

BULLETIN

SPECIAL FEATURE PG 06
**PHYSICIANS GIVING BACK:
BAGS OF HOPE INDIANA**

by **KATIE KELLEY, MD**
IMS President-Elect



Presorted Std.
U.S. Postage
PAID
Indianapolis, IN
Permit 593

Indianapolis Medical Society
125 West Market Street, Suite 300
Indianapolis, IN 46204

INDIANAPOLIS
**MEDICAL
SOCIETY**

EST 1848

Favorite Healthcare Staffing is the *Exclusive Staffing Provider* for the Indianapolis Medical Society!

For over 40 years, Favorite Healthcare Staffing has partnered with healthcare facilities across the country to provide a wide range of **cost-effective** staffing solutions and services. With an unwavering commitment to trust and quality, our goal is to provide your organization with the experienced **nursing, allied,** and **non-clinical** personnel you need.

Medical Staffing

Specialties

- Advanced Practice
- RNs, LPNs/LVNs, & CNAs
- Physician Office Staff
- Practice Managers
- Front & Back Office Staff
- Non-Clinical Personnel
- Medical Assistants
- Medical Coders & Billers

Our Placement

Solutions

- Permanent Placement
- Temp-to-Perm
- Local and Travel Contracts
- Per Diem
- Emergency Response

Contact Favorite today!



713-588-0575



medicalstaffing@favoritestaffing.com



BULLETIN



OFFICIAL MONTHLY PUBLICATION OF THE

Indianapolis Medical Society
125 West Market Street, Suite 300
Indianapolis, IN 46204

Ph: 317-639-3406

www.indymedicalsociety.org

President
ANN C. COLLINS, MD

Executive Vice President
KIM WILLIAMS

President-Elect
KATHERINE J. KELLEY, MD

Editor
RACHEL GIBSON

Board Chair
MONICA WEHBY, MD

Creative Director
MACEY NIXON

Associate Executive Director
CASSIE DENNEY

Direct copy for publication and inquiries regarding advertising to:
ims@imsonline.org

The Bulletin invites news from and about members of the Indianapolis Medical Society. Copy deadline: Last day of the month preceding month of publication.

Advertising: Rates available upon request. Advertisers should provide electronic files by the first of the month preceding publication. Placement of advertisements, except for premium spaces, will be throughout the publication at the discretion of the editor.

Board Certification Policy: IMS publishes board certifications approved by the American Board of Medical Specialties, American Osteopathic Association, and Royal College of Surgeons. Physician members wishing to designate an area of special interest in which their boards are not ABMS-, AOA-, or RCS-approved may use the following wording: "Specializing in."

Statements and conclusions of authors that are published in The Bulletin are solely those of the authors and do not necessarily reflect Indianapolis Medical Society policy or position. The Indianapolis Medical Society makes no representation or warranty as to their accuracy or reliability. Advertisements published in The Bulletin do not imply approval or endorsement by the Indianapolis Medical Society, but represent solely the viewpoint of the advertiser or their agent.

The IMS Bulletin is for the personal use of IMS Members. Using this publication or any communication tool of the Indianapolis Medical Society for solicitations, commercial activities, marketing tools, list making or general mailings is prohibited.

BULLETIN SUBSCRIPTIONS: \$40.00 per year
AMA WEB PAGE: www.ama-assn.org
ISMA WEB PAGE: www.ismanet.org
IMS WEB PAGE: www.indymedicalsociety.org

TABLE OF CONTENTS

IN THIS ISSUE

SPECIAL FEATURES

- EVP Update:** Inside This Issue: Care and Community **04**
- President's Page:** The Power of Service in Our IMS Community . . **05**
- "Wherever you find your meaning, your unique way to contribute, we are grateful for your service."*
- Special Feature:** Physicians Giving Back: **06**
- Special Feature:** Food Insecurity in Indianapolis **08**
- Special Feature:** Gratitude in Action: **10**
- Editorial:** Tylenol and Pregnancy **11**

ANNOUNCEMENTS

- CME / Events **13**
- New Members **15**
- Bulletin Board **18**
- IMS Leadership **19**

NOTE FROM THE EDITOR

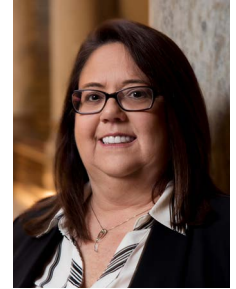
Bulletin content or ideas for content are provided by our members. Ultimately, content, especially editorial articles, in the Bulletin are produced by the authors. Editorial articles are never the opinion of the Indianapolis Medical Society (IMS), IMS Board of Directors, or IMS Executive Committee and only represent the opinion of the author themselves. The goal of all articles and content contained in the Bulletin is to inspire debate and opinions among the membership on public health-related matters and keep the membership informed of issues facing physicians in central Indiana. Opposing viewpoints, comments, and counterpoint arguments are not only welcomed but encouraged and will be printed in the Bulletin by members of the Society. Members who wish to submit articles for publication should do so to ims@indymedicalsociety.org.



Inside This Issue: Care and Community

by KIM WILLIAMS

Executive Vice President, Indianapolis Medical Society



As the year draws to a close, the spirit of gratitude feels especially meaningful. In medicine, gratitude often reveals itself not in words, but in actions—through compassion, service, advocacy, and generosity. This month's Bulletin celebrates that spirit, highlighting members who embody what it means to give thanks by giving back.



In her President's Page, **Dr. Ann Collins** reminds us that our profession is uniquely rooted in service. Physicians live at the intersection of skill and compassion—serving patients, families, and communities in ways that build both purpose and happiness. Whether through clinical care, teaching, advocacy, or mentorship, she challenges us to recognize and nurture the fulfillment that comes from helping others.

That message resonates powerfully through **Dr. Katie Kelley's** feature, *Physicians Giving Back: Bags of Hope Indiana*. Her article tells the inspiring story of Dr. Krysti Widau, whose response to the opioid crisis and its impact on foster children led to the creation of a 501(c)(3) organization dedicated to providing personalized duffel bags filled with comfort items for children entering foster care. What began as a simple act of kindness has grown into a movement of hope and dignity for thousands of Indiana children.

Dr. Allison Case brings attention to another urgent need close to home—*Food Insecurity in Indianapolis*. Her piece outlines how more than half of Marion County residents surveyed

have faced food insecurity in the past year and offers practical ways physicians can help connect families with resources like local food banks and the Community Compass app. Her call to action reminds us that gratitude is also about awareness—and using our influence to strengthen the wellbeing of our neighbors.

Dr. Paula Hall reminds us that gratitude can take lasting form through the **IMS Foundation**, a beacon for members who want to turn their ideas into community impact. From playgrounds to scholarships, the Foundation has helped transform generosity into tangible good for decades. As Dr. Hall writes, “November is calling us to act with gratitude and generosity”—a call we can all answer, in our own way.

Finally, while gratitude often looks outward, it can also guide how we respond to misinformation and fear. **Dr. Richard Feldman's** timely piece on *Tylenol and Pregnancy* pushes back against recent political misinformation with calm, evidence-based reasoning. His article underscores how gratitude for science and truth protects our patients—and our profession—from confusion and harm.

Taken together, these stories reveal that gratitude is more than a feeling—it's a practice. It's the energy behind our service, the compassion that sustains us through hard days, and the belief that even small acts of giving can create ripples of healing and hope.

Wishing you a season filled with gratitude and renewed purpose.

Kim Williams
Executive Vice President
Indianapolis Medical Society

The Power of Service in Our IMS Community



The season of thanksgiving is here, attuning our hearts to family gatherings and to the care of those in need in our community. As physicians we are fortunate that our vocations by their very nature allow us to be of help to others. Care provided with skill and compassion is a boon to the patient and to the physician.

Dr. Arthur Brooks, a Harvard University Professor who studies the science of happiness proposes that the four pillars that build human happiness are faith, family, friends, and work that serves other people. The deep meaning we find in our vocations through the daily act of patient care can help us to remain grounded and committed in the face of the real challenges of a career in medicine. Walking alongside the suffering of our neighbors and doing our best to bring relief as our patients experience their most difficult days is an honor and a privilege that feels sacred. Most of us as physicians experience this gift every day we go to work.

Many of our colleagues also find fulfillment in volunteer positions outside of “day jobs”. Those who teach medical learners serve the

future of the profession. Some use their gifts in advocacy, protecting our patients through policy development and leadership on the boards of organized medicine. Others volunteer their clinical skills through pro-bono clinics in the community like Gennesaret Free Clinic in central Indy and Trinity Free Clinic in Carmel. And many more are caregiving for elder family members, assisting at food pantries, serving as Big Brothers and Big Sisters and in mentoring roles.

Wherever you find your meaning, your unique way to contribute, we are grateful for your service. This month’s bulletin will highlight just a few of the many beautiful stories of our colleagues who make our community (and ourselves) stronger through service to others.

In gratitude,

Ann C. Collins, MD
153rd President
Indianapolis Medical Society

Thank You
VOLUNTEERS



Physicians Giving Back: *Bags of Hope Indiana*



by **KATIE KELLEY, MD**
IMS President-Elect

In 2017, Dr. Krysti Widau and her husband, Ryan, were looking for ways to give back to their community and help local foster children. Dr. Widau, a newborn hospitalist who worked in the Newborn Nursery, Special Care Nursery, and the NICU in Indianapolis and the surrounding communities, was witnessing the opioid crisis and its effects on neonates. With an estimated 16,000 children in foster care in Indiana that year, Dr. Widau saw firsthand children being taken into foster care. It was additionally heartbreaking to hear there were reports of foster children being moved in-between houses and foster families with their clothes and belongings stuffed in a trash bag.

With two young children under the age of 2 and a third child on the way, the Widau family wanted to help kids in the foster system but did

not think they themselves were going to be able to foster a child. However, they still felt called to help these children. While driving to work one afternoon, Dr. Widau heard a story on the radio about a group in New England that was putting together duffel bags for children in the foster system. Dr. Widau reached out to her husband and extended family, and by the next day they had created a new 501c3 charitable business entity called Bags of Hope Indiana.

Bags of Hope Indiana works throughout the year to provide children in the foster care system with a personalized duffel bag, a new fleece blanket, a bag of toiletries, a book, a stuffed animal, and an age-appropriate toy/game. They host a pizza and pickleball fundraiser each year to raise money.

SPECIAL FEATURE CONTINUED

Additionally, local organizations, schools, and charity groups raise money throughout the year and host blanket-tying events. Every November, the Bags of Hope Indiana group gathers for their Wrap-and-Fill event, where all the items for the personalized duffel bags are organized and packed into the bags. All the items are brand new so that each child can experience having their own belongings instead of used hand-me-downs.

Dr. Widau estimates that since starting in 2017, they have put together nearly 3000 duffel bags for foster children in Indiana.

Bags of Hope Indiana works with local foster agencies to create lists of the foster children in need of a bag. In addition to the child's age, they also strive to learn 3 things that each child likes so that the contents of the duffel bag can be tailored to each individual child. When the children are moved to a new house

or foster family, they might be sleeping in a new bed but at least they have the comfort of having their own blanket that they can take with them. Their personal items are no longer stuffed in trash bags but can be moved from place to place in their own duffel bag; a bag that is personalized to them with their name monogrammed on it.

This year, Bags of Hope Indiana gathered in November to fill 642 duffel bags for children in the Indiana foster system.

What's their goal for next year? To fill more bags than the previous year.

Physicians who are interested in helping Bags of Hope Indiana can email bagsofhope.in@gmail.com, select items off their Amazon wish list, host a fundraiser or blanket-tying event, attend the Pickleball and Pizza fundraiser, or even consider joining their board.



Food Insecurity in Indianapolis



How to Help Patients and their Families Access Safe, Nutritious Foods

by ALLISON CASE, MD

IMS Secretary/Treasurer, Board of Directors

Food insecurity refers to limited access to safe, nutritious foods, or the inability to access those foods. In a 2025 survey carried out by Indy Hunger Network in Marion and surrounding counties, greater than 50% of respondents reported experiencing food insecurity in the past year. Most physicians will interact regularly with families experiencing food insecurity, even if they do not realize it. Food banks serve an essential role for families experiencing food insecurity. There are many ways physicians can help spread the word about local resources, donate, and help identify food insecurity.

Many of those struggling with food insecurity receive assistance through the supplemental assistance nutrition program (SNAP). According to the latest data from the Indiana Family and Social Services Administration (FSSA), more than 571,000 people are receiving SNAP benefits in Indiana. The government shutdown has jeopardized those benefits for thousands of families. Even before the government shutdown, provisions within sweeping legislation passed this summer will force states to pay for 75% of administrative costs related to SNAP, rather than the 50% they are paying now. This could lead to decreased funds for SNAP recipients putting families already facing hunger at risk.

Families facing food insecurity increasingly rely on other family members, friends, and local food banks for access to nutritious meals. Brightwood-Forest Manor Community Center is an organization in Indianapolis whose mission is “to transform lives by fostering community

The “Hunger Vital Sign”

based on the US Household Food Security Survey Module, developed by physicians with Children’s Health Watch:

“WITHIN THE PAST 12 MONTHS WE WORRIED WHETHER OUR FOOD WOULD RUN OUT BEFORE WE GOT MONEY TO BUY MORE.”

“WITHIN THE PAST 12 MONTHS THE FOOD WE BOUGHT JUST DIDN’T LAST AND WE DIDN’T HAVE MONEY TO GET MORE.”

SPECIAL FEATURE CONTINUED



empowerment for youth, adults, and families through Health & Wellness and Community Safety programming.” One of the many programs available to community members is a food bank, open the 2nd and 4th Wednesday of the month from 2-4PM. Executive Director, Shonna Majors, anticipates an increase in need with the delay in SNAP benefits this month. ““We are in a low income area and many of our clients depend on SNAP for food...we anticipate more people coming in and we have received more calls recently.” In anticipation of this need, the food bank increased their open days from one to two days per month. Brightwood-Forest Manor Community Center employs a “client choice” model, where community members can come into the food bank and browse, similar to shopping at a grocery store. There are also hygiene items available if desired and household items like laundry detergent and dish soap. Their food bank is able to accommodate dry goods but also fresh fruits and vegetables, items that require refrigeration, and items that require freezing. It can be especially difficult to access fresh, healthy foods for those facing insecurity, and having access to refrigeration and freezing helps to increase options for community members.

So how can physicians help food banks like Brightwood-Forest Manor? Shonna recommends donating goods (foods, hygiene products), making monetary donations, or donating your time to prepare the food bank the day before it

is open. Sometimes a needed donation may be something you wouldn't expect. For instance, there is always a need for can openers as people with food insecurity are often also experiencing housing insecurity and may not have access to usual household items.

According to Indy Hunger Network there are over 200 food pantries in the Indianapolis area.

The easiest way to find food pantries near you is by using Community Compass (www.communitycompass.app/home). This initiative, started in 2020 through a partnership with the Indy Hunger Network and the City of Indianapolis, allows users to look up food banks using their address or zip code. It also connects users with stores that accept SNAP benefits and WIC clinics. This can easily be shared with patients or posted in patient rooms or communal clinic areas.

Lastly, physicians can also help identify food insecurity by screening patients in the clinic. Studies have shown even a brief two question survey assessing food insecurity can lead to identification of those at risk. These questions are easily integrated into electronic medical record systems and can be combined with routine intake questionnaires. The American Academy of Pediatrics recommends screening for food insecurity specifically, and several other organizations including the American Academy of Family Physicians, the American College of Physicians, and the American College of Obstetricians and Gynecologists recommend screening more broadly for social determinants of health, including food insecurity.

Thousands of Hoosiers may face hunger this holiday season. Physicians can do our part by familiarizing ourselves with local resources, donating “time and treasure” to food banks, and identifying food insecurity in our own patient population.



Please visit www.brightwoodcc.org for volunteer opportunities or to support the Brightwood Community Center Food Pantry with a donation.

Gratitude in Action:

Building a Legacy Through the IMS Foundation

by PAULA HALL, MD
Chair, IMS Foundation



November is a season of gratitude—a time to reflect, give thanks, and give back. What better moment to shine a light on one of our community’s most powerful tools for impact: the Indianapolis Medical Society Foundation.

When people ask why they should join the Indianapolis Medical Society, I always mention the IMS Foundation near the top. It’s not just a benefit—it’s a beacon of possibility. Over the years, this Foundation has empowered dreams: scholarships for high school STEM students, support for ancillary health learners, and the cherished Jack H. Hall Medical Student Scholarship. We’ve built more than futures—we’ve built playgrounds, like the groundbreaking handicapped-accessible one at the Indianapolis Zoo. Back then, there were only two such playgrounds in the city. Today, they’re everywhere—but we were among the first to say, “Let’s make this happen.”

In 2000, we needed \$100,000. We didn’t wait for someone else to do it. We rallied. Ten visionary physicians; each found ten donors willing to give \$1,000. In just three months, we had the funds. Then, on a summer weekend, our members and their families came together and built that playground with their own hands. That’s the spirit of IMS. That’s the power of community.

Though the playground has since been retired, the legacy lives on—in the laughter of children, in the pride of those who built it, and in the memory of leaders like Wm “Joe” Moores and John Records who were instrumental in collecting the funds. Their passion doesn’t have to fade. It can fuel the next great idea.

The IMS Foundation is not your typical charity.

It’s a launchpad. It’s a way for any member to raise funds for a project that connects medicine with community wellbeing. Whether it’s a Habitat for Humanity house, a serenity garden, or something entirely new—if you can dream it, and it serves the greater good—the Foundation Board approves it—IMS can help you build it.

Here’s the best part: **every dollar you raise goes directly to your project.** No administrative fees. No overhead. The Foundation uses its funds to cover the administrative basics—like accounting—so your vision has full access to all the funds you raise.

Here’s my challenge to you: What have you always wanted to create? What project have you tucked away, thinking it was too ambitious, too far-fetched, too big?

You’re wrong.

This is your moment. This is your month. November is calling us to act with gratitude and generosity. The IMS Foundation is ready. All it needs is your idea, your energy, and your belief that together, we can make something extraordinary.

Let’s build something that lasts. Let’s give back in ways that matter. Let’s turn gratitude into action.





Tylenol and Pregnancy



by *RICHARD FELDMAN, MD*
IMS Past President, Former State Health Commissioner

On September 22nd, President Trump and Health and Human Services Secretary Robert F. Kennedy, Jr. held a press conference strongly urging against Tylenol (acetaminophen) use during pregnancy. They associated its use with the development of autism and other childhood neurodevelopmental disorders. Trump rambled off script, declaring that “we found the cause of autism,” repeatedly advising against the use of Tylenol during pregnancy, and saying, “just tough it out.” He continued by stating that babies should also not receive Tylenol and then ventured into questioning current childhood vaccination schedules.

The press conference was chaotic and reckless, resulting in misinformation and confusion. Trump’s conclusion that Tylenol use during pregnancy was “very high risk” and “strongly associated with autism” goes well beyond what the scientific evidence supports. Studies have found an inconsistent association, and no studies support a causative relationship.

Association is not causation. It’s impossible to conduct prospective placebo-controlled studies (the “gold standard” for demonstrating causation) for Tylenol use during pregnancy for obvious ethical reasons. All studies are retrospective and observational.

Observational studies are burdened with confounding variables that may make an association appear causative. For example, the senior author of an April 2024 *Journal of the American Medical Association* study, widely considered the definitive research on Tylenol use during pregnancy, offers this scenario: Eating ice cream in the summer is statistically associated with the risk of drowning. It’s actually hot weather that increases both ice cream consumption and swimming (which would increase the likelihood of drowning).

Similarly, conditions that prompt Tylenol use, such as fever and infection during pregnancy, have been linked to autism and other neurodevelopmental conditions if left untreated. These could plausibly be the actual causative factors.

Observational studies can indicate causation, but only when there is an enormous amount of irrefutable evidence over time. Smoking causing lung cancer is an example. Tylenol use during pregnancy is very far from this level

of evidence. A recent review in *Environmental Health* of 46 studies demonstrated conflicting results regarding an association. Some studies finding an association were criticized for a lack of scientific rigor and study design.

The aforementioned JAMA article was a Swedish study of 2.4 million children over 24 years. The study actually demonstrated an association between Tylenol use and autism, but that association disappeared when applying sibling controls who were not exposed to Tylenol during pregnancy. The sibling controls accounted for genetic and other environmental factors. Additionally, no escalating dose-response outcome was found, as would be expected with a causative agent. A Japanese study of over 200,000 children with sibling controls also yielded the same conclusions.

Federal health officials selectively cite and misinterpret studies to support Kennedy’s agenda. It’s noteworthy that the American Psychiatric Association, the American College of Obstetricians and Gynecologists, the Society for Maternal-Fetal Medicine, the American Academy of Pediatrics, and others consider judicious use of Tylenol safe during pregnancy.

Despite the press conference’s rhetoric and a safety warning to be added to Tylenol’s label, the Federal Food and Drug Administration’s recommendation is that the lowest effective dose be used for the shortest possible duration. Good advice for most medications used during pregnancy. Nothing new here.

Under pressure, Kennedy has since admitted that he doesn’t have sufficient evidence to support a causative link – yet.

Women should feel safe prudently using Tylenol during pregnancy. It’s one of the few safe options available to treat pain and fever. Advise your patients to cast a critical eye on whatever Kennedy or Trump may advise medically.

That’s obvious.



CME & EVENTS

Community Health Network

WEEK DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FIRST WEEK	<ul style="list-style-type: none"> GYN Tumor Board, 7-8AM Hematology Tumor Board, 8-9PM 	<ul style="list-style-type: none"> Breast Tumor Board, 7-8AM 	<ul style="list-style-type: none"> GI/Colorectal Tumor Board, 7-8AM Community Heart & Vascular Conference, 7-8AM Critical Care Conference, 12-1PM East Theater, 12-1PM Psychiatric Grand Rounds, 1-2PM Head & Neck Tumor Board, 5-6PM 	<ul style="list-style-type: none"> Thoracic Tumor Board, 7-8AM 	<ul style="list-style-type: none"> GU Tumor Board, 7-8AM
SECOND WEEK	<ul style="list-style-type: none"> GYN Tumor Board, 7-8AM Hematology Tumor Board, 8-9PM 	<ul style="list-style-type: none"> Breast Tumor Board, 7-8AM Network Medical Grand Rounds, 12-1PM 	<ul style="list-style-type: none"> GI/Colorectal 7-8 AM Breast & Lung Screening Tumor Board, Anderson 7-8AM Community Heart & Vascular Conference 7-8AM Psychiatry Journal Club, 1-2PM Head & Neck Tumor Board, 5-6PM 		<ul style="list-style-type: none"> Neuro Tumor Board, 7-8AM South Case Presentation 12 PM
THIRD WEEK	<ul style="list-style-type: none"> GYN Tumor Board, 7-8AM Hematology Tumor Board, 8-9PM 	<ul style="list-style-type: none"> Breast Tumor Board, 7-8AM Molecular Tumor Board, 5-6PM 	<ul style="list-style-type: none"> GI/Colorectal Tumor Board, 7-8AM Community Heart & Vascular Conference, 7-8AM Melanoma Tumor Board, 7:30-8:30AM Psychiatry Grand Rounds, 1-2PM Head & Neck Tumor Board, 5-6PM 	<ul style="list-style-type: none"> Thoracic Tumor Board, 7-8AM 	<ul style="list-style-type: none"> GU Tumor Board, 7-8AM South Case Presentation 12 PM
FOURTH WEEK	<ul style="list-style-type: none"> GYN Tumor Board, 7-8AM Hematology Tumor Board, 8-9PM 	<ul style="list-style-type: none"> Breast Tumor Board, 7-8AM 	<ul style="list-style-type: none"> GI/Colorectal Tumor Board, 7-8AM Head & Neck Tumor Board, 5-6PM 	<ul style="list-style-type: none"> Thoracic Tumor Board, 7-8AM 	<ul style="list-style-type: none"> Neuro Tumor Board, 7-8AM

For more information regarding Community Health Network CME or program information, contact Jeff Carter at 317-621-3845.

To submit articles, Bulletin Board items, CME & events, opinions or information, email kwilliams@indymedicalsociety.org. Deadline is the first of the month preceding publication.

IMS is not responsible for the events listed. We recommend that before attending any CME/Conference events that you check with the provider to confirm the program is still available.

CME & EVENTS

Indiana University School of Medicine

Indiana University School of Medicine is committed to providing valuable educational opportunities. Many of our educational activities are now offered in a virtual format.

Online Activities

For Online Programs, including scheduled series and individual specialties, visit: <https://iu.cloud-cme.com>.

Indiana State Medical Association

To Register for the live webinars, visit: www.ismanet.org

WELCOME NEW MEMBERS

ACTIVE

MIN Q. GRANT, MD

JWM Neurology PC
8402 Harcourt Rd Ste 615
Indianapolis, IN 46260-2055
Neurology
Indiana University School of Medicine,
2019

RESIDENT

SEBASTIAN ABAD

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
Universidad del Azuay Facultad de
Medicina, 2020

ALI ANWAR

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
Lincoln Memorial University DeBusk
College of Osteopathic Medicine, 2025

CHELSEY ARVIN

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Marian University College of
Osteopathic Medicine, 2025

MEGAN BARNETT

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Pulmonary Disease & Critical Care
Medicine
Marian University College of
Osteopathic Medicine, 2022

KATHERINE BOONE

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Obstetrics & Gynecology
Rocky Vista University College of
Osteopathic Medicine (RVUCOM), 2025

ALBERT BROUGHAM

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Anesthesiology
Indiana University School of Medicine,
2024

NICKOLAUS CALLAS

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Pediatrics
Ross University School of Medicine,
2014

STHEFANY CHAVEZ LOOR

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
St. George's University School of
Medicine, 2024

DAVID CHOE

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Anesthesiology
Marian University College of
Osteopathic Medicine, 2024

KATIE CLAXTON

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
General Surgery
Kansas City University College of
Osteopathic Medicine, 2025

ERNEST DANKWAH

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Anesthesiology
Ohio University Heritage College of
Osteopathic Medicine, 2024

RACHEL DAVIS

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Pulmonary Disease & Critical Care
Medicine
Philadelphia College of Osteopathic
Medicine, 2022

AVERY DAWES

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Obstetrics & Gynecology
Indiana University School of Medicine,
2025

FAITH DONNER

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Pediatrics
Marian University College of
Osteopathic Medicine, 2024

ANTHONY DRAGUN

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Neurological Surgery
University of Texas Southwestern
Medical Center at Dallas, 2025

DANIEL EBY

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Family Medicine
Lincoln Memorial University DeBusk
College of Osteopathic Medicine, 2025

BENJAMIN ELLIOTT

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Family Medicine
University of Pikeville Kentucky
College of Osteopathic Medicine, 2025

EMMA ELLIS

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
General Surgery
Medical College of Wisconsin, 2025

ANNABELLE FARMER

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
Marian University College of
Osteopathic Medicine, 2025

MARIAN GARRITY

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
Indiana University School of Medicine,
2025

WELCOME NEW MEMBERS

MADLINE GEMUENDEN

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Pediatrics
Rocky Vista University College of
Osteopathic Medicine (RVUCOM), 2025

KATHERINE GERIC

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Marian University College of
Osteopathic Medicine, 2025

GINA GHERARDINI

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Family Medicine
New York Institute of Technology
College of Osteopathic Medicine, 2025

ZACHARY GILBERT

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Interventional Cardiology
Loma Linda University School of
Medicine, 2019

LYDIA GRUBIC

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Marian University College of
Osteopathic Medicine, 2025

MICHAEL HAN

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Oculofacial Plastic and Reconstructive
Surgery
Case Western Reserve University
School of Medicine, 2020

ELLEN HUTCHINSON

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Obstetrics & Gynecology
Case Western Reserve University
School of Medicine, 2025

RIGEL JAQUISH

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Family Medicine
Indiana University School of Medicine,
2025

EMILY KENNY

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Pediatrics
Lincoln Memorial University DeBusk
College of Osteopathic Medicine, 2025

HANIA KHAN

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
Marian University College of
Osteopathic Medicine, 2025

NADIA KHAN

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
Marian University College of
Osteopathic Medicine, 2025

HENRY KOTLINSKI II

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Marian University College of
Osteopathic Medicine, 2025

MARGARET KOVALAN

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
Indiana University School of Medicine,
2025

TAYLOR KOWALSKI

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
Marian University College of
Osteopathic Medicine, 2025

LUKE LANDRIGAN

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Cardiovascular Disease
Indiana University School of Medicine,
2025

RYAN LINFORD

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Touro University Nevada College of
Osteopathic Medicine, 2025

MUHAMMAD MALIK

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
West Virginia School of Osteopathic
Medicine, 2025

CEDRIC McAREE

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
Edward Via College of Osteopathic
Medicine, Carolinas Campus, 2025

KELLY MCCOY

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Micrographic Surgery and
Dermatologic Oncology
Virginia Commonwealth University
School of Medicine, 2021

MELISSA MILLER

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Interventional Cardiology
Lincoln Memorial University DeBusk
College of Osteopathic Medicine, 2017

SPENCER MOORE

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Marian University College of
Osteopathic Medicine, 2025

WELCOME NEW MEMBERS

JOSHUA MUELLER

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Cardiovascular Disease
University of Arkansas for Medical
Sciences College of Medicine, 2022

MICHAEL MULLINS

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Obstetrics & Gynecology
Indiana University School of Medicine,
2025

ANVITHA MUMMADISETTY

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Family Medicine
Kakatiya Medical College, 2022

NISHI NATALIA

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Family Medicine
Marian University College of
Osteopathic Medicine, 2025

GEOFFREY O'MALLEY

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Neurological Surgery
Hackensack Meridian School of
Medicine, 2025

VOLODYMYR OLIYNYK

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Clinical Cardiac Electrophysiology
Touro College of Osteopathic Medicine,
2019

SHRINA PATEL

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
American University of the Caribbean
School of Medicine, 2025

JOSEPHINE PYLES

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Indiana University School of Medicine,
2025

NAVRAJ SAHI

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
Burrell College of Osteopathic
Medicine, 2025

YASSER SAMMOUR

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Indiana University School of Medicine,
2025

ELIZABETH SCHEUBLE MAUK

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Marian University College of
Osteopathic Medicine, 2025

JACOB SCHMIDT

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Indiana University School of Medicine,
2025

BRET SCHRECKENGAUST

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
Marian University College of
Osteopathic Medicine, 2025

LUBHANI SHARMA

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Family Medicine
Dayanand Medical College, 2022

MORGAN SHUMAKER

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Marian University College of
Osteopathic Medicine, 2025

VALERIE SMITH

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Pediatrics
William Carey University College of
Osteopathic Medicine, 2025

MIRANDA SPETH

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Rocky Vista University College of
Osteopathic Medicine (RVUCOM), 2025

JOHN STERNEN

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Ohio University Heritage College of
Osteopathic Medicine, 2025

ALEXANDER TAKACS

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Anesthesiology
Marian University College of
Osteopathic Medicine, 2024

JORDAN THOMAS

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Indiana University School of Medicine,
2025

HTOO THU

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
General Surgery
Indiana University School of Medicine,
2025

WELCOME NEW MEMBERS

REBECA TORO-NAZARIO

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Pediatrics
Universidad Iberoamericana (UNIBE)
School of Medicine, Santo Domingo,
2010

JOSHUA TURANCHICK

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Marian University College of
Osteopathic Medicine, 2025

MERCEDES VALACER

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Obstetrics & Gynecology
Marian University College of
Osteopathic Medicine, 2025

TANNER VINCENT

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Marian University College of
Osteopathic Medicine, 2025

LOVISH WADHWA

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Family Medicine
M.S. Ramaiah Medical College, 2021

LINDSAY WALKER

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Marian University College of
Osteopathic Medicine, 2025

CHARLES WARNER

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Cardiovascular Disease
Indiana University School of Medicine,
2022

RACHEL WESTER

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Advanced Heart Failure & Transplant
Cardiology
University of Pikeville Kentucky
College of Osteopathic Medicine, 2019

PARKER WILLIAMS

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Internal Medicine
Marian University College of
Osteopathic Medicine, 2025

JACOB WOOD

Ascension St Vincent
2001 W 86th Street Medical Education
1 North
Indianapolis, IN 46260
Transitional Year
Indiana University School of Medicine,
2025

BULLETIN BOARD



MIN QIAO GRANT, MD

Neurologist, Min Qiao Grant, M.D., has joined JWM Neurology.

Dr. Grant received her medical degree from Indiana University School of Medicine in 2019. She completed her Neurology Residency in 2023, followed by a Multiple Sclerosis & Neuroimmunology Fellowship in 2025, both at Washington University School of Medicine in St. Louis, MO. Dr. Grant practices comprehensive adult neurology and sees patients with all types of neurologic conditions. She has special interests in Multiple Sclerosis and related disorders as well as neuroimmunology and headaches.

★ INDIANAPOLIS
MEDICAL SOCIETY
 125 West Market Street, Suite 300, Indianapolis, IN 46204
 ph: 317-639-3406 | www.IndyMedicalSociety.org

OFFICERS 2025

President
ANN C. COLLINS, MD

Secretary/Treasurer
ALISON CASE, MD

Board Chair
MONICA WEHBY, MD

Vice Board Chair
DANIEL UDREA, MD

President-Elect/Vice President
KATHERINE J. KELLEY, MD

Immediate Past President
JOSEPH WEBSTER JR., MD

At-Large
JODI L. SMITH, MD

BOARD OF DIRECTORS 2025

Monica Wehby, MD, Chair and Daniel Udrea, MD, Vice Chair

Vinayak Belamkar, MD
 Gabe Bosslet, MD
 Julie A. Daftari, MD
 Ann M. Hake, MD
 Ronda A. Hamaker, MD

Doris M. Hardacker, MD
 Brian S. Hart, MD
 Mercy M. Hylton, MD
 Penny W. Kallmyer, MD
 Clif Knight, MD

Katie W. McHugh, MD
 Francis W. Price, Jr., MD
 Thomas Schleeter, MD
 Jodi L. Smith, MD
 Eric E. Tibesar, MD

Daniel Udrea, MD
 Mary Jean Vorwald, MD
 Monica Wehby, MD
 Maria Wilson, MD

PAST PRESIDENTS' COUNCIL 2025

Linda Feiwell Abels, MD
 Christopher D. Bojrab, MD* (2026)
 Carolyn A. Cunningham, MD
 Marc E. Duerden, MD* (2024)

John C. Ellis, MD
 Bernard J. Emkes, MD
 Bruce M. Goens, MD
 Paula A. Hall, MD

Jeffrey J. Kellams, MD
 Mary Ian McAteer, MD* (2025)
 John P. McGoff, MD
 Stephen W. Perkins, MD

DELEGATES

Delegates to the Annual State Convention

Linda F. Abels, MD
 Laurie L. Ackerman, MD
 Vinayak Belamkar, MD
 Chris D. Bojrab, MD
 Gabriel T. Bosslet, MD
 Alison Case, MD

Ann C. Collins, MD
 Marc E. Duerden, MD
 Bob Flint, MD
 Ann Marie Hake, MD
 Paula Hall, MD
 Ronda A. Hamaker, MD

Doris M. Hardacker, MD
 David A. Josephson, MD
 Penny W. Kallmyer, MD
 Katherine J. Kelley, MD
 H. Clifton Knight, Jr., MD
 Tina Mason, MD

Ingrida I. Ozols, MD
 J. Scott Pittman, MD
 Francis W. Price, Jr., MD
 Haley A. Pritchard, MD
 Caroline E. Rouse, MD
 Thomas Schleeter, MD

Jodi L. Smith, MD
 Eric E. Tibesar, MD
 Daniel Udrea, MD
 Bree A. Weaver, MD
 Monica Wehby, MD
 Tracey A. Wilkinson, MD

ALTERNATE DELEGATES

Delegates to the Annual State Convention

David E. Crook, MD
 Julie A. Daftari, MD
 Brian S. Hart, MD
 John C. Kincaid, MD

Mercy O. Obeime, MD
 Robert M. Pascuzzi, MD
 Chris Wilson, MD

INDIANA STATE MEDICAL ASSOCIATION

Past Presidents

**Indicates deceased*

David Diaz, MD
 2023-2024

Peter L. Winters, MD
 1997-1998

George H. Rawls, MD*
 1989-1990

Alvin J. Haley, MD*
 1980-1981

John P. McGoff, MD
 2017-2018

William H. Beeson, MD
 1992-1993

John D. MacDougall, MD*
 1987-1988

Bernard J. Emkes, MD
 2000-2001

Jon D. Marhenke, MD*
 2007-2008

George T. Lukemeyer, MD*
 1983-1984



Indianapolis Medical Society

125 W. Market St, Suite 300
Indianapolis, IN 46204
www.indymedicalsociety.org