown & Brown, ISMA..... 19	Midwest Pain Institute..... 15
Center for Pain Management..... 10	The National Bank of Indianapolis..... 26
Central Indiana Cancer Centers..... 18	Northwest Radiology Network ..... 32
Conference Center ..... 29	PNC ..... 2
Diamond Capital Management ..... 19	Practice Billing, LLC..... 26
Fifth Third Private Bank ..... 17	The Spine Institute ..... 21
Goodman Campbell Brain & Spine..... 13	Staples..... 23
I.C. Systems ..... 14	Superior Linen Service..... 14
JCPenney Portraits ..... 27	Urology of Indiana..... 16
Kendrick Regional Center ..... 22	
Klezmer Maudlin ..... 31	
Sonnie Laviolette, F. C. Tucker Co., Inc..... 6	
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