



Indianapolis
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Bulletin



**April 25, 2013
IMS Special Event:
“Winning Solutions
to Enhance Your
Practice”**

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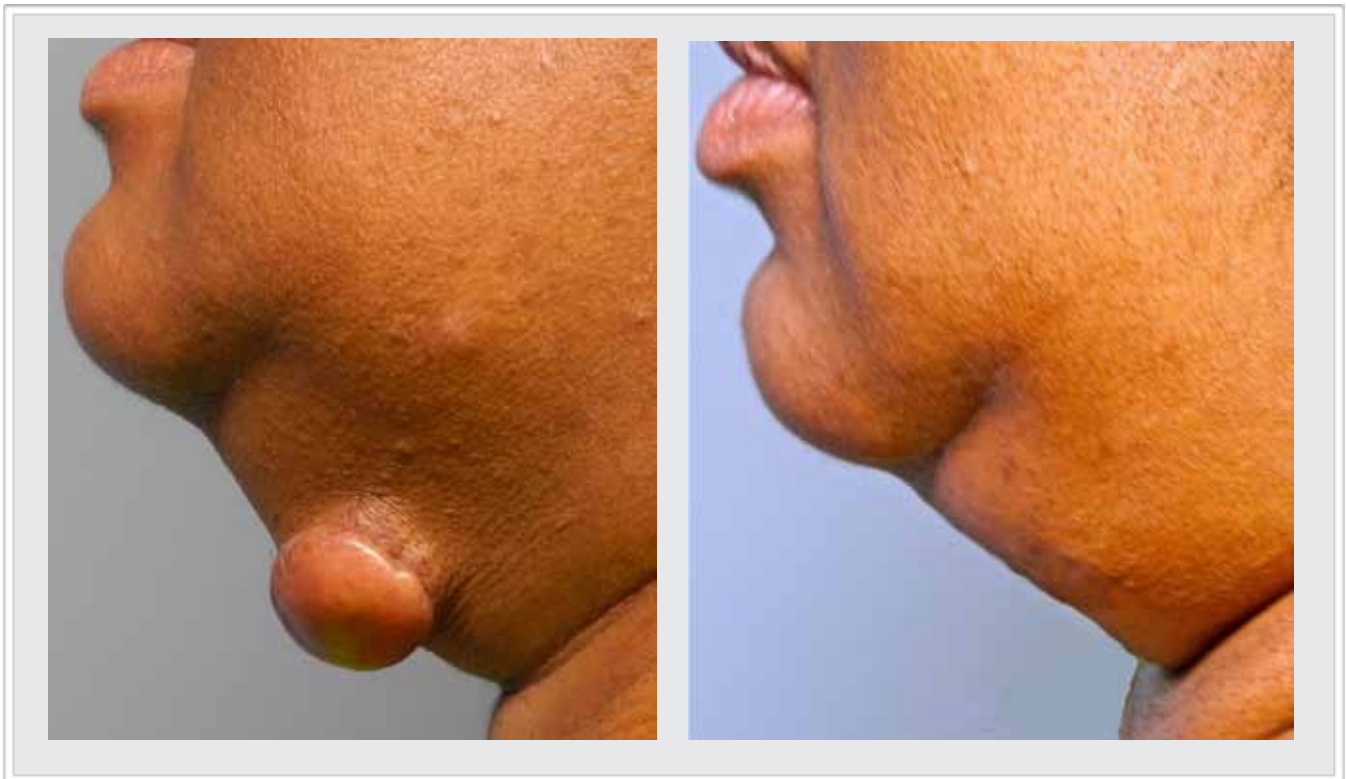
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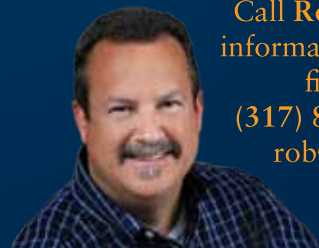
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ATTENTION SOCIETY MEMBERS

We like to feature photographs or other artwork shared by IMS members on the cover of *The Bulletin*. Submit photographs, artwork, etc., to Beverly Hurt at the Society Office, bhurt@imsonline.org.

The Bulletin is your magazine. Share your views by submitting reprints of your published articles; articles written expressly for *The Bulletin*; quips; short stories; brief comments; ideas; cartoons, etc.

Remember the *Indianapolis Medical Society Foundation* when planning your will. (*Contribution form included in this issue.*) Unless otherwise specified, your contribution will be directed toward medical scholarships.

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about our cover



On our cover:
Taken from a ferry near Hilton Head in September 2012. A sitting blue heron took off just as photo was being framed. Photograph courtesy of Bernard J. Emkes, MD.

April 25, 2013 IMS Special Event "Winning Solutions to Enhance Your Practice"

See page 8 for more information.
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Physician Satisfaction

"I can't get no satisfaction." Mick Jagger, May 10th, 1965

Last month's President's Page focused on patient satisfaction which is based on a patient's belief that their physician listened to them, was sympathetic and provided the care that they perceived they needed. Physician satisfaction is a more complex issue due to multiple factors that create stress in the work environment. Some stress is normal, but when excessive, leads to multiple adverse outcomes. In order to alleviate stress, physicians need effective coping skills. Some sources state that physician **resilience** is key. The definition of resilience is the capability of a strained body to recover its size and shape after deformation by compressive stress. I think **adaptability** is a more appropriate strategy for physician success in dealing with the stresses of medical practice. Doctors need to learn how to change the way they work and how they perceive their work. Some of my prior articles have addressed the new processes of care, such as the medical home model, which may be of some benefit. The definition of stress is vague, and it may be more helpful to think in terms of the causes of stress (stressors) and the stress response. Acute stress can be beneficial by enhancing the memory of events that are potentially threatening to survival. However, chronic unmanaged stress is problematic. Stress hormones play a major role in creating adaptive and maladaptive responses, as these hormones are protective in the short-term but can cause damage when they are chronically overproduced.⁽¹⁾

Workplace stress is more prevalent in an environment in which there is more responsibility with less control, and this certainly appears to be the case in healthcare. Our days consist of multiple intense patient encounters with outside influences that are beyond our control. Physicians are largely held responsible for their patients' health, yet the successful delivery of health care services is affected by **multiple factors** (payers formularies, authorizations, ever-changing clinical information, practice guidelines, patient expectation/satisfaction, patient noncompliance, requests for improved access/alternative work hours, EMR/EHR inefficiencies, uncertain political reforms, declining reimbursement and the medical-legal risk climate). Some of these external factors are more invisible in nature as they are present just under the surface in our daily routines. Others are more obvious such as daily efforts with insurance issues and EMR at each patient encounter. Regardless, all are potential stress generators. The level of physician satisfaction has been measured in prior studies using accepted tools such as the Physician Worklife Survey (PWS). Over time the changes in physician demographics, specialty and employment arrangements have also played a role in physician satisfaction. Physicians need to be able to manage these external factors or the stress level will increase to the point of **burnout**. Physician burnout occurs when chronic stress increases to the point where one is unable to recover in the off time. The well-accepted Maslach Burnout Survey tool has been used to

measure burnout in physician studies. Symptoms of work place stress include loss of interest, initiative, efficiency, cooperation, appropriate behavior to co-workers which leads to feelings of being unappreciated. Burnout may result in physical/emotional exhaustion and a reduced sense of accomplishment with feelings of loss of control. These factors may lead to being less involved and may affect others including families and patients. Studies show results of physician burnout include reduced quality of care, increased medical errors/malpractice rates, lower patient compliance/satisfaction, and increased rates of physician substance abuse and suicide.⁽²⁾

The brain interprets what is stressful and causes physiological responses involving the HPA axis, autonomic nervous system (particularly the sympathetic response of the adrenal glands) and the immune system.⁽³⁾ Acute stress releases catecholamines and glucocorticoids that facilitate the movement of immune cells which assist in fighting infection and produce other beneficial immune responses. We are all aware of the "fight or flight response" to stress, but there are other potential health-related responses to these steroids such as eating behaviors, alcohol consumption, smoking and substance abuse. Another reaction to stress is an increased state of vigilance which can be accompanied by enhanced anxiety and worry.⁽⁴⁾ Endogenous glucocorticoids that promote conversion of protein and lipids in the body to carbohydrates are beneficial for short term stress events such as survival, but long term elevations from chronic stress have adverse effects on raising insulin levels, promoting deposition of fat and accelerating arteriosclerosis.⁽⁵⁾ These adrenal hormones have a biphasic effect on immune function. Acute stress activates the immune system with beneficial results, but chronic stress suppresses the immune system with negative results. The brain is the key in interpreting stress, but is also an end-target. Chronic elevations of these stress hormones promote damage to the hippocampus and contribute to cognitive impairment.⁽⁶⁾ Physician burnout starts early with studies showing that 50% of medical students experience burnout, 25-75% of residents are burned-out at any given time, and 33% of private practice doctors are experiencing burnout at any given time.⁽⁷⁾ A recent study of burnout and satisfaction with **work-life balance** was published in *Archives of Internal Medicine* in October of last year. It showed that of the 7,288 doctors that responded to the survey, approximately 40% had burnout symptoms, and the highest rates were on the front line of care access (family medicine, general internal medicine and emergency medicine). This study also showed burnout is more common among physicians than other US workers.⁽⁸⁾

There are different approaches to physician stress management and burnout prevention that primarily focus on work-life balance management that include personal, as well as, organizational measures. Personal measures involve life coaching and life inventory assessment (allocation of time

Continued on page 22.

IMS Special Event - April 25, 2013

The Indianapolis Medical Society will be hosting a special event:

“Winning Solutions to Enhance Your Practice”

will focus on a variety of practice related topics, with many designed around ICD-10. ICD-10 will have an impact on your practice, whether that impact is positive or negative largely rests on how the change is approached. The transition to ICD-10 will be challenging, disruptive to your existing workflow, stressful for your staff and doctors and have a financial impact on the practice. This workshop will provide Doctors, Managers and staff with ideas and resources to make the transition a positive one.

Topics that will be covered are:

- **Using Lean Six Sigma to Transition Your Medical Practice to ICD-10 Efficiently**
 - Tax Savings Opportunities with Cash Balance Plans
- **Insights: How to Identify Personality Styles to Improve Working Relationships**
 - Medical Practice Financing and ICD-10
 - Fiduciary Requirements of Retirement Plans
- **10 Things You Need to Know About Your Medical Lease**
 - Live Demonstration of ICD-10 Software

Please join us on **Thursday, April 25, 2013**
at the **JW Marriott Downtown Indianapolis.**

The workshop will begin with breakfast at 8:00 a.m. and will conclude by 3:30 p.m., lunch will also be provided. Event is Free to IMS Members & Staff
Please RSVP at 317-639-3406, seating is limited.

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Bulletin Board

The *IBJ* announced that two IMS Members were honored for their exemplary performance on the job by peers and patients. **David A. Josephson, MD**, Founder, JWM Neurology was the winner and **Kristina M. Box, MD**, Senior Partner, Community Physician Network, Clearvista Women's Care was a finalist.

E. Michael Keating, MD, Center for Hip and Knee Surgery, Mooresville, Indiana had a chapter published in *Surgery of the Hip* Elsevier 2013, Section III, "Perioperative Management in Hip Surgery, Chapter 23 – Blood Management."

James D. Callahan, MD, the former chief of neurosurgery at Indiana University Health Methodist Hospital, has joined Community Physician Network and is now working at Community Hospital Anderson. Dr. Callahan, who was formerly part of the neurosurgery practice of Goodman Campbell Brain and Spine, earned his medical degree at Indiana University School of Medicine.

Rick C. Sasso, MD, Indiana Spine Group, published a manuscript "Cervical Artificial Disc Replacement versus Fusion in the Cervical Spine: a Systematic Review Comparing Long-Term Follow-up Results to FDA Trials," in the most recent edition of the journal, *The Evidence Based Spine Care Journal*.

He also published an article "Kinematics of the Cervical Adjacent Segments after Disc Arthroplasty Compared with Anterior Discectomy and Fusion: A Systematic Review and Meta-Analysis, in the journal, *Spine*.

David L. Patterson, MD, has received his Certificate in Health Policy and Management for Johns Hopkins Bloomberg School of Public Health.

Theresa M. Rohr-Kirchgraber, MD, has been selected by American Medical Women's Association, AMWA, as an "Exceptional Mentor." This award celebrates those who have made an impact on physician lives, careers, our patients and by mentoring and guiding us and others. An "Exceptional Mentor" goes above and beyond what is required and actively reaches out to those around her to help guide them in their career path.

Dr. Rohr-Kirchgraber is a dedicated teacher and clinician who has effectively counseled and mentored many in her career and it is a fitting tribute that she receives this award. It was presented at the AMWA Annual Meeting in NYC March 15-17, 2013.

The Lung Care Group, pulmonology and sleep specialists, has joined St. Vincent Medical Group, the physician arm of Indianapolis-based system St. Vincent Health. **William A. Byron, Jr., MD**, and **Thomas M. Holian, MD**, are located at 8330 Naab Road.

William Gregory Chernoff, MD, presented his recent work on Multimodality Scar Therapy to Plastic Surgeons, Dermatologists, and other medical professionals during a 7-day lecture tour in Thailand and multiple cities in China.

News from Franciscan St. Francis Health ...

Patricia Lewis Wisler, MD, and **Thomas C. Wisler, MD**, established a new practice with McFarland Gynecologic



Kristina M. Box, MD



William A. Byron, Jr., MD



James D. Callahan, MD



William Gregory Chernoff, MD



Thomas M. Holian, MD



David A. Josephson, MD



E. Michael Keating, MD



Irwin N. Labin, MD



David L. Patterson, MD



Vijay U. Rao, MD



Theresa M. Rohr-Kirchgraber, MD



Rick C. Sasso, MD




Patricia Lewis Wisler, MD



Thomas C. Wisler, MD

Specialists located at 7825 McFarland Lane, Suite B, Indianapolis. Both physicians were in private practices, Patricia, as an internist and, Thomas, as a physician partner with Beach Grove Obstetrics and Gynecology/Women's Health Partnership.

Two IMS Member physicians participated in free healthy heart classes for the public offered by Franciscan St. Francis Health. **Vijay U. Rao, MD**, (*no photo available*) discussed the current medical and surgical treatments for atrial fibrillation on March 7, 2013. **Irwin N. Labin, MD**, discussed blood pressure guidelines, treatment and effects of high blood pressure. 

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- Possible criminal false claims under FCA (False Claims Act), which is a separate basis for administrative sanctions and exclusions.

Federal and State Exclusion Lists

The OIG & GSA search utilizes the US Department of Health and Human Services, General Services Administration, and the Office of Inspector General's databases for individuals and businesses excluded or sanctioned from participating in Medicare, Medicaid, or other federally funded programs. If an organization employs an individual on these sanctioned lists they may be forced to pay back all Federal funds received via these programs going back to the date the person was employed. Therefore, the OIG and GSA search is vital for healthcare industries.

OIG List

Refers to the List of Excluded Individuals/Entities (LEIE) maintained by the Office of the Inspector General, U.S. Department of Health and Human Services. Individuals on this list are excluded from participating in these programs: Medicare, Medicaid, Maternal and Child Health Services Block Grants, Block Grants to States of Social Services, and State Children's Health Insurance Programs.

GSA List

Refers to the Excluded Parties List System (EPLS) maintained by the Federal government (General Services Administration) accessed by using the SAM site (System for Award Management). Individuals on this list are excluded from participating in Federal contracts. This list also includes data from the Department of Treasury's Office of Foreign Assets Control (OFAC) List.

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This article is authored by Sue La Bonté, Director of Human Resources and Quality Assurance at Favorite Healthcare Staffing. Indianapolis Medical Society's exclusive staffing partnership with Favorite Healthcare Staffing offers IMS members preferred pricing on a comprehensive range of staffing services to help physicians improve cost control increase efficiencies, and protect their revenue cycle. For more information, contact Favorite at 317-548-5322 or through the IMS Website under "Member Benefits."



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Comm. Pulmonary Critical Care Med.
7120 Clearvista Dr., #2100
46256-0020
Ofc – 621-5676
Internal Medicine, 1999, 2009
Critical Care Medicine, 2002, 2012
University of Aleppo, Syria, 1993

Gupta, Smita, MD
Community Physician Network
Diabetes & Endocrinology Care
8435 Clearvista Pl., #101
46256-3737
1601 Medical Arts Blvd., #100
Anderson, 46011-3459
Ofc – 621-1006
Fax – 621-1010
Internal Medicine, 2004
Endocrinology, Diabetes &
Metabolism, 2007
Sardar Patel Med. College, India, 1999

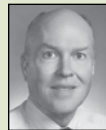
Karthik, Shrividya N., MD
Comm. Pulmonary Critical Care Med.
7120 Clearvista Dr., #2100
46256-0020
Ofc – 621-5676
Internal Medicine, 2002, 2012
Stanley Medical College,
Madras, TN, India, 1995

McNiece, William L., MD
Anesthesiology, 1981, 2009
Pediatric Anesthesiology
Indiana University, 1977

Sukay, Clare D., MD
Southeast Anesthesiologists
1550 E. County Line Rd., #100
46227-0820
Anesthesiology, 2008
Indiana University, 2001

Tielker, Marcus A., MD
Comm. Pulmonary Critical Care Med.
7120 Clearvista Dr., #2100
46256-0020
Ofc – 621-5676
Internal Medicine, 2008
Pulmonary Disease, 2009
Critical Care Medicine, 2010
Indiana University, 2004

Vuppalanchi, Shireesha, MD
(Reactivation)
Comm. Pulmonary Critical Care Med.
7120 Clearvista Dr., #2100
46256-0020
Ofc – 621-5676
Fax – 621-5678
Internal Medicine, 2002, 2012
Osmania Medical College, India, 1997



Wall, Gregory C., MD
3630 Guion Rd.
46222-1616
Ofc - 920-7170
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Family Medicine, 1987, 2007
Indiana University, 1984

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Project Health



Carrie Jackson Logsdon, Director

Thank you, John A. Scott, MD



John A. Scott, MD, Goodman Campbell Brain and Spine, is Project Health's physician of the month for April. He was born in South Bend and says he is "naturally a Notre Dame fan." His father was an accountant and his mom ran the house until his high school years when she worked for an abstract title company,

which financially helped him through college. He has an older brother and younger sister and said no one in the family was in medicine except maybe a great, great uncle who was in the Civil War "who probably didn't even have a license."

Dr. Scott said he had no idea what he wanted to major in at Indiana University. "I was the typical non-committal freshman, but I was interested in the sciences and took a lot of courses with pre-med students, so I ended up in pre-med with a double major in biology and psychology." He said his first psychology class was so interesting he took more and more and then decided to go for a double major. He graduated from IU with Distinction and was a member of Phi Beta Kappa. He graduated from the IU School of Medicine with Highest Distinction and was a member of the Alpha Omega Alpha honorary society. Dr. Scott stayed at IU for his residency in neuroradiology. He said he liked doing procedures and the turning point was when he observed an IU Neurosurgeon take care of an carotid fistula with interventional radiology. The field was then in its infancy. Later he found out that Alejandro Berenstein, MD, at New York University was doing full-time interventional neuroradiology at one of the only places in that field of study. "Dr. Berenstein was a pioneer in the field of minimally invasive treatment of vascular lesions of the brain, head, face, spine and spinal cord. I did my Fellowship training with him, and it was one of the

best years of my life. The instruments and procedures just keep getting better and better so now we treat brain aneurisms and stroke therapy where a clot may be blocking a major artery in the brain and we can go in with a device and pull it out."

Dr. Scott returned to Indianapolis and was on staff at Indiana University practicing interventional neuroradiology for two years and then moved to Methodist. He became an Assistant Professor in the Department of Radiology, Section of Neuroradiology and later a Clinical Assistant Professor, which he still holds today. He is part of Goodman, Campbell, Brain and Spine. He is Board Certified with the American Board of Radiology specializing in Interventional Neuroradiology and is a member of the Society of NeuroInterventional Surgery, the Radiological Society of North America, the Indiana Roentgen Society, the American Society of Neuroradiology, the Indianapolis Medical Society and the Indiana State Medical Association. Dr. Scott and his wife, Susan, have two daughters; Abigail, who has one more year on her Masters Degree in Urban Planning; and Sarah, who is in her third year of medical school at Vanderbilt University. Susan teaches freshman English at Butler University, is a non-practicing attorney and he said she is a "huge knitter and designs her own things." In fact, she has been trying to convince him to vacation in the Shetland Islands (known for its wool), but he says it takes three days to get there and three days to get back.

In his spare time, Dr. Scott likes to do woodworking like his father and grandfather before him.

Dr. Scott has taken care of many Project Health patients. There are no words to thank you enough for what you and the other volunteer doctors do.

You are the answer to our prayers!

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Carolyn A. Cunningham
Heidi M. Dunniway
Jon D. Marhenke

Delegates to the State Convention, September 20-22, 2013, JW Marriott

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David C. Hall (2013)
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Tim E. Taber (2013)

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Jonathan A. Fisch (2014)
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Ann Marie Hake (2014)
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David A. Josephson (2014)
Marc R. Kappelman (2014)
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Mary Ian McAteer (2014)
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Richard H. Rhodes (2014)
Jodi L. Smith (2014)

Linda Feiwell Abels (2015)
Christopher D. Bojrab (2015)
Charles W. Coats (2015)
John C. Ellis (2015)
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C. William Hanke (2015)
Gerald T. Keener, Jr. (2015)
David H. Moore (2015)
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John F. Schaefer, Jr. (2015)
Lynda A. Smirz (2015)
Caryn M. Vogel (2015)

Alternate Delegates to the State Convention, September 20-22, 2013, JW Marriott

The year shown in parentheses indicates year in which the term expires following the conclusion of the ISMA Annual Convention.

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Brian W. Haag (2013)
Mark M. Hamilton (2013)
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Jeffrey J. Kellams (2013)
Frank P. Lloyd, Jr. (2013)
Andrew L. Morrison (2013)
David L. Patterson (2013)
Kenny E. Stall (2013)
Ronald L. Young, II (2013)

William C. Buffie (2014)
Brian D. Clarke (2014)
Robert E. Dicks (2014)
Doris M. Hardacker (2014)
Douglas J. Horton (2014)
Daniel E. Lehman (2014)
Ramana S. Moorthy (2014)
Maria C. Poor (2014)
Philip W. Pryor (2014)
Jason E. Rieser (2014)
Steven M. Samuels (2014)
Kenneth N. Wiesert (2014)

James P. Bastnagel (2015)
John H. Ditslear, III (2015)
Robert S. Flint (2015)
Tod C. Huntley (2015)
Norman Mindrebo (2015)
Robert Michael Pearce (2015)
David M. Ratzman (2015)
Michael A. Rothbaum (2015)
Jeffrey M. Rothenberg (2015)
Richard M. Storm (2015)
Jeremy T. Sullivan (2015)
H. Jeffery Whitaker (2015)
Allison E. Williams (2015)
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CME & Conferences

Community Health Network

Community Hospital East

First
Wednesday Critical Care Conference
Medical Staff Conf. Room, 12:00 - 1:00 p.m.

Second
Wednesday Medical Grand Rounds
Medical Staff Conf. Room, 12:00 - 1:00 p.m.

Community Hospital North

First
Wednesday Pediatric Grand Rounds
Multi Services Rooms 1 & 2
7250 Clearvista Dr. 7:30 - 8:30 a.m.

First
Friday North Forum
Reilly Board Room; 12:00 - 1:00 p.m.

Every Other
Thursday Psychiatry Grand rounds
7250 Clearvista Dr.
begin 1/24/13 Multi-Service Rms. 1 & 2 7:30 - 8:30 a.m.

Community Heart & Vascular/ Indiana Heart Hospital

First
Wednesday Imaging Conference:
rotates Cath & Echo Case Presentations
CHVH MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (Ste. 420)
HVC South Office CR (Suite 2400)
7:00 - 8:00 a.m.

Third
Wednesday Ken Stanley CV Conference
CHVH MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (Ste. 420)
HVC South Office CR (Suite 2400)
7:00 - 8:00 a.m.

Fourth
Wednesday Disease Management Conference:
rotates CHF & EP Case Presentations
CHVH MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (Ste. 420)
HVC South Office CR (Suite 2400)
7:00 - 8:00 a.m.

Cancer Conferences

Community Hospital East:

Third
Thursday East General Cancer Conference
Medical Staff Conf. Room
12:00 to 1:00 p.m.

Fourth
Tuesday East Multidisciplinary Breast Cancer Conference
Medical Staff Conference Room
7:00 to 8:00 a.m.

Community Hospital North

First & Third
Tuesdays North Multidisciplinary Breast Conference
8040 Clearvista Parkway, Suite 550
7:00 - 8:00 a.m.

Every Other
Friday N. General Cancer Conference
8040 Clearvista Parkway, Suite 550
begin 1/18/13 7:00 - 8:00 a.m.

First
Wednesday North Chest Cancer Conference
8040 Clearvista Parkway, Suite 550
7:00 - 8:00 a.m.

Third
Wednesday Melanoma Cancer Conference
8040 Clearvista Parkway, Suite 550
7:30 - 8:30 a.m.

Community Hospital South

Third
Wednesday South Multidisciplinary
Breast Cancer Conference
Community Breast Care Center South,
533 E. County Line Rd., Ste. 101, 8:00 - 9:00 a.m.

For more information, contact Valerie Brown, (317) 355-5381.

Indiana University School of Medicine/ Indiana University Health

IU – Methodist – Riley

April 13 The Management of Cerebrovascular Disease in 2013
Goodman Hall, Indianapolis

April 13 How to Help Your Patients Quit: Practical, In-Office
Approaches for Tackling the Problem of Tobacco
Vincennes, Indiana

April 20 Practical Pearls General and Community Pediatrics 2013
Riley Outpatient Center, Indianapolis

April 26 2013 Indiana Sickle Cell Conference
Riley Outpatient Center, Indianapolis

May 3 16th Annual IU Gastroenterology/Hepatology Update
Indiana History Center, Indianapolis

May 4 How to Help Your Patients Quit: Practical, In-Office
Approaches for Tackling the Problem of Tobacco
IU Health Goshen Hospital, Goshen, Indiana

May 18 Movement Disorders Symposium
Goodman Hall, Indianapolis

May 29-30 48th Annual Riley Hospital for Children
Pediatric Conference
Indianapolis Marriott Downtown, Indianapolis

May 31 Mobile Computing in Medical Education
Fairbanks Hall, Indianapolis

June 6 Food as Medicine: A Feast of Science & Wisdom
JW Marriott Indianapolis, Indianapolis

July 26 Review & Interpretation of the 2013 ASCO Meeting
JW Marriott Indianapolis, Indianapolis

Course dates and locations are subject to change. For more information, please visit <http://cme.medicine.iu.edu> or call 317-274-0104.

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IMS Events

Indianapolis Medical Society

- April
23 IMS Board, Society, 6:00 PM, Social; 6:30 PM, Dnr/Mtg
24 Administrative Professional's Day (aka Secretaries' Day)
25 "Winning Solutions to Enhance Your Practice"
JW Marriott Downtown, Indianapolis
8:00 AM - 3:30 PM
Register by calling 639-3406
- May
21 IMS Board, Society, 6:00 PM, Social; 6:30 PM, Dnr/Mtg
- June
2 IMS Advisory Breakfast (Le Peep's), 7:30 AM ...
prior to ISMA BOT, 9:00 AM, State Hdqtrs.
12 Senior/Inactive Luncheon Meeting, 11:30 AM, Society
15-19 AMA House of Delegates Annual Meeting, Chicago, IL
25 Executive Committee, Society, 6:00 PM, Sandwiches ...
rescheduled from 18th, conflict w/AMA
- July
16 IMS Board, Society, 6:00 PM, Social; 6:30 PM, Dnr/Mtg
- August
20 Executive Committee, Society, 6:00 PM, Sandwiches
- September
11 Senior/Inactive Luncheon Meeting, 11:30 AM,
Society, Speaker TBA
17 IMS Board, Society, 6:00 PM, Social; 6:30 PM, Dnr/Mtg.
Light dinner. Dr. Mark Hamilton will be installed as 140th
IMS President. NO SPEAKER
20 ISMA BOT, Indianapolis JW Marriott, 10 S. West St.,
Indpls., 46204. 1:00 PM
20-22 ISMA CONVENTION, JW Marriott Hotel, 10 S. West St.,
Indpls., 46204
- October
15 Executive Committee, Society, 6:00 PM, Sandwiches
30 ISMA's Fall Legislative Dinner, Indy Marriott Downtown
- November
10 IMS Advisory Breakfast, 7:30 AM
prior to ISMA BOT @ 9:00 AM, State Hdqtrs.
16-19 AMA House of Delegates
19 IMS Board, Society, 6:00 PM, Social; 6:30 PM, Dnr/Mtg
- December
11 Senior/Inactive Luncheon Meeting, 11:30 AM, Society TBD
17 Executive Committee Holiday Dinner, with Spouses/Guests,
Dr. Hamilton selects location

Submit articles, photographs and information for the IMS Bulletin (deadline first of the month preceding publication issue) by emailing ims@imsonline.org or mhadley@imsonline.org. We want to feature you.

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Call for Nominations for IMS Leadership, Delegates & Committees

Want Your Voice Heard?

Your IMS is accepting Nominations!!

The Indianapolis Medical Society wants you to join the IMS Leadership Team. Make a difference in the professional lives of your colleagues, friends, and family in medicine. Take an active role in the IMS!

Nominations for leadership positions should be submitted to Beverly Hurt, EVP, by calling 639-3406 or email bhurt@imsonline.org

Online Voting for IMS Leadership

Voting for IMS Leadership, Delegates and Committees will be conducted online again this year at the IMS website, (imsonline.org)

Notices of voting dates will be published in the *Bulletin*, *eBulletin* and online.

Please participate in this vital function of your IMS.

Medical Licence Renewal Dates and Information

Next renewal deadline June 30, 2013,

<https://mylicense.in.gov/egov>

Medical licenses issued by the Indiana Medical Licensing Board are renewed every two years. The expiration date is June 30th of odd-numbered years. Renewal notification information will be emailed out to all practitioners at least by the first week of May.

Please complete the on-line SURVEY and RENEW your Medical license and all CSR's on-line by clicking on <https://mylicense.in.gov/egov>

It is important to complete the Indiana State Department of Health's Survey as it will be used to determine areas of need in the future.

Renewal fee is \$200.00 if renewed on or before June 30th. If renewed after June 30th a late fee of \$50.00 will be due in addition to your renewal fee.

Pocket cards are no longer issued at renewal time. Once you renew your license you may elect to print a free pocket card or purchase one. Facilities may view the website <http://www.in.gov/pla> to verify your license.

All documentation submitted to MLB office should include your name and license number.

and energy to match goals for improved work-life balance). Organizational measures should be a priority and should involve corporate intention to value, track and support physician well-being. A decrease in burnout should result in improved quality of care, improved patient satisfaction, lower malpractice rates and improved efficiencies of care resulting in reduced costs. Reduced physician burnout should also result in multiple winners including physicians, patients, families, healthcare delivery organizations and payers. The IMS Board will soon be evaluating appropriate programs for our members regarding stress management and burnout prevention.

"I would rather be dead than singing 'Satisfaction' when I am forty-five." Mick Jagger, June 9th, 1975⁽⁹⁾

References:

(1), (3), (4), (5), (6) The Neurobiology of Stress McEwen, B, Brain Research 886 (2000):172-189

(2) Enhancing Meaning in Work: A Prescription for Preventing Physician Burn out and Promoting Patient-Centered Care Shanafelt T, Jama. 2009; 203(12):1338-40

(7) Burnout During Residency Training Ishak WW, J Grad Med Educ. 2009 Dec;1(2):236-42

(8) Burnout and Satisfaction With Work-Life Balance Among US Physicians Shanafelt T, Arch Intern Med. 2012; 172(18):1377-1385

(9) Brainy Quote and People Magazine June 9th, 1975

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Call for Nominations for IMS Leadership, Delegates & Committees

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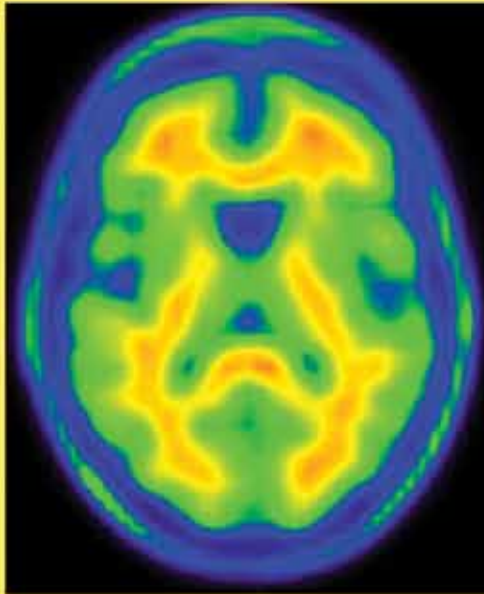
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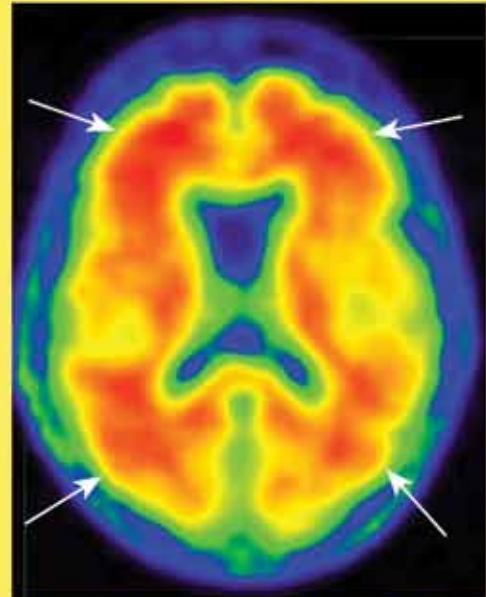
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