

Bulletin



Stephen W. Perkins, MD
142nd IMS President
2015-2016

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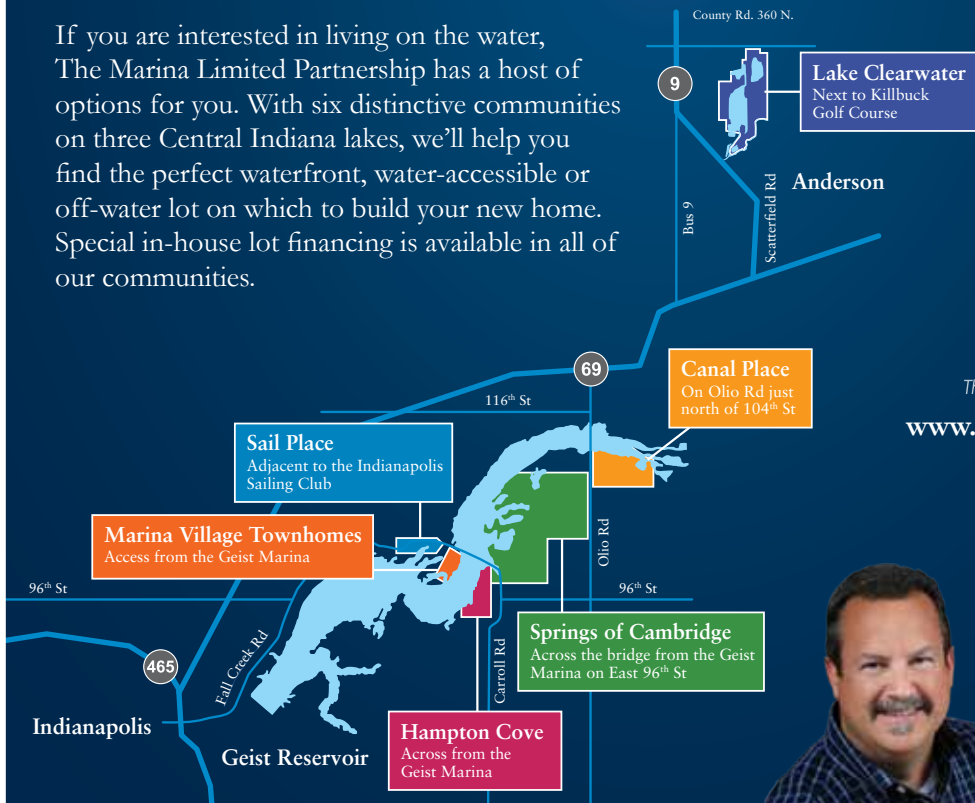
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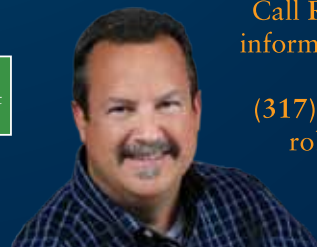


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ATTENTION SOCIETY MEMBERS

We like to feature photographs or other artwork shared by IMS members on the cover of *The Bulletin*. Submit photographs, artwork, etc., to Beverly Hurt at the Society Office, bhurt@imsonline.org.

The Bulletin is your magazine. Share your views by submitting reprints of your published articles; articles written expressly for *The Bulletin*; quips; short stories; brief comments; ideas; cartoons, etc.

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IMS Web Page: <http://www.imsonline.org>

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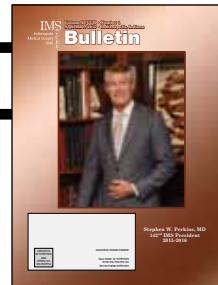
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about our cover

On our cover:

Steven W. Perkins, MD, the 142nd IMS President. The photograph was taken by Debby Crevonis, Meridian Plastic Surgeons, on location at Dr. Perkins office.



Juleps in July July 29, 2015

Juleps in July held July 29, 2015 at the Allison Mansion at Marion University for Women Physicians and Scientists. Photograph by IMS staffer, Becky Collis.



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President's Page *Stephen W. Perkins, MD*

The coming year ...

First, let me take this opportunity to thank the Board of Directors of the Indianapolis Medical Society and you, the Membership, for allowing me the opportunity to serve this coming year as your 142nd President.

It is with great honor and humility that I assume this position as your President to offer some guidance as to the current direction and solution to many issues our Society faces currently, as well as, its future. It is explicitly clear that the IMS exists for the sole purpose of serving its Physician Members in the greater Indianapolis area. Membership in organized medicine and the Medical Society are one in the same. The Board of Directors on which I have been serving the past twenty plus years works very diligently to provide useful benefits to Members, as well as informing and educating the Membership and all physicians in Central Indiana about the very important issues related to the practice of medicine and taking care of patients. I will spend more detailed time discussing many of the specific benefits the IMS provides to Members, as well as, general benefits to the entire physician base of Central Indiana, which you can access via imsonline.org or contact me directly through our DocBookMD® directory.

While the Indianapolis Medical Society is a direct grassroots part of the Indiana State Medical Association, providing input and supporting many very important issues that the ISMA works for on behalf of the physicians of Indiana, the IMS has many other benefits specific for its Members and takes a more direct role in offering a collective sense of purpose to help each individual Physician Member with any practice concerns on how to better serve their patients and manage their practices. We will be present at the upcoming Reference Committee meeting providing a strong voice discussing the pros and cons of the ISMA Proposed Resolution 15-33 to perhaps realign the membership process, as well as, to help preserve the Patients' Compensation Act.

One of the reasons our Society exists is to provide opportunities to communicate, collaborate, and even socially engage with each other in a variety of ways to enhance our professional careers and mutually share ideas with each other on how to better handle the pressures of a changing medical environment and still take care of our patients in the manner we enjoy. Many years ago, while serving on the Board of Directors, I also served as chairman of the Society's representation to the Medical/Legal Committee of the IMS and the Indianapolis Bar Association. It was an opportunity to have some collegiality with our legal professional colleagues so that they would understand us and get to know us better while, at the same time, affording us the opportunity to learn the goals of their legal profession and representing their clients. Notably, it was also an opportunity to engage our Society Members and non-members socially once a year at an educational dinner meeting with experts discussing extremely timely and interesting topics for both doctors and lawyers in the Indianapolis area. I am working closely with the staff of our Society and the Board of Directors in planning and scheduling an upcoming dinner meeting on the topic of personal identity security, as well as, security of the electronic medical records

within our practices. The possibilities of cyber-attacks and data breaches, causing us to become unsuspecting victims of HIPAA violations are, unfortunately, extremely possible with today's electronic media and records communications. We need to learn all we can to protect our personal identities and our practice databases. This will additionally be an opportunity to socially interact and network with each other, re-engage with our Membership, former members, and invite and reach out to non-member physicians so they may understand and learn about the opportunities to become Members and join with us as a Society.

There are several things actively going on with the Society and our Board as I write this. Very likely, prior to publication, we will have completed the sale of our building on East New York Street to ensure the current and future financial stability of our Society. The Society functions on revenue solely from membership dues; but, fortunately, from the wisdom of our prior leaders and hard work by many of us at the time, we chose to invest in our own building to allow equity to grow over time. I am happy to tell you that we have achieved that goal, but now is the time to downsize the space in which our Society will function so we can become even more efficient and financially prudent in providing services to our Members.

During this year, I would like to address the following topics, as well as, work on ways in which we as a Society can offer more to the Membership and more to potential member physicians of Central Indiana by way of assisting them through these extremely trying times in the changing healthcare landscape:

- 1) The impending merger acquisition of Anthem and Cigna, and Aetna and Humana.
- 2) ICD-10 coding transition which is mandated to become effective October 1, 2015. What your Society is doing and can do to help you comply.
- 3) The trials and tribulations of private, solo or group practices, and engage and incorporate the same issues from a different perspective for those physicians who are employed.
- 4) Why doctors are leaving the profession.
- 5) Electronic medical records (EMR)/electronic health records (EHR) and how it has and is impacting each one of us.
- 6) Care collaborators, hired either by patients or physicians, to assist in the care of patients, and managing the interface with healthcare providers: the involvement of paramedical personnel (RN's, PA's, NA's).
- 7) Monitoring and protecting your reputation and image to your patient base and the community. The advent and effect of Internet Google searches, Facebook, LinkedIn, YELP, and many doctor search websites grading us fairly or unfairly.

I look forward to communicating with you on an ongoing basis, re-engaging with the Membership, and encouraging non-members to join together with us to face these important issues of our medical practice times.

Sincerely and with great respect,
Stephen W. Perkins, MD

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Bulletin Board

Mark M. Hamilton, MD, served as an examiner for the annual American Board of Facial Plastic Surgery examination in Washington, DC June 27, 28th.

In addition, he recently was selected to co-author a review article for *JAMA Facial Plastic Surgery* entitled, "The Current Status of Fractional Laser Resurfacing," which appeared online in July and appears in the September printed issue.

Community Health Network named **David L. Kiley, Jr., MD**, Senior Vice President and Physician Executive for its North Region. Dr. Kiley, an OB/GYN, has worked for Community since 1992. Most recently, he was Vice President of Clinical Performance for Community's North Region, which includes its two hospitals in the Castleton area.

Richard D. Feldman, MD, has been reappointed as a lay member of the Indiana General Assembly's Interim Study Committee on Public Health, Behavioral Health and Human Services.

Dr. Feldman is director of the Franciscan St. Francis Health Family Medicine Residency Program, which he has headed since 1981. He also directs the hospital's medical education program. He has held several elected appointments with the Indiana Academy of Family Physicians (IAFP), the Indianapolis Medical Society and Indiana State Medical Association.

In 2014, he received lifetime achievement accolades from the IAFP and the Indiana Public Health Foundation.

An Indianapolis resident, he has served as president of the Indiana Academy of Family Physicians (IAFP) and is past president of the Indiana Medical History Museum.

Dr. Feldman served as Indiana State Health Commissioner from 1997 to 2001, and he's a featured editorial columnist for the Indianapolis Star.

"Globe Spine Journal" is the latest article written by **Rick C. Sasso, MD**. It was recently published in the *International Journal of Spinal Surgery*. It features a multi-center study about cervical myelopathy due to multi-level cervical stenosis and the most appropriate surgical strategy for decompression.

Dr. Sasso was a contributing author of a just published article, "Do you need bone graft extenders for a 2 to 3 level posterior lumbar decompression and fusion with adequate local bone? Local Bone Only: Not enough volume, not enough biology," in the most recent edition of the *Journal of Spinal Disorders and Techniques*.

News from JWM Neurology ...

Jeffrey W. Hilburn, MD, recently spoke at the Indiana Hemorrhagic Stroke Meeting in Indianapolis.

Marcus J. Magnussen, DO, has joined JWM Neurology. He received his Master of Science Degree in Biology from Indiana University-Purdue University Indianapolis in 2006 and his Medical Degree from Des Moines University in Des Moines, Iowa in 2010. He completed his Neurology Residency in 2014 and his Clinical Neurophysiology Fellowship in 2015, both at Emory University in Atlanta, Georgia. Dr. Magnussen sees patients with all neurology conditions. His special areas of interest include neuromuscular disease, EMG, EEG, Epilepsy and Concussion.

News from Goodman Campbell Brain and Spine ...

Laurie L. Ackerman, MD, and coauthors reported a case of a pediatric patient with several forms of premature fusion of the cranial sutures that required cranial reconstruction. The authors used a spring-mediated expansion as a technique that preserved the collateral intracranial venous drainage system. The authors found that the risks of blood loss, intracranial venous hypertension, and increased intracranial pressure might be decreased compared with traditional techniques of repair. Their article appeared in the April 10, 2015, online version of the *Journal of Neurosurgery Pediatrics*.

Nicholas M. Barbaro, MD, was elected Vice-Chair of the ACGME Residency Review Committee for Neurological Surgery. He is co-editor of a book recently published by Elsevier, *Nerves and Nerve Injuries, Volume 1: History, Embryology, Anatomy, Imaging, and Diagnosis* (Tubbs RS, Rizk E, Shoja MM, Loukas M, Barbaro N, Spinner RJ, eds.; 2015).

The IU Department of Neurological Surgery will host the Annual Meeting of the Society of Neurological Surgeons (SNS) in Indianapolis, June 4-7, 2016. Dr. Barbaro is the current Chair of the Department of Neurological Surgery and the secretary of SNS.

Aaron A. Cohen-Gadol, MD, and coauthors explored the morphology of the internal carotid artery at the skull base to gain a thorough



Laurie L. Ackerman, MD



Nicholas M. Barbaro, MD



Aaron A. Cohen-Gadol, MD



Richard D. Feldman, MD



Mark M. Hamilton, MD



Jeffrey W. Hilburn, MD



David L. Kiley, Jr., MD



Albert E. Lee, MD



Thomas J. Leipzig, MD



Marcus J. Magnussen, DO



Richard B. Rodgers, MD



Rick C. Sasso, MD



Mitesh V. Shah, MD



Thomas C. Witt, MD



Ronald L. Young, II, MD

knowledge of the shape of the carotid siphon. The authors used cerebral angiography to evaluate the shape of the carotid siphon from a lateral perspective and correlated the shapes to the Lang and Reiter classification. Their observations were published in the June 2015 issue of *Child's Nervous System*.

Dr. Cohen and coauthors also conducted in vitro, in vivo (mouse), and clinical studies to assess whether intravenous fluorescein would specifically stain glioma cells, provide a tool for visualizing tumor margins, and help surgeons to achieve gross-total resection (GTR) of high-grade astrocytomas. They observed fluorescein accumulating in extracellular tumor cell-rich locations, but not in astrocytoma cells, suggesting that fluorescein is a marker for areas of compromised blood-brain barrier within high-grade tumors. The authors concluded that fluorescein fluorescence is a practical tool to help surgeons achieve GTR. Their results were published in the June 2015 issue of the *Journal of Neurosurgery*.

Albert E. Lee, MD, and coauthors investigated age at onset in patients with trigeminal neuralgia with and without neurovascular compression (NVC). The authors concluded that NVC is neither sufficient nor necessary for the development of trigeminal neuralgia. They noted that patients with trigeminal neuralgia without NVC might be a distinct population of younger, predominantly female patients. Read their article online in the June 5, 2015, issue of the *Journal of Neurosurgery*.

Thomas J. Leipzig, MD, was a faculty member for the Goodman Oral Board Review Course held at the 83rd AANS Annual Meeting, in Houston, TX, in May 2015. Dr. Leipzig spoke on neurovascular topics.

Richard B. Rodgers, MD, presented two abstracts at the National Neurotrauma Society meeting in Santa Fe, NM, on June 29-30, 2015. His topics were 1.) "The effects of osmotic agents on cerebral microcirculation after traumatic brain injury," and 2.) "Clinical utility of outpatient follow-up computed tomography in a traumatic subdural hematoma population."

Mitesh V. Shah, MD, and **Ronald L. Young II, MD**, were key presenters at the Indiana Hemorrhagic Stroke Meeting, held June 29-30, 2015, in Indianapolis. This conference for stroke care professionals was sponsored by the Indiana Clinical and Translational Sciences Institute.

Thomas C. Witt, MD, and **Nicholas M. Barbaro, MD**, reported long-term safety and efficacy results of the SANTE trial that investigated deep brain stimulation of the anterior nucleus of the thalamus. Their results showed sustained efficacy and safety in a treatment-resistant population. The article appeared online in the March 10, 2015, issue *Neurosurgery*.

IMS

CME & Conferences

Community Hospital East

First
Wednesday Critical Care Conference
Bradley Board Room, 12:00 - 1:00 p.m.

Second
Tuesday Medical Grand Rounds
Bradley Board Room, 12:30 - 1:30 p.m.

Community Hospital North

First
Wednesday Pediatric Grand Rounds
Reilly Board Room
7250 Clearvista Dr. 7:30 - 8:30 a.m.

First
Friday North Forum
Reilly Board Room; 12:00 - 1:00 p.m.

Every Other
Month Psychiatry Grand Rounds
7250 Clearvista Dr.
4th Thursday Multi-Service Rms. 1 & 2, 7:30 - 8:30 a.m.

Community Heart & Vascular Hospital

First
Wednesday Imaging Conference:
rotates Cath & Echo Case Presentations
CHVH MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (Ste. 420)
HVC South Office CR (Suite 2400)
HVC Kokomo
7:00 - 8:00 a.m.

Third
Wednesday Ken Stanley CV Conference
CHVH MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (Ste. 420)
HVC South Office CR (Suite 2400)
HVC Kokomo
7:00 - 8:00 a.m.

Fourth
Wednesday Disease Management Conference:
rotates CHF & EP Case Presentations
CHVH MCV Boardroom Videoconference to
HVC Anderson Office, HVC East Office BR (Ste. 420)
HVC South Office CR (Suite 2400)
HVC Kokomo
7:00 - 8:00 a.m.

2014 Cancer Conferences

Community Hospital East

Third
Thursday East General Cancer Conference - CHE
Medical Staff Conference Room
12:00 noon to 1:00, lunch provided

Fourth
Tuesday East Multidisciplinary Breast Cancer Conference - CHE
Medical Staff Conference Room
7:00 to 8:00 a.m.

Community Hospital North

First & Third
Tuesdays North Multidisciplinary Breast Cancer Conference - CHN
8040 Clearvista Parkway, Suite 550
7:00 to 8:00 a.m.

Second & Fourth
Wednesdays North Multidisciplinary GI/Colorectal Oncology Conference - CHN
8040 Clearvista parkway, Suite 550
7:00 to 8:00 a.m.

First
Friday North Multidisciplinary Gynecologic Surgical
Oncology Conference - CHN
8040 Clearvista Parkway, Suite 550
7:30 to 8:30 a.m.

First
Wednesday North Chest Cancer Conference - CHN
8040 Clearvista Parkway, Suite 550
7:00 to 8:00 a.m.

Third
Wednesday Melanoma Cancer Conference - CHN
8040 Clearvista Parkway, Suite 550
7:30 to 8:30 a.m.

Community Hospital South

Second
Wednesdays South Multidisciplinary Breast Cancer Conference - CHS
Community Breast Care Center South
533 E. County Line Rd., Suite 101
8:00 to 9:00 a.m.

First
Tuesday South Multidisciplinary GI/Colorectal Oncology Conference
1440 E. County Line Rd.
Community Cancer Care, Community Room
12:00 to 1:00 p.m.

For more information, contact Valerie Brown, (317) 355-5381.

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Sept. 19 Practical Pearls General & Community Pediatrics
2015
Riley Outpatient Center, Auditorium

October 2 27th Annual Tri-State Craniofacial Conference
Riley Outpatient Center, Auditorium

October 7 Emergency Medicine and Trauma Conference for
Advanced Providers
IU Health Methodist Hospital

October 16 Acute Care in Neurotrauma Symposium
Goodman Hall

Oct. 22-23 Fundamental Critical Care Support
IU Health Methodist Hospital, Wile Hall

October 30 3rd Annual Pediatric Gastroenterology Update for
the Primary Care Clinician
Ritz Charles Banquet Facility

Nov. 6 14th Annual Lingeman Lectureship
Goodman Hall, 1st Floor Auditorium

Course dates and locations are subject to change. For more
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Events

Indianapolis Medical Society

September

8 IMS Board, Society, 6:00 PM, Social; 6:30 PM,
Dnr/Mtg. Dr. Stephen W. Perkins will be installed as
142nd IMS President.

9 Senior/Inactive Luncheon Meeting, 11:30 AM, Society,
Speaker Ray Boomhower, "One-Shot, WWII
Photography of John A. Bushemi"

11-13 ISMA CONVENTION; BOT (9/11), Indianapolis
Downtown Marriott, Indpls., 1:00 PM

October

TBA ISMA's Fall Legislative Dinner, Downtown Marriott
Executive Committee, Society, 6:00 PM, Sandwiches

November

14-17 AMA House of Delegates Interim,
Atlanta Marriott Marquis, Atlanta, Ga. and
Atlanta Hilton co-headquarters

17 IMS Board, TBD, 6:00 PM, Social; 6:30 PM, Dnr/Mtg
22 IMS Advisory Breakfast (Le Peep's), 7:30 AM,
ISMA BOT, 9:00 AM, @ Headquarters

December

9 Senior/Inactive Luncheon Meeting, 11:30 AM,
Society TBD

15 Executive Committee, Society, 6:00 PM, Sandwiches

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Program Description

The most devastating of outcomes in mental health, a completed suicide, has lasting effects on a patient's families, friends, community, and care providers. The exact nature of these effects can be difficult to understand, however. Furthermore, what happens when those tasked with caring for individuals with mental illness succumb to the very thing they are supposed to prevent? With a recent rash of suicides and increasing rates of provider burn out, more attention than ever is being paid to the monitoring and prevention of suicide.

This event, accredited for 4.25 AMA PRA Category 1 Credits, will highlight some of the many ways suicide by patients and providers may impact survivors. We'll hear from a physician survivor of two family suicides. We'll address the significant impact of suicide in the community at large and on a more individual level, with a focus on risk identification and prevention. And finally, we will discuss issues of liability when a patient attempts or successfully completes suicide. Please join us for this critical discussion.

Agenda

Managing Risk When Treating Patients with Suicidal Behaviors

Charles David Cash, JD, LLM – Assistant Vice President of Risk Management, PRMS, Arlington, Virginia

Suicide Prevention, Local Efforts & SAMSHA Grant – "Zero Suicides for Indiana Youth"

Syed Khan, MD – President, Psychiatry Section of Community Health Network, Principle Partner in Serenity Medical Group and Medical Director of Sycamore Springs, Indianapolis, An Exploration of the Problem of Physician Suicide

Tracy Gunter, MD – Associate Professor, Clinical Psychiatry, IUSOM, Indianapolis

Personal Observations on a Spouse's Suicide

Margaret R. Watanabe, MD, PhD – Assistant Clinical Professor Emerita, IUSOM, Indianapolis

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Call for Abstracts

Call for Abstracts: National Immunization Conference in Indy, May 2016

The Indiana Immunization Coalition (IIC) is proud to be hosting the National Conference for Immunization Coalitions and Partnerships to be held at the Hyatt Regency, downtown Indianapolis May 25-27, 2016.

Anyone who works in the immunization field (all disciplines) is invited to submit an abstract for presentation.

For an Abstract form and further information, contact Lisa Robertson, director@vaccinateindiana.org.

Please submit the Abstract form or further questions to Lisa Robertson, Executive Director, IIC at director@vaccinateindiana.org.



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Donaldson, Jill W., MD (Reactivation)

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7120 Clearvista Dr., #3700
46256-1738

Ofc – 621-0100*

Fax – 621-0103

Neurological Surgery, 2006

Indiana University, 1996



Hulseman, Mary Lou, MD (Reactivation)

Community Physician Network
Family Medicine Care
9560 E. 59th St.
46216-1010

Ofc – 621-1700

Fax – 621-1711

Family Medicine, 1991, 2014

Case Western Reserve

University, 1988

Magnussen, Marcus J., DO

JWM Neurology
1400 N. Ritter Ave., #120
46219-3045

Ofc – 715-5600

Fax – 715-5618

Neurology

Neuromuscular Medicine (N)

University of Osteopathic

Medicine, Des Moines, 2010



McKasson, Marilyn J., MD

JWM Neurology
8402 Harcourt Rd., #615
46260-2055

Ofc – 806-6991*

Fax – 806-6990

Web – www.jwmneuro.com

Neurology

Indiana University, 2011

Smith, Holly N., MD

Resident – St. Vincent Hospital
Family Medicine

Indiana University, 2013

Tatineni, Sushma, MD

Resident – IU School of Medicine

Email – sustatin@iupui.edu

Internal Medicine

Indiana University, 2014

In Memoriam



Walter Emery Judson, MD, 1916 - 2015

Dr. Walter Emery Judson, died on July 14, 2015, five weeks after his 99th birthday. Dr. Judson was a cardiologist and a professor of medicine at the IU School of Medicine, Indianapolis, for over 40 years.

Dr. Judson's family was from Boston, Massachusetts, where he was born on June 5, 1916. He was the younger of two sons. His father joined the Panama Canal team as an engineer, and the family moved to the Canal Zone. Dr. Judson grew up in the Canal Zone and attended high school there but spent summers in New England. Being a good student with a great curve ball, he moved back to Boston and graduated from Tufts University where he played baseball. In 1942, he graduated from John Hopkins Medical School and shortly thereafter was commissioned as an officer in the US Air Force.

Dr. Judson completed his internship at University Hospitals, University of Iowa. After a residency at Peter Bent Brigham Hospital in Boston and completed a Fellowship at Robert Dawson Evans Memorial Hospitals in Boston, Dr. Judson focused on specializing in cardiology and the then new techniques for catheterization and angioplasty. In 1953, he was recruited by IU Medical School to start one of the first invasive cardiology labs in the Midwest and the family moved to Indianapolis.

Dr. Judson maintained an active private practice but also continued to be part of the academic world, writing in medical journals and teaching hundreds of medical students. During the 50s, 60s and 70s he published numerous academic articles in journals such as *The American Journal of Medicine*, *The Journal of Clinical Investigation*, *The American Heart Association*, and *The Annals of Internal Medicine*. In 2002, Indiana University School of Medicine awarded Dr. Judson a Lifetime Service Award. He was honored by the Indianapolis Medical Society in 1993 as a Member of the 50-Year Club.

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