



Volume XCVVI • Number 3
November 2014 • Indianapolis, Indiana

Bulletin

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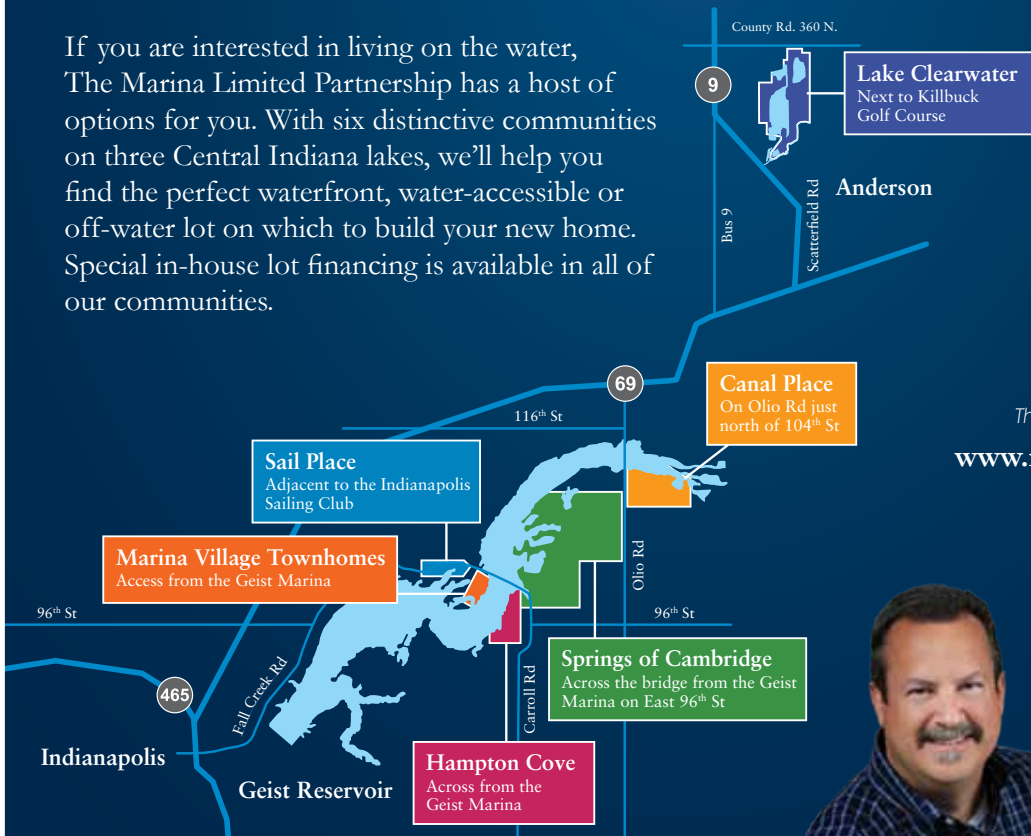
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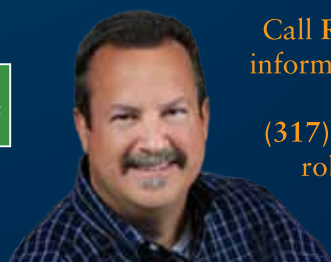
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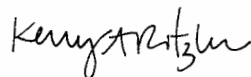
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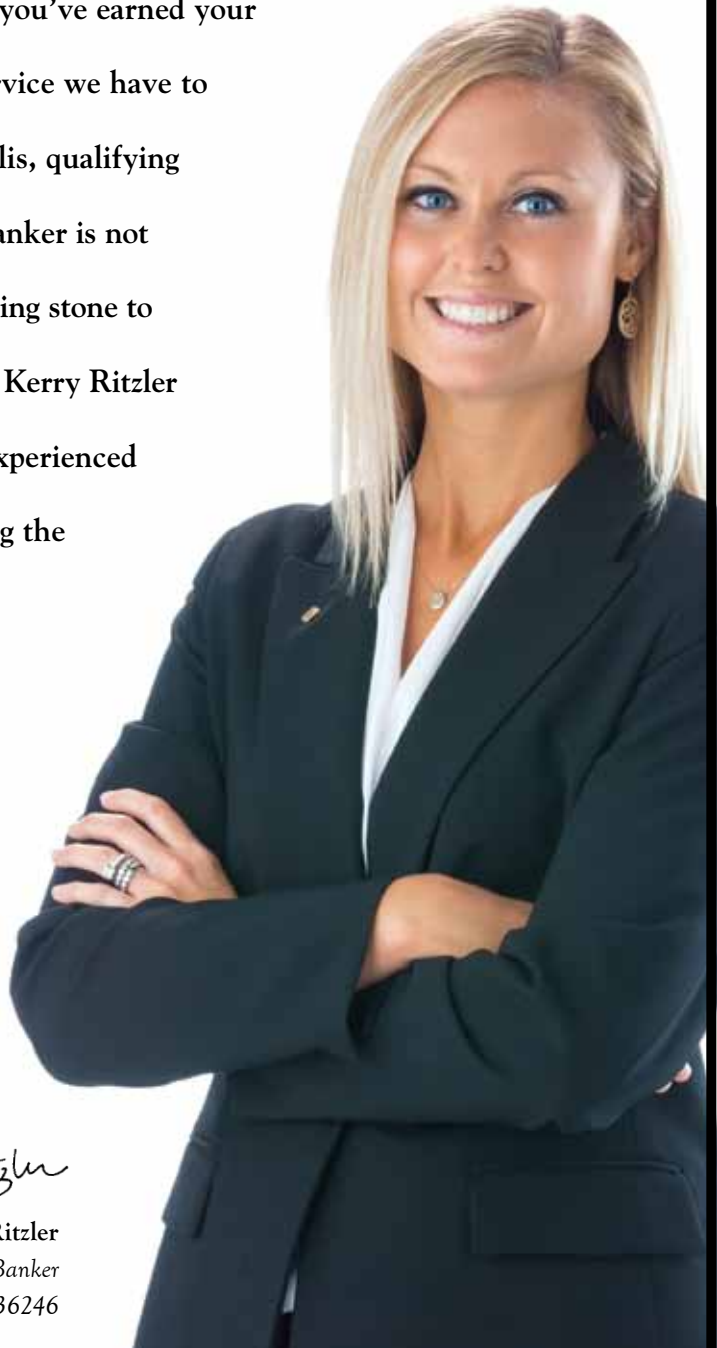
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We like to feature photographs or other artwork shared by IMS members on the cover of *The Bulletin*. Submit photographs, artwork, etc., to Beverly Hurt at the Society Office, bhurt@imsonline.org.

The Bulletin is your magazine. Share your views by submitting reprints of your published articles; articles written expressly for *The Bulletin*; quips; short stories; brief comments; ideas; cartoons, etc.

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about our cover



On our cover:
Brown County State Park overlooking the colorful vistas of November in Indiana.

November is American Diabetes Month

Diabetes is one of the leading causes of disability and death in the United States. If it's not controlled, diabetes can cause blindness, nerve damage, kidney disease and other health problems.

One in 12 Americans has diabetes – that's more than 25 million people. And another 79 million adults in the United States are at high risk of developing type 2 diabetes.

Visit: <http://healthfinder.gov/NHO/NovemberToolkit.aspx>



Happy Thanksgiving!

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President's Page *David R. Diaz, MD*

It's November!

November brings the rustle of fallen leaves as we move to and fro on our campuses, a nip in the air and the enticing smells of comfort food! One of my favorite times of the year – it's Thanksgiving!

In truth, Thanksgiving really is my favorite holiday; always will be. This is the time that I set aside each year to reflect and give thanks for blessings. And it is not commercial. Part of my love for Thanksgiving is sentimental, I suppose. I

recall times past when my family gathered for Thanksgiving. As a child, it was a non-stressful and full of laughter kind of holiday. These days I understand how the holiday may not have been stress-free for parents and grandparents, but I choose to think it was their favorite holiday as well.

We had traditions. My grandmother always baked the pies (pumpkin, pecan and cherry). My mother's wonderful chicken and noodles. My grandmother and sometimes my uncle always prepared the turkey. Biscuits, gravies, dressings, all the special sides were lovingly made by all ... even we children participated in preparing the goodies and decorating. Those traditions have continued to the present, where dumplings are made together by three generations.

Sometime during each Thanksgiving, I review my blessings and give thanks. A few years ago, my son suffered a cardiac event related to a previously undiagnosed WPW syndrome. He spent weeks on the ventilator, and, after an ablation, months in physical rehabilitation. And he never complained. I am so thankful for our son's miracle recovery. When I see him these days, a smile creeps across my face. This month I want to give a hearty and public thank you to my medical colleagues, many of whom are IMS members, as well as those nurses, rehabilitation specialists, family and friends that each contributed to his recovery. Indianapolis has a wonderful community of healthcare professionals ... my sincere thanks.

As we all reflect on Thanksgiving, let us be thankful to those who have served and are currently serving our nation during these difficult days of world and local terrors. Our military, our first responders, our healthcare teams and those who step forward daily to make the lives of everyone better. Please take a moment to honor those who served as



we recognize Veterans Day (Armistice Day), too. As a point of history, "In November 1919, President Wilson proclaimed November 11 as the first commemoration of Armistice Day with the following words: 'To us in America, the reflections of Armistice Day will be filled



with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..."⁽¹⁾

Let us thank our families and friends, gratefully recall those no longer with us and thank those who still are enriching our lives.

Thanks to our colleagues, medical researchers, device developers, professors, nurses, therapists ... those working in healthcare to provide care to patients daily. Thank you, too, to the care-givers and those who help us provide the care needed. Today, there seems to be an unending stream of new diseases or chronic problems that require immediate and compassionate care.

Be thankful, be kind and be generous ... we never know who our thanks will touch.

Reference:

⁽¹⁾<http://www.va.gov/opa/vetsday/vetdayhistory.asp>

David R. Diaz MD
President, Indianapolis Medical Society

Election Results 2014-2015



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Paula A. Hall



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Nicholas F. Hrisomalos



Robert M. Hurwitz



Paul D. Isenberg



David A. Josephson



Marc R. Kappelman



Gerald T. Keener, Jr.



John C. Kincaid



John E. Krol



H.B. Harold Lee



Randall A. Lee



Daniel E. Lehman



Susan K. Maisel



Mary Ian McAteer



Clement J. McDonald, III



David H. Moore



Ramana S. Moorthy



Robert M. Pascuzzi



Stephen W. Perkins



Maria C. Poor



Richard H. Rhodes



Steven M. Samuels



John F. Schaefer, Jr.



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Ann Marie Hake (2017)
Douglas J. Horton (2017)
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Peter Gianaris, MD
Eric Horn, MD, PhD
Steven James, MD
Saad Khairi, MD
Albert Lee, MD
Thomas Leipzig, MD
Shannon McCanna, MD
James Miller, MD
Jean-Pierre Mobasser, MD
Troy Payner, MD
Gautam Phookan, MD
Eric Potts, MD
Richard B. Rodgers, MD
Carl Sartorius, MD
Mitesh Shah, MD, FACS
Scott Shapiro, MD, FACS
Julius A. Silvidi, MD
Thomas Witt, MD
Ronald L. Young, II, MD

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Neuropsychology

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Bulletin Board

Philip D. Zaneteas, MD, is now Board Certified in Neuromuscular Medicine. Neuromuscular medicine is a subspecialty of neurology and physical medicine and rehabilitation that includes abnormalities of the motorneuron, nerve root, peripheral nerves, neuromuscular junction, and muscle, including disorders that affect adults and children. The subspecialty certification will identify physiatrists who, by virtue of specialized education, demonstration of qualifications, and experience, are recognized as specialists in neuromuscular medicine.

Dr. Zaneteas has been selected to be the State Liaison for the state of Indiana for the American Association of Neuromuscular and Electrodiagnostic Medicine (AANEM). He traveled to Washington D.C. in September to meet with staffers of Congresswoman Susan Brooks, Congressman Dan Coats, and Senator Joe Donnelly. The topic discussed was trends in the industry toward new certification requirements of physicians and labs performing EMGs.

David M. Mandelbaum, MD, has been appointed medical director for Franciscan Visiting Nurse Service (VNS), focusing on home health and post-acute care services.

Dr. Mandelbaum also serves as Director of Franciscan St. Francis Health's Office of Medical Staff Engagement and was the physician leader of the hospital's project to convert to an electronic medical records system.

A native of New York City, he has served as President and Vice President of the Franciscan St. Francis Health Medical Staff and chaired the Department of Surgery. He was a practicing general surgeon with Franciscan Physician Network Indy Southside Surgical from 1986 to 2009.

Indiana University School of Medicine Department of Radiology and Imaging Sciences radiologist **Kumar Sandrasegaran, MD**, received 2014 Radiological Society of North America (RSNA) Honored Educator Award. This award is given to members who have produced exceptional RSNA educational materials to further the radiology profession. This year, 42 radiologists from around the world were chosen to receive this honor.

Rick C. Sasso, MD, co-authored a book chapter, "Anterior Odontoid Fixation," published in *Master Techniques in Orthopaedic Surgery: The Spine* 3rd edition pp 75-89. It details surgical techniques to fix a common fracture of C2.

Dr. Sasso returned from the American Academy of Orthopaedic Surgeon headquarters in Chicago where he served as a faculty member at the annual Spine Hands-on Cadaver course, which was sponsored by the Lumbar Spine Research Society. He lectured on the surgical treatment of degenerative spondylolisthesis and presented a surgical video demonstration on anterior exposure of the thoracolumbar junction.

Mark M. Hamilton, MD, lectured to the Indiana University department of Otolaryngology-Head and Neck Surgery August 27th on Evaluation and Rejuvenation of the Upper Third of the Face. Dr. Hamilton also served as invited faculty at the American Academy of Facial Plastic and Reconstructive Surgery Meeting in Orlando, Florida, September 17-20. He delivered a presentation on Fractional Laser Resurfacing, served on a panel discussing laser complications and chaired the Credentials Committee. On October 2, he presented to



Nicholas M. Barbaro, MD



William Gregory Chernoff, MD



Aaron A. Cohen-Gadol, MD



Mark M. Hamilton, MD



David M. Mandelbaum, MD



Monica E. Mazda, MD



Stephen W. Perkins, MD



Eric A. Potts, MD



Theresa M. Rohr-Kirchgraber, MD



Kumar Sandrasegaran, MD



Rick C. Sasso, MD



Mitesh V. Shah, MD



Thomas C. Witt, MD



Philip D. Zaneteas, MD

the Saint Francis Family Practice residency program on facial trauma and scar revision.

Neurologist **Monica E. Mazda, MD**, has joined JWM Neurology. Dr. Mazda received her Medical Degree at Rush Medical College, Chicago, Illinois in 2009. She completed a Neurology residency at Indiana University School of Medicine, Indianapolis, Indiana finishing in 2013. She finished her fellowship in Neurophysiology with an EMG emphasis at University of California San Francisco this year.

While Dr. Mazda enjoys seeing a wide variety of patients, she has special interests in neuromuscular disorders such as peripheral neuropathies, Myasthenia Gravis, ALS and a variety of myopathies.

Stephen W. Perkins, MD, of Meridian Plastic Surgeons recently was an invited faculty member for the American Academy of Facial Plastic and Reconstructive Surgery annual meeting in Orlando, Florida. He conducted two instructional courses on Rhinoplasty including, "Cartilage Sparing Techniques" and "15-Year Retrospective Evaluation of Endonasal Versus External Approach." He also moderated a panel on the topic of Facelifting Techniques.

Theresa M. Rohr-Kirchgraber, MD, was featured in the *Physician Family Magazine Blog* with a Q & A on Women in Medicine, September 24, 2014.

William Gregory Chernoff, MD, presented research and clinical outcomes at the American Academy of Facial Plastic and Reconstructive Surgery Annual Meeting, in Orlando, Florida, September 18-20, 2014. Dr. Greg Chernoff shared his clinical research and experience with adult stem cell stromal

Continued on page 12.

New Members

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Fax – 497-6400
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Orthopaedic Surgery
Sports Medicine (ORS)
Indiana University, 2008



Burke, Brent C., MD
Community Anesthesia
Associates
11460 N. Meridian St., #110
Carmel, 46032-4409
Anesthesiology, 1988
Indiana University, 1981

Kincy, Temeka R., MD
Resident – St. Vincent Hospital
Obstetrics & Gynecology
Indiana University, 2012

Lomibao, Frances J., MD
Fellowship – IU School of Medicine
Internal Medicine
Rheumatology
St. George's University, Grenada, 2010

Please submit articles, comments for publication, photographs, Bulletin Board items, CME and other information to mhadley@imsonline.org by the first of the month preceding publication.

Bulletin Board (Continued from page 11)

vascular fraction (SVF) in cosmeticother applications. His research focuses on delaying the aging process, improving skin quality, non-healing wounds, and other health benefits. Dr. Chernoff served on a panel called: “State of the Art in Fat and Stem Cells” that discussed the role of platelet rich plasma (PRP) and adult stem cells in reconstructive surgery, cosmetic, and regenerative medicine. Additionally, Dr. Chernoff discussed new applications for micro-needling as a mechanism to transport stem cells and growth factors into the skin.

News from Goodman Campbell Brain and Spine...

Nicholas M. Barbaro, MD, was invited to speak at the University of Michigan, Department of Neurosurgery as the Edgar A. Kahn visiting professor on September 11, 2014.

Aaron A. Cohen-Gadol, MD, coauthor presented a video case discussion of microsurgical techniques used to correct a spinal dural arteriovenous fistula (dAVF). This condition was observed in a patient who exhibited sudden temporary lower extremity weakness that was secondary to a dAVF. View the video online in the September 2014 issue of *Neurosurgery Focus* (37 Suppl 2:Video 11).

Eric A. Potts, MD, presented “Spine Cases” at the IU Department of Neurological Surgery conference held at the IU Health Neuroscience Center on September 24, 2014.

Mitesh V. Shah, MD, submitted an abstract that has been accepted for the 2015 International Stroke Conference sponsored by the American Heart Association. The title of his abstract is “Preliminary Experience with Evacuation of Intracerebral Hemorrhage via a Minimally Invasive Parafascicular Technique.”

Dr. Shah, Dr. Aaron Cohen-Gadol, and residents have coauthored a manuscript accepted for publication in the *Journal of Neurosurgery*. Look for this article on the posterior interhemispheric transfalciine transprecuneus approach for microsurgical resection of peri-atrial lesions in a future issue of the journal.

Thomas Witt, MD, presented “Deep Brain Stimulation Placement” at the Neuroscience Grand Rounds held at the IU Health Neuroscience Center on September 3, 2014.

In Memoriam



Charles Robert Echt, MD, 1933 - 2014

Dr. Charles Robert Echt, 81, died, after a courageous and lengthy struggle with melanoma on September 10, 2014. Dr. Echt was a practicing physician (obstetrics and gynecology) until the final months before his passing.

Beginning with his service in the United States Air Force (stationed in Morocco), he became an avid traveler, visiting countless countries on six continents. Dr. Echt left the service as a Captain in July 1961.

Dr. Echt graduated from Hammond High (Class of 1950); he was a member of Zeta Beta Tau fraternity at Indiana University (class of 1954), Indiana University School of Medicine (class of 1957). He interned at Cook County Hospital and completed his residency at the IU Medical Center (1958-1959). Board certified in Obstetrics & Gynecology, Dr. Echt also completed a fellowship in endocrinology at the Michael Reese Hospital and Medical Center in Chicago (1963-1964). He maintained affiliations with The Indiana University Medical Center, Winona, Humana, Methodist and St. Vincent's Woman's hospitals.

Dr. Echt was honored by the Indianapolis Medical Society in 2007 for his 50 years in medicine.



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William H. Dick, MD

Speaker: Leo Doyle – Collector of Small Cars

Few of our members have been collectors of over 40 small cars or started 15 companies. Leo Doyle, a lifelong entrepreneur, has done all that and more. He founded the first internet provider in Indianapolis in 1992 with Midwest Internet. Leo hails from Brooklyn, NY. He earned an electronic technology AAS in Farmingdale, NY, and a BET in electrical technology in Buffalo, NY. In addition, he has a MS in computer science from Ball State and he was a Professor at IUPUI.

Recently, Mr. Doyle helped found the Indianapolis Cyber Crime Unit, designed to protect the city's computer files from hackers.

Many of Leo's cars are electric or hybrid; some are gasoline powered. Nearly all are small, with a second seat behind the driver. He owns the first "Smart Car" in Indiana; it was purchased in Europe. Most cars are from very small production runs or



"one-of-a-kind." He strives to get as much information about each car as possible.

So, why collect? He has no real good answer but

the car must be really cool, different, strange or rare. Also, Leo, a big man, has to be able to fit into the auto. They must be street legal: lights, turn signals, bumpers, windshield, mirrors, brakes, tires, muffler, reflectors, horn, seat belts and

the all-important license plate. Electric cars need to have the electronics kept dry from rain or snow. He uses a parachute to cover each car to keep off dust and dirt.

There are three phases of collecting: acquiring, restoring, and showing it off. He used to have the vehicle shipped back home with FedEx when they used to deliver autos. It can also be driven or trailed. He does not have a museum. He actually drives his cars. When one looks at his cars on his web site, the talk finally makes sense. These are weird and wild cars!

Ah yes, the license plate. Dealing with the BMV is one of Leo's favorite sports. Titles and certificate of origin are all-important. He bought a "spy van" (it has a periscope that can read a license plate from a half mile away) from the Federal



Government. The BMV clerk insisted on knowing which state it came from. The supervisor cleared up the issue.

Then there is the insurance problem. Mr. Doyle contacted 28 insurance companies before one agreed to insure him. The most fun comes in drawing a crowd at the mall or wherever. They keep him occupied for half an hour to ask all about the auto. He has also been stopped by the police, just so that they can see the car (and take a photo). First they want to know if it is street legal. Once that fact has been established, they want to know all about the car.

Each car should be a "fun project." Leo likes to be the leader in his "one-person parades." Mr. Doyle took his yellow and blue amphibian vehicle for a spin in Geist Reservoir. He loves his "smart car," which he insists is safe. "Just a big roll bar...." It is obvious from Leo Doyle's enthusiasm that he really enjoys collecting small autos. You can view the cars at: www.leosgarage.com.

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CME & Conferences

Community Hospital East

First
Wednesday Critical Care Conference
Bradley Board Room, 12:00 - 1:00 p.m.

Second
Tuesday Medical Grand Rounds
Bradley Board Room, 12:00 - 1:00 p.m.

Community Hospital North

First
Wednesday Pediatric Grand Rounds
Multi Services Rooms 1 & 2
7250 Clearvista Dr. 7:30 – 8:30 a.m.

First
Friday North Forum
Reilly Board Room; 12:00 - 1:00 p.m.

Every Other
Month Psychiatry Grand Rounds
7250 Clearvista Dr.
4th Thursday Multi-Service Rms. 1 & 2 7:30 - 8:30 a.m. begin 1/23/14

Community Heart & Vascular Hospital

First
Wednesday Imaging Conference:
rotates Cath & Echo Case Presentations
CHVH MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (Ste. 420)
HVC South Office CR (Suite 2400)
7:00 - 8:00 a.m.

Third
Wednesday Ken Stanley CV Conference
CHVH MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (Ste. 420)
HVC South Office CR (Suite 2400)
7:00 - 8:00 a.m.

Fourth
Wednesday Disease Management Conference:
rotates CHF & EP Case Presentations
CHVH MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (Ste. 420)
HVC South Office CR (Suite 2400)
7:00 - 8:00 a.m.

2014 Cancer Conferences

Community Hospital East

Third
Thursday East General Cancer Conference - CHE
Medical Staff Conference Room
12:00 noon to 1:00, lunch provided

Fourth
Tuesday East Multidisciplinary Breast Cancer Conference - CHE
Medical Staff Conference Room
7:00 to 8:00 am

Community Hospital North

First & Third
Tuesdays North Multidisciplinary Breast Cancer Conference - CHN
8040 Clearvista Parkway, Suite 550
7:00 to 8:00 am

Second & Fourth
Wednesdays North Multidisciplinary GI Oncology Conference - CHN
8040 Clearvista parkway, Suite 550
7:00 to 8:00 am

Second & Fourth
Fridays North Multidisciplinary Gynecologic Surgical
Oncology Conference - CHN
8040 Clearvista Parkway, Suite 550
7:30 to 8:30 am

First
Wednesday North Chest Cancer Conference - CHN
8040 Clearvista Parkway, Suite 550
7:00 to 8:00 am

Third
Wednesday Melanoma Cancer Conference - CHN
8040 Clearvista Parkway, Suite 550
7:30 to 8:30 am

Community Hospital South

Second
Wednesdays South Multidisciplinary Breast Cancer
Conference - CHS
Community Breast Care Center South
533 E. County Line Rd., Suite 101
8:00 to 9:00 am

For more information, contact Valerie Brown, (317) 355-5381.

Indiana University School of Medicine/ Indiana University Health

IU – Methodist – Riley

Sept. 10-
Nov. 26 Redefining Health Care Response to
Interpersonal Violence (10 weeks)
Petticrew Auditorium
IU Health Methodist, Indianapolis

Nov. 14 13th Annual Lingeman Lectureship
Riley Hospital Outpatient Center, Indianapolis

Nov. 15 Neurology Update for Neurologists IV
Neuroscience Goodman Hall, Indianapolis

Nov. 17 Passages and Promises:
Innovations in Palliative Care
IUPUI Campus Center, Indianapolis

Nov. 18-20 Biostatistics for Health Care Researchers:
A Short Course
Health Information & Translational Science
Building (HITS), Indianapolis

2015
Jan. 15-17 Musculoskeletal Ultrasound Beginner Level Course
IUSM Campus, South Bend, Indiana

Jan. 24 Breast Cancer: Year in Review
Indiana History Center, Indianapolis

March 9-11 Third Annual Children's Health Services
Research Symposium
Health Information & Translational Science
Building (HITS), Indianapolis

April 24-26 American Medical Women's Association (AMWA)
Annual Meeting
The Palmer House, Chicago, Illinois

May 14-16 50th Annual Riley Hospital for Children's
Pediatric Conference
Sheraton North, Indianapolis

July 10 Review and Interpretation of the 2014
ASCO Conference
The Towers, IUPUI Campus, Indianapolis

Course dates and locations are subject to change. For more information, please visit <http://cme.medicine.iu.edu> or call 317-274-0104.

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CME & Conferences

Indianapolis Medical Society

November

- 8-11 AMA House of Delegates, Dallas, TX
- 18 IMS Board, Society, 6:00 PM, Social; 6:30 PM, Dnr/Mtg

December

- 10 Senior/Inactive Luncheon Meeting, 11:30 AM, Society TBD
- 16 Executive Committee, Society, 6:00 PM, Sandwiches

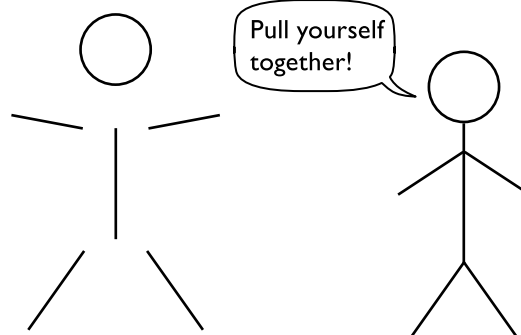
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Heidi M. Dunniway
Jon D. Marhenke

Delegates to the State Convention, September 2015, Indianapolis

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Stephen R. Klapper (2016)
Susan K. Maisel (2016)
David M. Mandelbaum (2016)
John P. McGoff (2016)
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Randall A. Lee (2017)
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Richard H. Rhodes (2017)
Kenneth N. Wiesert (2017)

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The year shown in parentheses indicates year in which the term expires following the conclusion of the ISMA Annual Convention.

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Robert S. Flint (2015)
Tod C. Huntley (2015)
Norman Mindrebo (2015)
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Jeffrey M. Rothenberg (2015)
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Jeremy T. Sullivan (2015)
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Steven L. Wise (2015)

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Ann M. Collins (2016)
Stephen B. Freeman (2016)
John Douglas Graham, III (2016)
Andrew A. Johnstone (2016)
Frank P. Lloyd, Jr. (2016)
Mercy O. Obeime (2016)
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Jason K. Sprunger (2016)
Kenny E. Stall (2016)
Samuel T. Thompson (2016)
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Brian D. Clarke (2017)
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